

COMMUNITY RESOURCES 2016



Guiding Your Path in the Region



County Executive Kevin Kamenetz
and the Baltimore County Council
MAP (Baltimore County)

611 Central Avenue,
Room 220
Towson, MD 21204
410-887-2594

www.baltimorecountymd.gov

E-mail: aginginfo@baltimorecountymd.gov



1-844-MAP LINK

For people who are deaf, hard of hearing or
have a speech disability, use Relay or 711.



Mayor Stephanie Rawlings-Blake
and the Baltimore City Council
MAP (Baltimore City)

417 East Fayette Street
Sixth Floor
Baltimore, MD 21202
410-396-2273

www.baltimorecity.gov
health.baltimorecity.gov

BRAIN HEALTH!

Recharge Your Brain!
Expand Your Mind!
Have Fun!

- Physical Activity
- Healthy Living
- Manage Stress
- Restful Sleep
- Social Contact
- Brain Games

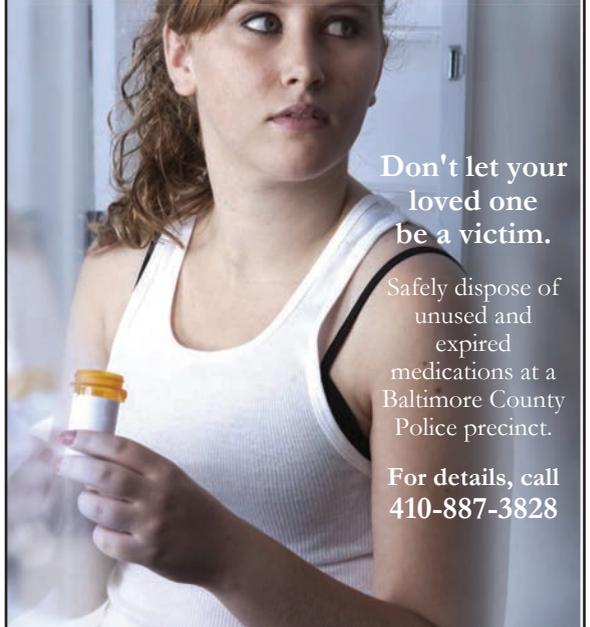
YOU'RE IN CHARGE...

Keswick's Brain Health program offerings inspire, educate and create opportunities for YOU to enhance your brain power! Explore new interests and engage in brain fitness practices that contribute to your overall well-being.

Call 410-235-8860 or email
CommunityHealth@Keswick-Multicare.org
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ChooseKeswick.org/Events

Who's in your medicine cabinet?



Don't let your loved one be a victim.

Safely dispose of unused and expired medications at a Baltimore County Police precinct.

For details, call 410-887-3828



Healthy people, living, working, and playing in Baltimore County
Gregory Wm. Branch, M.D., MBA, CPE - Director, Health and Human Services
Baltimore County Executive Kevin Kamenetz and the Baltimore County Council



INSIDE TODAY'S FBI

FIGHTING CRIME IN THE AGE OF TERROR

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Explore headline-making FBI cases and learn how the bureau is fighting terrorism and cybercrime in this special update to one of the Newseum's most popular exhibits.

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TripAdvisor's 2015 Travelers' Choice Top 25 Museums in the U.S.

John Hornsby/The Boston Globe

MESSAGE FROM THE BALTIMORE COUNTY EXECUTIVE

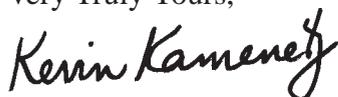
It is my pleasure to introduce *Community Resources 2016*. We take pride in knowing the 19th edition of *Community Resources* provides Baltimore communities with information about the services and resources that support our families, loved ones and friends. This edition of *Community Resources* also celebrates the fourth year that Baltimore County and Baltimore City governments have partnered to create a regional resource directory to serve all of Baltimore's citizens. Our partnership has given us the opportunity to publish 75,000 complimentary copies of *Community Resources*, which will be circulated throughout Baltimore during 2016. We also are pleased to offer an audible version of the publication online at www.baltimorecountymd.gov/communityresources.

Educating citizens with consumer options supports Baltimore County Government's goal to enhance public awareness. We believe the directory's collection of government services, along with non-profit and business partnership listings, provide one-stop shopping for every member of your community. Please take a few moments to review the wide range of services and programs serving our citizens through Baltimore County Government.

Community Resources is a revenue-producing publication that helps to support volunteerism in Baltimore County. The resource is also produced at no cost to Baltimore County Government using recycled paper as a means to support the environment.

Thank you for using and recommending *Community Resources 2016*. I hope you and your family will use the directory to explore all of the resources and services that Baltimore County and City have to offer.

Very Truly Yours,



Kevin Kamenetz

Baltimore County Executive



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www.baltimorecountymd.gov/agencies/aging/commission.html

MESSAGE FROM THE BALTIMORE COUNTY COUNCIL



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www.baltimorecountymd.gov/countycouncil

Community Resources 2016, an annual publication of Baltimore County Government, celebrates its 19th year of providing a complimentary consumer directory to Baltimore communities. For the fourth year, we are pleased to welcome Baltimore City Government as a partner so that together we may offer one regional resource directory which combines both County and City resources and information.

The newest edition of *Community Resources* contains the most current information to support a range of activities and services. Upon reviewing the directory, please take note of the array of government services, non-profits and business partnership listings. We ask that you use and recommend *Community Resources* frequently by supporting the circulation of 75,000 copies in the Baltimore region.

We are proud to say *Community Resources* is created each year at no cost to Baltimore County citizens. Educate yourself, loved ones and friends with *Community Resources 2016*, a publication created for Baltimore communities.

Yours Very Truly,
The Members of Your
Baltimore County Council

Elder Abuse is a Crying Shame



www.bcpl.info/stopelderabuse

Baltimore County Restoring Elder Safety Today

MESSAGE FROM THE DIRECTOR

It is my pleasure to introduce Baltimore County Department of Aging's (BCDA) 19th edition of *Community Resources 2016*; an annual resource directory serving older adults, baby boomers, caregivers, families, adults with disabilities and professionals. For the fourth year, this respected publication represents a valued collaboration with Baltimore City Government in order to provide one informational resource for both Baltimore County and City residents. Our partnership forges an exciting opportunity to enrich the directory's content while expanding the publication's distribution through a regional outreach.

The content of *Community Resources* includes the most current information available for all citizens. As a Maryland Access Point site, particular emphasis has been placed on expanding the publication's resources to support persons with disabilities. The directory's content includes government, non-profit and business listings. Readers will also notice blue highlighted listings throughout the directory. These highlighted listings represent sponsors of the directory. By sponsoring this publication, businesses and non-profits are supporting the mission of BCDA. To learn more about powerful sponsorship and or advertising opportunities offered by the BCDA, please phone 410-887-2012.

As a regional publication, the distribution of *Community Resources* includes Baltimore County and City senior centers, libraries, hospitals, government agencies, doctor's offices, community associations, senior housing, faith communities, business partners, professional conferences, nutrition sites/services, outreach events and more. For your convenience, the publication is also available online at www.baltimorecountymd.gov/communityresources to provide access 24/7 in order to support Internet-savvy clients, professionals and long-distance caregivers.

Creating a foundation for informed decision-making relies on consumer education. We believe *Community Resources* helps to provide the foundation that supports Baltimore communities.

Whether you are searching for an assisted living or determining where to exercise, this publication contains the resources for living life to the fullest. Help educate and empower your family, friends and community by using and recommending *Community Resources 2016*. Enjoy!

Sincerely,



Joanne E. Williams, Director
Baltimore County Department of Aging



BALTIMORE COUNTY DEPARTMENT OF AGING MISSION STATEMENT

*The Baltimore County
Department of Aging
strengthens lives by
connecting individuals
to community resources,
programs and services.*

MESSAGE FROM THE BALTIMORE CITY MAYOR



BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES COMMISSION ON AGING

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One of many strengths, Baltimore City can be proud of is that of partnership collaboration. This year represents our fourth year of partnership with the Baltimore County Department of Aging to publish the regional *Community Resource Directory*. The directory is a wealth of information regarding community services which includes phone number of organizations, summary of services, eligibility guidelines, hotlines and websites.

Without fail, this publication will reach and serve citizens throughout the city and county by providing them with numerous service providers, agencies and organizations.

I want to take this opportunity to thank the Baltimore City Division of Aging and CARE Services and Baltimore County Department of Aging for their efforts and dedication in pulling together the *Community Resource Directory* for 2016.

If you do not find what you need in this directory, please do not hesitate to contact the Baltimore City Health Department, Division of Aging and CARE Services, Maryland Access Point at 410-396-2273 or Map.bchd@baltimorecity.gov.

Sincerely,

Stephanie Rawlings-Blake
Mayor
City of Baltimore



STEPHANIE RAWLINGS-BLAKE
Mayor
250 City Hall, 100 North Holliday Street
Baltimore, Maryland 21202

MESSAGE FROM THE BALTIMORE CITY COUNCIL

The City of Baltimore is thrilled to partner with the Baltimore County Department of Aging to publish a complete directory of programs and services for older adults and people with disabilities in the Baltimore area. *Community Resources* is an exciting publication that makes it easy to find helpful resources in the region.

Baltimore City is constantly looking for new ways to foster innovative partnerships and develop creative solutions that improve the quality of life for our residents. With the help of the Baltimore County Department of Aging and dozens of other agencies in both jurisdictions, we've made yet another stride towards a government that works effectively and efficiently.

Please feel free to contact the Baltimore City Health Department's Division of Aging and CARE Services, Maryland Access Point at 410-396-2273 if you have suggestions or questions about the directory or available services.

Sincerely,



Bernard C. "Jack" Young
President Baltimore City Council



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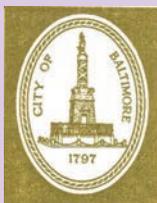
www.baltimorecitycouncil.com

MESSAGE FROM THE BALTIMORE CITY HEALTH COMMISSIONER



BALTIMORE CITY MISSION STATEMENT

The Baltimore City Health Department Division of Aging and CARE Services envisions Baltimore as the friendliest city in America, where all older adults and persons with disabilities can age in their communities with choice, dignity and independence as they move along the aging continuum.



We at the Baltimore City Health Department believe that our city's older adults are the backbone of our communities and that it is our responsibility to empower all Baltimoreans with the knowledge, access, and environment that will enable healthy living.

That is why The Baltimore City Health Department Division of Aging and CARE Services and the Baltimore County Department of Aging are pleased to introduce the 4th edition of the Regional Community Resource Directory. This publication has taken on a life of its own and has become a trusted household source of reliable information.

The Baltimore City Health Department's Division of Aging and CARE Services serves as a Maryland Access Point (MAP) site and is dedicated to providing information about benefits, resources, and programs to all consumers. Our office continues to receive numerous requests for the directory, which has been widely disseminated throughout the City of Baltimore and other regions.

Once again, the 4th edition will offer a wealth of information outlining city and county agencies and organizations that provide support and services to older adults, caregivers, and persons with disabilities.

We are proud to make this publication available and want to ensure that information also reaches those who may not have access to computers or other outreach venues.

Please feel free to contact Baltimore City MAP office at 410-396-2273 to request your individual copy or copies for your organization.

Sincerely,

Leana S. Wen, M.D., M.Sc.
Commissioner of Health



Project DOCS, “Doctors Offering Caregiver Support” is an initiative of the Baltimore County Department of Aging (BCDA) in partnership with physicians and area hospitals. The goal of Project DOCS is to provide literature about the many services available for older adults. Participating physicians and hospitals have brochure racks in their waiting areas that provide valuable information about services and programs.

Charter Member of Project DOCS:
Greater Baltimore Medical Center

BCDA invites physicians in private practice the option of providing *Community Resources 2016* to their patients and families. To make arrangements for delivery, please contact the BCDA at 410-887-2012.

If you are a family caregiver for an older loved one and would like to learn about available resources, call the Baltimore County Department of Aging - Caregivers Program at 410-887-4724.

USING COMMUNITY RESOURCES 2016

Every effort has been made to assure that the entries in *Community Resources 2016* are accurate and up-to-date. We strongly urge you to make use of the Internet in obtaining additional information about the resources in this publication.

This directory has been developed for use by the public. As such, we encourage you to copy and share the publication with others. If additional copies are needed, or if the directory is needed in an alternative format, contact the Office of Communications at 410-887-2012, or by e-mail at dorlove@baltimorecountymd.gov.

DISCLAIMER

The listings or omissions of individuals, businesses and organizations in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods or services provided by individuals, businesses or organizations in this directory.

The listings or omissions of Medicare Prescription Drug Plans, including but not limited to information regarding their charges, drug coverage or formulary lists in this directory does not constitute an endorsement, recommendation, or guarantee regarding their services or products. No liability may inure to Baltimore County, the Baltimore County Department of Aging, its agents, employees or directors, as a result of goods, information or services provided by any individual, business or organization listed in this directory.

Community Resources 2016 is available in alternative formats upon request.

ACKNOWLEDGEMENTS

Community Resources 2016 is an annual directory which is published by the Baltimore County Department of Aging (BCDA). We are pleased to partner with Baltimore City Government for the fourth consecutive year. BCDA’s partnership with Baltimore City Government creates a unique opportunity to expand the publication’s content with City services, programs and listings. As a result, *Community Resources 2016* serves as a regional publication in both scope and distribution to educate Baltimore communities. With that said, it is with gratitude that the following committed leadership and team members are recognized for their many contributions to the continued development and enhancement of this well-respected publication which is now celebrating its 19th year.

Special thanks to Baltimore County Executive Kevin Kamenetz, the Baltimore County Council and the Baltimore County Commission on Aging. Special thanks to Mayor Stephanie Rawlings-Blake, the Baltimore City Council and the Baltimore City Health Commissioner, Dr. Leana Wen.

Thank you to Joanne Williams, Director of the Baltimore County Department of Aging, for her support and commitment to public-private partnerships and consumer empowerment through education, and Laura Riley, Deputy Director, for her continued support of this publication. Special acknowledgment is made to the many advertisers in the directory who are noted with blue highlighted listings or larger ads which can be seen throughout the publication.

It is with gratitude that the following team members of the BCDA receive special recognition for their contribution to *Community Resources 2016*: Rekha Bhave, Tom Buckmeier, Peggy Dryden, Beth Jakubiak, MS, Michele Kehl, Peggy Miller, Mary Pivawer, MSW, Ethel Rasmussen, MA, Jillian Roberts and Andrea Rubin, Ph.D. In the Baltimore City Health Department, Division of Aging and CARE Services, a special thank you to Samantha Gardiner, Uprenia Willis and Thelma Winn.

With pleasure, Baltimore County and Baltimore City Governments jointly present *Community Resources 2016* – the resource serving Baltimore communities.

Debbie Orlove, MA, Program Manager
Baltimore County Department of Aging

Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

► ADA COORDINATOR

410-887-3580

► ADMINISTRATIVE OFFICE

410-887-2460

► AGING, DEPARTMENT OF

For a description of Baltimore County Department of Aging services, see Summary of Services.

Director

410-887-2109

Deputy Director

410-887-2109

Caregiver Program

410-887-4724

Center Connection Program

410-887-2970

Communications, Office of

410-887-2379

Community Resources 2017

410-887-2012

Guardianship

410-887-5793

Health Programming

410-887-3423

Home Team

410-887-4141

Loan Closet

410-887-2594

Maryland Access Point (MAP) of Baltimore County

410-887-2594

Nursing Home Ombudsman

410-887-4200

Nutrition Services

410-887-3052

Outreach Casework Services

410-887-2050

Senior Box Office

410-887-5399

Senior Centers

410-887-2040

(See individual center listings in Senior Centers and Fitness Centers)

Senior Digest

410-887-3050

Senior Employment

410-887-4006

The Power of Age Expo

(formerly Senior/Baby Boomer Expo)

410-887-2012

Transportation/CountyRide

410-887-2080

Volunteer Services

410-887-2715

► BUDGET AND FINANCE, OFFICE OF

410-887-3313

► CIRCUIT COURT, COURT ADMINISTRATOR'S OFFICE

410-887-2687

► CODE ENFORCEMENT

410-887-3351

Inspects properties for livability code.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099

Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COUNTY COUNCIL

410-887-3196

► DISABILITIES, COMMISSION ON

410-887-3580

► ECONOMIC DEVELOPMENT, DEPARTMENT OF

410-887-8000

► ELECTIONS, BOARD OF SUPERVISORS OF

410-887-5700

► ENVIRONMENTAL PROTECTION AND SUSTAINABILITY

410-887-3733

► EXECUTIVE OFFICE

410-887-2450

► FIRE DEPARTMENT

Emergencies: 911

Non-Emergencies: 410-887-4500

► HEALTH, DEPARTMENT OF

(See also Health Clinics for additional resources.)

AIDS Counseling and Information Line

410-887-2437

AIDS/HIV – Housing

Opportunities for People with AIDS (HOPWA)

410-887-5918

Adult Evaluation and Review Services

410-887-2754

Animal Control

410-887-7297



Behavioral Health

410-887-3828

Bureau of Clinical Services

410-887-2705

Cancer Screening (Breast and Cervical)

410-887-3432

Communicable Disease Control

410-887-6011

Dentistry-Dental Access/ Dental Referral Program

410-887-2780

Developmental Disabilities

410-887-2720

Health Care Access

410-887-5918

Home Health/Home Care Program

410-887-2725

Medical Assistance

410-887-3485

Sexually Transmitted Disease Control

410-887-2713

TB Control

410-887-2711

► HEALTH, DEPARTMENT OF - PUBLIC HEALTH CENTERS

(See also Health Clinics for additional resources.)

Baltimore Highlands

Lansdowne Health Center

410-887-1003

Dundalk Health Center

410-887-7182

Eastern Family Resource Center

410-887-6452

Essex Health Center

410-887-0246

Hannah More Center

410-887-1152

Liberty Family Resource Center

410-887-0607

Woodlawn Health Center

410-887-1332

► HUMAN RESOURCES OFFICE

410-887-3135

► HUMAN RELATIONS COMMISSION

410-887-5917

► INFORMATION SERVICES

Baltimore County Government/Directory Assistance

410-887-0000

Telephone numbers for county agencies and staff.

Circuit Court Information Desk

410-887-2139

Information regarding court proceedings.

Maryland Access Point (MAP) of Baltimore County, Department Of Aging

410-887-2594

Information and referrals for older adults, baby boomers, family members, caregivers, persons with disabilities and professionals. Provides access to language interpreter service.

► LAW OFFICE

410-887-4420

► LIBRARY SYSTEM

410-887-6100

► OFFICE OF ADMINISTRATIVE HEARINGS

410-887-3868

► ORPHANS COURT

410-887-6516

Information on the administration of estates of deceased persons.

► PAROLE AND PROBATION, DIVISION OF

410-832-2200

Baltimore County Government Services

www.baltimorecountymd.gov • www.baltimorecountymd.gov/aging

▶ **PERMITS, APPROVALS AND INSPECTIONS, DEPARTMENT OF**
410-887-3353

▶ **PLANNING, DEPARTMENT OF**
410-887-3211

▶ **POLICE DEPARTMENT**
Emergencies: 911
Non Emergencies:
410-887-2222
General Information/
Referral:
410-887-2214

▶ **PUBLIC SCHOOLS**
410-887-5555

▶ **PUBLIC WORKS, DEPARTMENT OF**
410-887-3300

▶ **RECREATION AND PARKS, DEPARTMENT OF**
410-887-3871

▶ **REGISTER OF WILLS**
410-887-6680

▶ **SHERIFF'S OFFICE**
410-887-3151

▶ **SOCIAL SERVICES, DEPARTMENT OF**
(See also Financial Assistance for phone numbers and addresses of district offices.)
General Information
410-853-3000

▶ **STATE'S ATTORNEY, OFFICE OF**
410-887-6600

▶ **TAXPAYER SERVICES**
410-887-2403

▶ **UNIVERSITY OF MARYLAND EXTENSION, BALTIMORE COUNTY OFFICE**
410-887-8090

▶ **WOMEN, COMMISSION FOR**
410-887-3448



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Pikesville, MD 21208

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NEW SERVICES

- Nursing Concierge Services
- Cultural Awareness
- Family Caregiver Workshops
- Alzheimer's and Dementia Training

Skilled Nursing Services

RNs, LPNs

- Wound Care
- Diabetic Care
- Medication Administration

GNAs, CNAs

- Activities of Daily Living Bathing, Dressing, Feeding
- Hospice and End-of-Life Support
- Alzheimer's and Dementia Care

Non-Skilled Services

CNAs

- Instrumental Activities of Daily Living
- Meal Preparation
- Personal Errands
- Light Housekeeping
- Transportation

**BALTIMORE CITY
DEPARTMENT OF PUBLIC WORKS**

**BUREAU OF WATER
AND WASTEWATER**

**Low Income Senior Citizen
Water Discount Program**



STEPHANIE
RAWLINGS-BLAKE
MAYOR

BALTIMORE CITY



DEPARTMENT OF PUBLIC WORKS
RUDOLPH S. CHOW, P. E.
DIRECTOR

WWW.BALTIMORECITY.GOV

TAKING CARE OF THOSE WHO TOOK CARE OF US.

It is all too true that making ends meet can be a problem and a worry for those who have given so much of themselves and who should be enjoying their retirement. So many seniors are still giving through mentoring, volunteering and sharing their joy of life. Now we can give back through our **LOW INCOME SENIOR CITIZEN WATER DISCOUNT PROGRAM**.

WHO CAN APPLY?

Homeowners and tenants (whose lease holds them responsible for paying the water bill), can apply each year for the discount if they meet the following criteria:

1. The applicant must be a City of Baltimore resident receiving a water/sewer bill directly from the City.
2. The principal resident must be age 65 or older.
3. The combined gross household income must be \$25,000 or less.
4. The applicant must certify that he/she is the property owner-of-record with the Maryland Department of Assessments and Taxation, or provide a lease showing his/her responsibility for paying water/sewer charges at that property.

WHAT IS THE DISCOUNT?

Those who qualify receive a 39% discount on their water and sewer rates on each quarterly bill.

HOW CAN I APPLY?

Eligible senior citizens may apply at any of the Senior Community Centers listed on this brochure or call 410-396-5398 to obtain an application.



Action in Maturity, Inc. (AIM) • Phone: 410-889-7915

Allen Senior Center • Phone: 410-685-6224

Forest Park Senior Center • Phone: 410-466-2124

Harford Senior Center • Phone: 410-426-4009

Hatton Senior Center • Phone: 410-396-9025

Greenmount Senior Center • Phone: 410-396-3552

Edward A. Myerberg Senior Center • Phone: 410-358-6856

Oliver Senior Center • Phone: 410-396-3861

Sandtown Winchester Senior Center • Phone: 410-396-7724

Senior Network of North Baltimore • Phone: 410-323-7131

Waxter Center for Senior Citizens • Phone: 410-396-1324

John Booth Senior Center • Phone: 410-396-9202

Zeta Center for Healthy and Active • Phone: 410-396-3535

PLEASE NOTE:

Only one water bill account per household is eligible to receive this discount.

Baltimore City Government Services

www.baltimorecity.gov • health.baltimorecity.gov

► **BALTIMORE CITY 311**
One Call Center, 24/7 inbound calls and dispatch operation (non-emergency calls)

► **BOARD OF ELECTION SUPERVISORS**
410-396-5550/ 5580

► **CIVIL SERVICE COMMISSION**
410-396-3860

► **ENOCH PRATT FREE LIBRARY**
410-396-5430

► **EMPLOYMENT DEVELOPMENT, MAYOR'S OFFICE OF**
443-984-3014

► **FIRE DEPARTMENT**
410-396-5616
Smoke Detector Program
410-396-7283

► **HEALTH DEPARTMENT**
410-396-4398
Acute Communicable Diseases
410-396-4436
Adult Evaluation and Review Services (AERS)
410-396-6006
Animal Control
410-396-4688
Animal Pick-Up 311
B'more for Healthy Babies
410-396-1834
Behavioral Health System, Baltimore
410-637-1900
Bureau of Child Health & Immunization
410-396-4454
Bureau of Healthy Homes
443-984-2460
Childhood Lead Poisoning Program
443-984-2470
Community Action Partnership: Southeast
410-545-6518
Eastern
410-545-0136
Northwest
443-984-1384
Southern
410-545-0900
Northern
410-396-6084
Employment (with BCHD)
410-396-1420
Emergency Preparedness
443-984-2622
Health Care Access Maryland
410-649-0500

Health Clinics:
Druid
410-396-0176
Eastern
410-396-9410
Cancer
410-396-0186
Dental
410-396-4501
443-984-3548 (Eastern)
Family Planning and Reproductive Health
410-396-0186
HIV Clinics
410-396-0176
Maternal and Infant Nursing Program
410-396-9404
Mayor's Commission on Disabilities
443-484-3170
Mayor's Office of Human Services
410-396-7370
Men's Health Center
410-383-8300, Ext. 70101
Sexually Transmitted Infections (STI)
410-396-4398
Tuberculosis
410-396-9413
Healthy Teens/Young Adults
410-396-0353
Maryland Children's Health Program Eligibility Services
410-649-0512
Needle Exchange Program
410-396-3731
Operation Safe Kids (OSK)
443-984-4012
Ryan White
410-396-1408
School Health Programs / School-Based Health Center
410-396-3185
School Health Assessment Program
410-396-5246
Office of Youth Violence Prevention
443-984-3566
Virtual Supermarket Project
410-545-7544
WIC
443-984-3702

► **HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES**
Adult Evaluation and Review Services (AERS)
410-396-6006



Bar Association of Baltimore City Legal Services to the Elderly
410-396-1322
Community Personal Assistance Services (CPAS)
410-396-4494
Eating Together in Baltimore
410-664-0700
Family Caregiver Program
410-396-1337
Health Promotion and Education
410-396-4932
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410-558-0827
Housing and Homeless Services
410-396-4932
Maryland Access Point (MAP)
410-396-2273
Medicaid Waiver for Older Adults
410-396-4932
Money Follows the Person (MFP)
410-396-4932
Ombudsman Program
410-396-3144
Public Guardianship
410-545-7702
Retired Seniors and Volunteer Program (RSVP)
410-361-9400
Senior Assisted Living Subsidy Program
410-396-4932
Senior Care
410-396-1605

Senior Companion Program
410-361-9405
Senior Centers
410-396-4932
State Health Insurance Assistance Program (SHIP)
410-396-2273
Senior Information and Assistance Program
410-396-2273
Senior Medicare Patrol (SMP)
410-396-2273
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410-664-1123
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410-396-9202
Oliver Senior Center
410-396-3861
Sandtown-Winchester
410-396-7724
Waxter Senior Center
410-396-1324
Zeta Senior Center
410-396-3535

► **HOUSING AUTHORITY (HABC)**
410-396-3225

► **HOUSING AND COMMUNITY DEVELOPMENT, DEPARTMENT OF**
410-396-1969

Baltimore City Government Services

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► **LAW OFFICE**
410-396-3297
ORPHANS' COURTS
410-396-5034
► **PARKING AUTHORITY**
443-573-2800
► **PAROLE AND PROBATIONS**
410-585-3500
► **PLANNING, DEPARTMENT OF**
410-396-7526
► **POLICE DEPARTMENT**
Non-emergency: 311
443-263-2220
► **PUBLIC SCHOOL SYSTEM**
410-396-8792
► **PUBLIC WORKS, DEPARTMENT OF**
410-396-8497
► **RECREATION AND PARKS**
410-396-7900
► **SENIOR CITIZENS DIVISION**
410-396-2920

► **SHERIFF'S OFFICE**
410-396-1155
Police Department
Non-Emergency Assistance
311 or 443-263-2220
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Local District/Senior Liaisons
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serve as direct contact between the senior community and the police department.
Central District
410-396-2411
Eastern District
410-396-2433
Northeastern District
410-396-2444
Southeastern District
410-396-2422
Northern District
410-396-2455
Western District
410-396-2477
Northwestern District
410-396-2466
Southwestern District
410-396-2488
Southern District
410-396-2499
► **SOCIAL SERVICES, DEPARTMENT OF**
443-378-4600

► **STATE'S ATTORNEY OFFICE OF BALTIMORE CITY**
410-984-6000

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Baltimore, MD 21207

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Baltimore, MD 21218

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Baltimore, MD 21223

Lakeview Towers
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123 W. 29th Street
Baltimore, MD 21218



*Other developments are subject to transition in 2016.



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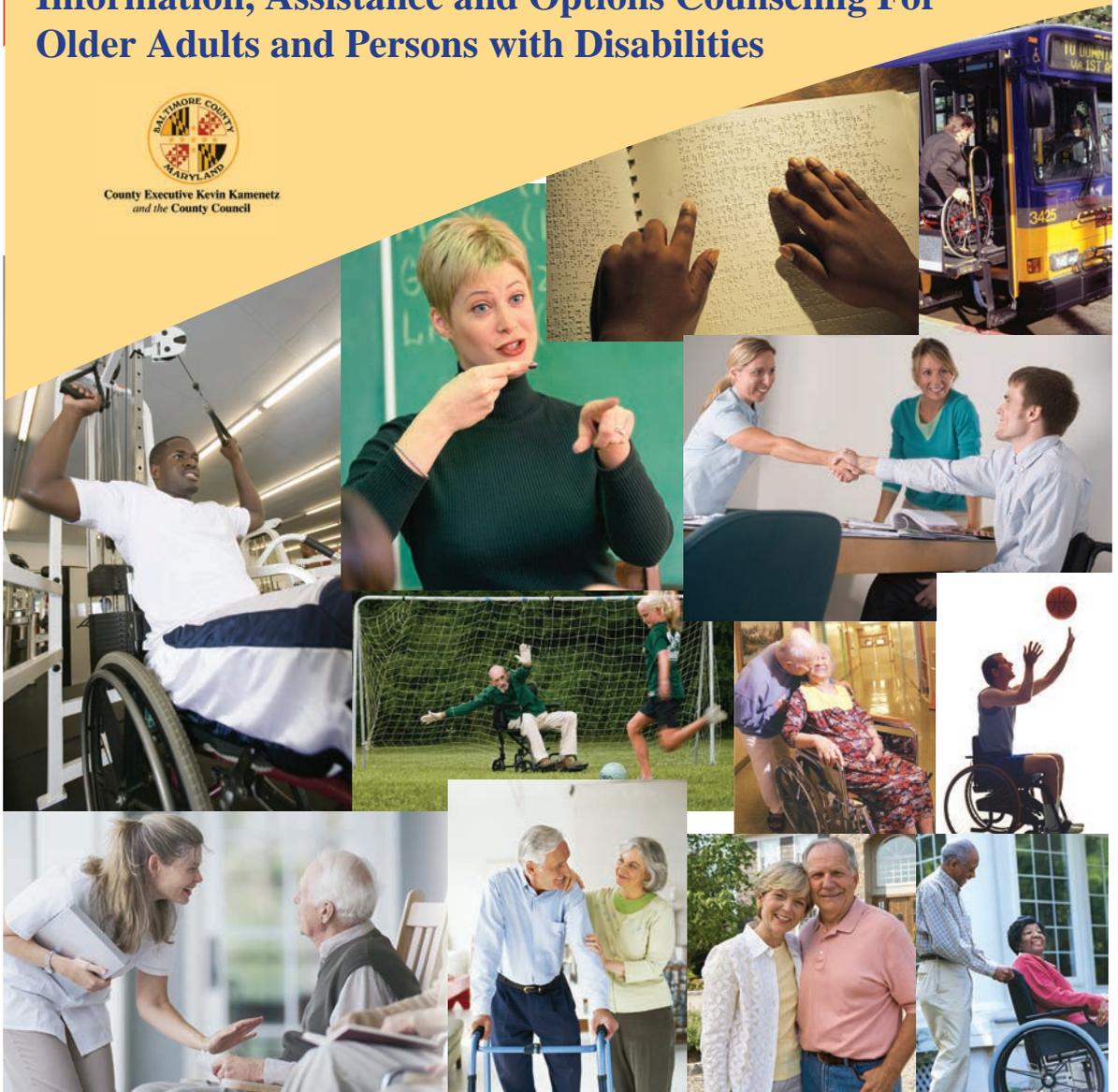


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▶ BALTIMORE CITY DEPARTMENT OF HUMAN RESOURCES

800-332-6347 TDD

▶ BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES

443-378-4600
Provides protective services for residents of all ages through assessment, case management, residential services and financial services.

Adoptions

410-685-8231

Adult Services

443-423-6600
(Includes Adult Protective Services, Social Services to Adults and Project HOME)

Family Investment

443-378-4700

Food Stamp Change Center

443-423-4445

Central Medical Assistance

443-423-6100

Purchase of Care (POC) (Day Care Services)

443-423-5000

In-Home Aide Services

443-423-4214

Intake & Assessment Report Child Abuse and Neglect (Child Protective Services and Family Services)

410-361-2235

(24-Hour Service)

Legal Services

443-378-4100

▶ BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, ELDER ABUSE PREVENTION

410-396-3144

▶ BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT

410-396-2273

▶ BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, NURSING HOME OMBUDSMAN PROGRAM

410-396-3144

Investigates and attempts to resolve complaints on behalf of assisted living and nursing home residents.

▶ BALTIMORE CITY OFFICE OF CIVIL RIGHTS AND WAGE ENFORCEMENT/ COMMUNITY RELATIONS COMMISSION

410-396-3141

Combats unlawful discrimination.

▶ BALTIMORE CITY OFFICE OF STATE'S ATTORNEY

443-984-6000

410-396-1897/1899

Court related issues.

▶ BALTIMORE CITY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

311 or 443-263-2220

▶ BALTIMORE CITY SHERIFF'S OFFICE

410-396-1155

▶ BALTIMORE CITY TAX BILLING OFFICE

410-396-3987

Homes may be placed in tax sale if delinquent in property taxes (\$750) water bill (\$750) and/or if other environmental citations exist. For more information regarding homeowner tax property credit, home repairs, water bills or legal issues, you may call Baltimore City MAP at 410-396-2273.

▶ BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS, INC. (BCASCO)

410-521-5726

An educational and advocacy association that strives to better the lives of seniors and their families through programs, newsletters, presentations and legislation.

▶ BALTIMORE COUNTY COMMISSION ON AGING

410-887-2109

Members appointed by the County Executive and the County Council to generally advise the Department of Aging in its mission to assist older adults in Baltimore County with health, transportation, social, economic, recreation, environmental and housing needs.



▶ BALTIMORE COUNTY COMMISSION ON DISABILITIES

410-887-3580

Legally enacted commission of county government to initiate recommendations and review legislation which concerns or impacts individuals with disabilities.

▶ BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-2594

Investigates and attempts to resolve complaints made by or on behalf of assisted living and nursing home residents.

▶ BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Help and information regarding resources available to older adults, persons with disabilities and caregivers. Assistance provided for financial applications and case management. Referrals made to other agencies as appropriate.

▶ BALTIMORE COUNTY DEPARTMENT OF HEALTH

410-887-2243

Protects public health by promoting good health practices, protecting individuals from infectious diseases and providing access to health care services. Provides special geriatric services.

A

ADVOCACY SERVICES

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)

410-853-3000

Advocates and provides protective services for residents of all ages through assessments, case management, residential and financial services. Provides information, assistance and referral for emergency shelter for homeless individuals.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917

Enforces anti-discrimination laws.

► BALTIMORE COUNTY LEGAL AID BUREAU, INC., NURSING HOME PROGRAM, ASSISTED LIVING PROGRAM

410-951-7750

Legal services for nursing home and assisted living residents.

► BALTIMORE COUNTY LOCATE: CHILD CARE

877-261-0060

Locate childcare resources.

► BALTIMORE COUNTY POLICE DEPARTMENT, FINANCIAL CRIMES AND CYBERCRIMES

410-887-2190

Answers questions regarding con games and door-to-door scams.

► BALTIMORE COUNTY POLICE DEPARTMENT, NON-EMERGENCY ASSISTANCE

410-887-2222

► BALTIMORE COUNTY SHERIFF'S OFFICE

410-887-3151

► BALTIMORE NEIGHBORHOODS, INC. (BNI)

410-243-6007 (Tenant Landlord)

410-243-4400 (Fair Housing/Discrimination Complaints)
Information about fair housing laws, discrimination, rights and responsibilities of landlords and tenants.

► BETTER BUSINESS BUREAU, INC.

410-347-3990

Provides information regarding consumer issues, determination of reliability of businesses or charities, and opportunity to file a complaint.

► CENTERS FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227

www.medicare.gov

► CREDIT REPORTS

877-322-8228

www.annualcreditreport.com

All Maryland residents have access to free annual personal credit reports from Experian, Equifax and TransUnion.

► DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH)

410-767-6500

Office of Health Care Quality

410-402-8000

www.dhmh.state.md.us/ohcq

Licenses and provides oversight of adult day care, nursing homes, assisted living facilities, health care agencies, etc. See website for licensee directory.

► FEDERAL TRADE COMMISSION

877-382-4357

877-438-4338 (Identity Theft)

www.ftc.gov

Provides information on filing a complaint regarding identity theft, internet fraud, telemarketing scams, Do Not Call Registry, etc.

► IMAGE CENTER OF MARYLAND

410-982-6311

Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► LEGAL AID, INC.

410-951-7750

Free civil legal services to the low income in Maryland.

► MARYLAND ATTORNEY GENERAL'S OFFICE

410-576-6300 (General)

Consumer Protection Division

410-528-8662

Investigates complaints regarding unfair and deceptive business practices and acts as mediator between consumers and merchants.

Health Advocacy Unit Hotline

and Health Care Mediation

410-528-1840

Accepts complaints involving medical billing or reimbursement problems and provides the complaint history of health care providers.

Securities Division

410-576-6360

Accepts complaints and supplies information about financial planners/brokers.

► MARYLAND COMMISSION ON CIVIL RIGHTS

410-767-8600

Enforces Maryland anti-discrimination laws concerning employment, housing, public accommodations and commercial non-discrimination.

► MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE

410-767-8600

► MARYLAND DEPARTMENT OF AGING

410-767-1100

800-AGE-DIAL

www.aging.maryland.gov

In partnership with the Area Agencies on Aging (AAA), promotes an enhanced quality of life for a diverse population of older adults in Maryland.

► MARYLAND DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT

410-514-7000

Administers "Bridge to Hope" and other programs to assist in the prevention of mortgage foreclosures. Free counseling on housing issues.

► MARYLAND DISABILITY LAW CENTER

410-727-6352

www.mdclaw.org

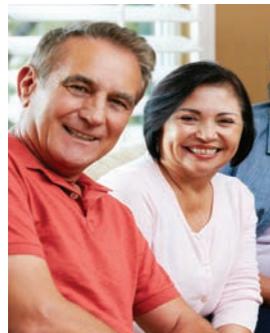
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► MARYLAND HEALTH CARE COMMISSION

410-764-3460

www.mhcc.state.md.us (Click On Consumers)

Reviews and compares nursing homes, assisted living facilities (ten or more beds), health plans, hospitals and prescription prices.



A

ADVOCACY SERVICES - ANIMAL SERVICES



► **MARYLAND HOME IMPROVEMENT COMMISSION**
410-230-6309
www.dlir.state.md.us (Click on Occupational/Professional Licensing)
Verifies contractors' licenses and provides information about complaints filed against specific companies.

► **MARYLAND INSURANCE ADMINISTRATION**
410-468-2000
www.mdinsurance.state.md.us
Consumer information and complaints concerning accident, automobile, health, life, long-term care and property insurance as well as agent licensing requirements and insurance fraud.

► **MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES & PHARMACY ACCESS HOTLINE**
800-492-5231
Assists Medical Assistance recipients to select doctors, address coverage issues and answer questions about Medicaid prescription drug coverage.

► **MARYLAND OFFICE OF PEOPLE'S COUNSEL**
410-767-8150
Advocates on behalf of residential utility customers and can assist with dispute resolution.

► **MARYLAND OFFICE OF THE SECRETARY OF STATE, CHARITABLE ORGANIZATIONS DIVISION**
800-825-4510
Answers questions and takes complaints about charitable organizations.

► **MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS**
410-764-4792
Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► **MAYOR'S COMMISSION ON DISABILITIES**
443-984-3170
Promotes equal rights and opportunities for people with disabilities in Baltimore City.

► **MAYOR'S OFFICE OF NEIGHBORHOOD AND CONSTITUENT SERVICES**
410-396-4735
Contributes to an improved quality of life for Baltimore City residents.

► **OLDER WOMEN EMBRACING LIFE, INC. (OWEL)**
866-706-8540
Peer support, referrals, HIV testing, care navigation and education for older women who are at risk or living with HIV in Baltimore City.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.**
410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► **TAXPAYER ADVOCATE SERVICE**
443-853-6000
800-865-6198
Independent organization within the IRS to help taxpayers resolve problems.

► **U. S. DEPARTMENT OF HEALTH & HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL**
800-447-8477 (Fraud/Abuse Hotline)
Handles fraud and abuse related to Medicare, Medicaid, mental health services, medical equipment, employee or contractor complaints, Social Security, food supplements and housing subsidy.

► **U. S. DEPARTMENT OF HOUSING AND URBAN DEVELOPMENT (HUD)**
410-962-2520
Provides information on public housing, HUD homes, rental assistance, homeless assistance, FHA loans, Fair Housing and foreclosure prevention.

► **U.S. DEPARTMENT OF VETERANS AFFAIRS**
800-827-1000
www.va.gov
Beneficiary information for veterans, their widows, widowers and children.

► **U.S. POSTAL INSPECTION SERVICE**
877-876-2455
800-372-8347
www.usps.com
Investigates crimes involving postal service, including mail fraud.

ANIMAL SERVICES

► **ANIMAL CONTROL PROGRAM, BUREAU OF ENVIRONMENTAL HEALTH**
410-396-4688 (City)
Enforces City and State codes, rules and regulations; investigates animal neglect and cruelty cases.

► **BALTIMORE COUNTY DEPARTMENT OF PERMITS, APPROVALS AND INSPECTIONS, DIVISION OF MISCELLANEOUS PERMITS AND LICENSES, ANIMAL LICENSES**
410-887-3630
Available at full service libraries - \$2.00 convenience fee.

► **DIVISION OF ANIMAL SERVICES**
410-887-PAWS (7297) (County)
Issues violations, enforces laws, accepts animal cruelty calls. Free euthanizing (per criteria), rabies shots, spay/neutering, microchipping, and licensing. Operates shelter for animal adoption.

► **MARYLAND SPCA - KIBBLE CONNECTION**
410-235-8826, Ext. 175
Provides free pet food to the clients of Meals On Wheels.

► **SPAY/NEUTER ALL PETS (SNAP)**
410-887-PAWS (7297) (County)
410-235-8826 (City)
Provides low cost certificates for spaying/neutering dogs and cats.

Improve your overall health and wellbeing at one of the 20 Senior Centers across Baltimore County



Baltimore County Department of Aging

ENERGIZE YOUR LIFE

Try one of the many classes offered around the County

- Tai Chi
 - Yoga
 - Strength Training
 - Zumba Gold
 - Seated Chair Exercise
 - Ballroom or Line Dance
 - EnhanceFitness
 - Basketball
 - Table Tennis
 - Volleyball
 - Hip Hop
 - Body Fit
 - Drums Alive
 - Water Aerobics
 - Wii Exercise
 - Cardio Fit
 - Bowling
- Classes vary per location.**

Now is the time to change your life by joining one of the many Baltimore County Department of Aging (BCDA) Senior Centers that offer an array of fitness and wellness programs.

Each location offers a variety of fitness opportunities tailored to meet the needs of the 60+ individual. Whether you are interested in Ballroom Dance, Zumba or working out in the fitness center, you will find a range of opportunities to fit all fitness levels and interests. A wide range of nutrition and wellness seminars are offered throughout the year to enrich your awareness for improved health.

The opportunities you've waited a lifetime to take advantage of are right here at BCDA. Take the first step to improving your health by joining a senior center today!

Workout with your peers in one of BCDA's 13 Fitness Centers/Studios!

JOIN NOW TO ENHANCE OVERALL WELL-BEING AND INCREASE ENERGY AND VITALITY.

Fitness membership is required in order to workout in one of our facilities.



County Executive Kevin Kamenetzki
and the Baltimore County Council



For information, call 410-887-2040

A - C ASSISTIVE TECHNOLOGY - CAREGIVERS/GRANDPARENT SUPPORT

ASSISTIVE TECHNOLOGY

See also Hearing Resources, Loan Closet for Medical Equipment, Medical Alert Systems, Medical Equipment and Supplies and Vision Resources.

▶ ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM

410-554-9230
800-832-4827
866-881-7488 (TTY)
Low interest loans for home modifications and assistive devices for persons with disabilities.

▶ **HALETHORPE PHARMACY (A CARE PHARMACY)**
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

▶ **INDEPENDENT DRUG (A CARE PHARMACY)**
410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM**
800-832-4827
Information and referral resources for people with disabilities to live and work independently. Programs include temporary equipment borrowing, technology and telework loan programs.

▶ **V-LINC**
410-554-9134
Provides technological solutions and customized assistive technology for persons with disabilities

BEHAVIORAL HEALTH

Please see Mental Health for services in this category.

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT

See also Disability Assistance, Home Health Services, Hotlines and Websites, Housing-Assisted Living, Medical Equipment and Supplies, Memory Care, Nursing Homes, Respite Services and Support Groups-Caregivers.

▶ **ALZHEIMER'S ASSOCIATION**
410-561-9099
800-272-3900
Educational resources and other services.

Do you feel like you are missing out on the conversation? Connect with Maryland Relay.

Multiple Calling Options

For anyone who has difficulty using a standard telephone

Captioned Telephone

Displays every word your caller says, as you listen

Maryland Accessible Telecommunications (MAT) program

FREE assistive equipment to qualified applicants

Get a FREE evaluation to find the solution that's right for you.

Call 800-552-7724 or 410-767-6960 (Voice/TTY)
443-453-5970 (Video Phone) or visit mdrelay.org to get started.





“I promised him I wouldn’t put him in a nursing home.”

MIND  **AT HOME**
Memory Care Coordination

Principal Investigator: Quincy Miles Samus, Ph.D.

Johns Hopkins School of Medicine, Application No.: IRB00054802

Protocol Title: Comprehensive home-based dementia care coordination for Medicare-Medicaid Dual Eligibles in Maryland

This project is supported by Grant Number 1C1CMS331332 from the Department of Health and Human Services, Centers for Medicare & Medicaid Services.

Person(s) depicted in this photo are not actual patients or study subjects.

NEED HELP caring
for someone with
**Alzheimer’s or
memory problems?**

MIND at Home research
study is testing an 18 month
support program to
help caregivers

What We Offer

- **FREE** in-home nurse assessments
- **Gift cards up to \$100**
- **Information on home safety, managing behaviors, care skills**
- **Links to resources and care options**
- **Caregiver support and problem-solving help**

Call **410-550-6744**

if you care for:

- **Someone living at home with memory problems**
- **In Baltimore or Central Maryland**
- **With a limited income**

C

CAREGIVERS SUPPORT/ GRANDPARENT SUPPORT - CLINICAL TRIALS

► BALTIMORE COUNTY DEPARTMENT OF AGING, CAREGIVERS PROGRAM

410-887-4724

Provides information and resources to caregivers of older adults. Publishes the *Caregiver Connection* newsletter, available free by US mail or e-mail. Offers one free consultation with family caregivers.

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594

Information about services and benefits available to older adults, baby boomers, persons with disabilities, caregivers and professionals.

► CATHOLIC CHARITIES CHILD AND FAMILY SERVICES AT ST. RITA PARISH HOUSE, GRANDPARENT SERVICES AND SUPPORT GROUP

410-282-9430

► EASTER SEALS CENTRAL MARYLAND RESPITE CARE PROGRAM

301-920-9769

Small respite stipends for primary caregivers of individuals with functional disabilities. Application required. Age, income and medical criteria apply.

► FAMILY CAREGIVER SUPPORT PROGRAM

410-396-1337

► FAMILY TREE

410-889-2300 (City)

Provides programs and services to educate about preventing child abuse.

► NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METROPOLITAN BALTIMORE, INC.

410-435-2600

Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► THE MIND STUDY (MAXIMIZING INDEPENDENCE AT HOME)

410-550-6744

www.mindathome.org
Johns Hopkins University School of Medicine, Department of Psychiatry
5200 Eastern Avenue, Mason F. Lord Building, 2nd Floor
Baltimore 21224

Studies involving in-home memory care assessments/ care coordination for people with dementia and their caregivers.

CASE MANAGEMENT

Assistance in helping adults and persons with special needs. See also Disability Assistance, Geriatric Assessment Services and Mental Health Services. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► AGING LIFE CARE ASSOCIATION, MID-ATLANTIC CHAPTER

www.midatlanticgcm.org

Professional organization which sets standards for fee-for-service case managers. Formerly the National Association of Professional Geriatric Care Managers.

► BALTIMORE COUNTY DEPARTMENT OF AGING, COMMUNITY OUTREACH SPECIALISTS

410-887-2594 (Intake/Referral)

Case management services for older adults including assistance with completing financial applications.

► BALTIMORE COUNTY DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754

In-home screening, assessment and case management services for individuals experiencing multiple health and social problems.

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES

410-853-3000

Screening and case management for vulnerable adults (age 18 and over). Includes Adult Protective Services and Aging Services (age 65 and over).

► FAMILY & CHILDREN'S SERVICES OF CENTRAL MARYLAND

410-366-1980

► JEWISH COMMUNITY SERVICES

410-466-9200

CEMETERIES AND MEMORIAL PARKS

See also Funeral Resources.

► DULANEY VALLEY MEMORIAL GARDENS

410-666-0490

www.dulaneyvalley.com
200 East Padonia Road
Timonium 21093

Caring for your family since 1958.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

410-260-3838

www.mdva.state.md.us
Administers Maryland Veterans Cemetery and Memorial Program.

► MARYLAND STATE BOARD OF MORTICIANS AND FUNERAL DIRECTORS

410-764-4792

Verifies and issues licenses and accepts complaints about funeral homes, funeral directors, crematoriums and morticians.

► REDEMPTORIST CEMETERIES

410-284-0648 (Sacred Heart of Jesus Cemetery)

www.redemcem.com
7401 German Hill Road
Dundalk 21222
Catholic cemeteries dedicated to caring for our faith community.

CLINICAL TRIALS

► PAREXEL CLINICAL RESEARCH

877-617-8839

www.parexel.com/baltimore
Harbor Hospital
3001 South Hanover Street
Baltimore 21225

Clinical trials for healthy seniors - Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.



C - D

COUNSELING, MENTAL HEALTH - DENTAL SERVICES

COUNSELING, MENTAL HEALTH

Please see Mental Health for services in this category.

DENTAL SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE CITY COMMUNITY COLLEGE, DEPARTMENT OF DENTAL HYGIENE

410-462-7712
2901 Liberty Heights Avenue
Baltimore 21215
Preventive visits and set pricing for adults and children. Spanish interpreter.

► BALTIMORE CITY HEALTH DEPARTMENT Eastern Clinic

443-984-3548
620 North Caroline Street
Baltimore 21205
Preventive care from ages 3 and older; ages 7 and older for dental problems. Adults treated for emergencies only. MA accepted. Baltimore City residency only.

► BALTIMORE CITY HEALTH DEPARTMENT, ORAL HEALTH CLINIC

410-396-0840

► BALTIMORE COUNTY DENTISTRY Eastern Family Resource Center Dental Clinic

410-887-2781 (Appointments)
9100 Franklin Square Drive
Rosedale 21237
Liberty Family Resource
Center Dental Clinic
3525 Resource Drive
Randallstown 21133
Call for appointments for the Dental Access Program and dental clinics.



► BALTIMORE MEDICAL SYSTEMS

Belair-Edison Family Center
410-558-4800
3120 Erdman Avenue
Baltimore 21213
Federally qualified health center.

► CHASE BREXTON HEALTH SERVICES Baltimore

410-837-2050, Ext. 2602
10 West Eager Street
Baltimore 21201
Randallstown
410-496-6441
3510 Brenbrook Drive
Randallstown 21133
Preventive and dental problems. MA accepted; sliding scale. Baltimore City and County residents.

► CHERRY HILL FAMILY HEALTH CENTER

410-354-2000, Ext. 11296
631 Cherry Hill Road
Baltimore 21225
Preventive and dental problems from 2 years old to adults. Spanish interpreter.

► DENTAL HYGIENE CLINIC-CCBC

443-840-3495 (Dundalk Campus)
Students provide low-cost basic dental hygiene services under close supervision from clinical faculty.

► ESPERANZA CENTER

410-522-8668
430 South Broadway
Baltimore 21231
Primary dental care for children and adults of immigrant clients.

► GIVING RETIRED ADULTS MIGHTY SMILES INITIATIVE (GRAMS)

Eastern Dental Clinic
443-984-3548
Affordable basic dental care for uninsured low income persons 55 years and older. Baltimore City residency required.

► HEALTH CARE FOR THE HOMELESS

410-837-5533
421 Fallsway
Baltimore 21202
Free to persons who are homeless.

► JAI MEDICAL SYSTEMS

410-433-2200
5010 York Road
Baltimore 21212
410-327-5100
1235 East Monument Street
Baltimore 21202

► JOHNS HOPKINS EAST BALTIMORE MEDICAL CENTER

410-522-9800
100 East Eager Street
Baltimore 21202
Preventive and dental problems from ages 3 to adults. MA accepted.

► MARYLAND FOUNDATION OF DENTISTRY FOR THE HANDICAPPED, DONATED DENTAL SERVICES

410-964-1944
Dental care for Maryland residents with disabilities; income requirements.

► PARK WEST MEDICAL CENTER

410-542-7800
3319 W. Belvedere Avenue
Baltimore 21215
Preventive and dental problems from ages 2 to adults. MA accepted; sliding scale.

► PEOPLE'S COMMUNITY HEALTH CENTER

410-467-6040
3028 Greenmount Avenue
Baltimore 21218
Preventive and dental problems from ages 3 to adults. MA accepted; sliding scale.

► TOTAL HEALTH CARE

410-383-8300
1501 Division Street
Baltimore 21217
Preventive and dental problems from ages 3 to adults. MA accepted; emergencies treated.

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPEDIC INSTITUTE, DENTAL DEPARTMENT

410-448-6290
2200 Kernan Drive
Baltimore 21207
Self-referral or referred by a doctor or dentist. All ages by appointment only. MA and private insurance accepted. Phone interpreters.

► UNIVERSITY OF MARYLAND, SCHOOL OF DENTISTRY

410-706-7063
Discounted dental services performed by dental students under supervision of licensed dentists.

D

DENTAL SERVICES - DISABILITY ASSISTANCE



IN-HOME DENTAL SERVICES

For information about in-home dentistry, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

DISABILITY ASSISTANCE

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Adult Day Care-Specialized Services, Assistive Technology, Case Management, Dental Services, Employment, Geriatric Assessment Services, Hearing Resources, Loan Closet for Medical Equipment, Medical Equipment and Supplies, Mental Health Services, Personal Needs, Transportation Services and Vision Resources.

DEVELOPMENTAL DISABILITIES

The Maryland Developmental Disabilities Administration (DDA) provides funding for multiple agencies which serve the needs of persons with developmental disabilities. These agencies provide a wide range of services, including residential, day services and family support services.

In order to receive funding from the DDA, it is imperative that an individual goes through the application process. The first step in that process is calling the DDA Regional Office to request an application. 410-234-8200 877-874-2494 (Toll Free) 800-735-2258 (TTY) The application can also be downloaded from DDA's website at <http://dda.dhmh.maryland.gov/sitepages/howtoapply.aspx>.

► **ARC OF BALTIMORE**
410-296-2272
Employment training, day/residential services, family support/respite, foster care, and resources for individuals with developmental disabilities.

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES TEMPORARY DISABILITY ASSISTANCE PROGRAM (TDAP)**
410-853-3000 (County)
443-423-6300 (City)

► **COORDINATING CENTER, THE**
410-987-1048
301-621-7830
www.coordinatingcenter.org
Coordinates services for persons with disabilities to enable them to be as independent as possible.

► **MARYLAND DEVELOPMENTAL DISABILITIES ADMINISTRATION, REGIONAL OFFICE**
410-234-8200
877-874-2494
800-735-2258 (TTY)
www.ddamaryland.org

OTHER DISABILITY RESOURCES

► **ALLIANCE, INC., THE**
410-282-5900
410-675-4704 (Broadway Branch)
Provides a variety of services to residents with psychiatric, developmental and other disabilities.

► **BALTIMORE COUNTY COMMISSION ON DISABILITIES**
410-887-3580
Initiates recommendations and reviews legislation which impacts individuals with disabilities.

► **CARING COMMUNITIES, INC.**
410-549-5707 (Office)
866-CARING-4 (Toll Free)
Offers disability-related training, education, publications and events.

► **CHIMES, THE**
410-358-6400

► **DIVISION OF REHABILITATION SERVICES**
410-554-9442

► **FOUNDATIONS**
410-789-7772
410-269-3250
wwwFOUNDATIONSgroup.net
1025 West Nursery Road, Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

We're Here for People of All Ages, in All Stages

We provide needed resources to families of people with intellectual and developmental disabilities who need help navigating the system. Whenever you need us, we're here for you.

Contact us to find out how we can support you and your family.

The Arc
Baltimore

410-296-2272 • www.thearcbaltimore.org

D

DISABILITY ASSISTANCE - DOMESTIC VIOLENCE

► HEARING AND SPEECH AGENCY, THE

410-318-6780
Audiological testing, hearing aid fittings, sign language interpreters and classes.

► HUMANIM, INC.

888-374-8342
Offers workforce development, mental health, neuro-rehabilitation, developmental disabilities and deaf services for individuals of all ages.

► IMAGE CENTER OF MARYLAND

410-982-6311
Information and referral, peer mentoring, independent living skills training, and educational transition program for individuals with disabilities.

► LEAGUE FOR PEOPLE WITH DISABILITIES, INC.

410-323-0500
www.leagueforpeople.org
Vocational training, employment and recreational activities for persons with disabilities.

► MARYLAND DEVELOPMENT DISABILITIES COUNCIL

410-767-3670
Comprehensive online resource for disability-related information.

► MARYLAND DISABILITY LAW CENTER

410-727-6352, Ext. 0 (Intake Specialist)
410-235-5387 (TTY)
www.mdclaw.org
Advocates for persons with disabilities. Investigates allegations of abuse and/or neglect.



► MARYLAND MOTOR VEHICLE ADMINISTRATION

www.mva.maryland.gov
Automated Information
410-768-7000 (County)
443-573-2800 (City)
Handicapped Plates/
Mirror Tags
410-787-2958
Handicapped Signs For The Front Of The Home
410-768-7646
Registration Renewal By Touch-Tone Phone
410-768-7000
800-492-4575 (TTY)

► MARYLAND PUBLIC MENTAL HEALTH SYSTEM

800-888-1965
Provides names and numbers of mental health providers who accept Medical Assistance.

► MARYLAND STATE DEPARTMENT OF EDUCATION, DIVISION OF REHAB SERVICES

410-554-9208

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827
Provides information and referral for individuals with disabilities to support independence.

► MAYOR'S COMMISSION ON DISABILITY

443-984-3170

► NATIONAL REHABILITATION INFORMATION CENTER

800-346-2742
Information and referral service to assist persons with disabilities.

► SNYDER CENTER FOR APHASIA LIFE ENHANCEMENT (SCALE)

410-323-1777
Treatment, education, and support for stroke victims.

► UNIFIED COMMUNITY CONNECTIONS

410-484-4540
800-451-2452 (Toll Free)
For adults with intellectual or developmental disabilities.

► WWW.DISABILITY.GOV

Resource information on benefits, employment, education, health, housing, civil rights, etc.

DOMESTIC VIOLENCE

► BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES FAMILY VIOLENCE UNIT

410-853-3030
Provides information, and offers a court advocate program to victims of domestic violence.

► CHANA

410-234-0023 (Helpline)
Program supports the needs of women, men, children and elders who experience physical, psychological, sexual or financial abuse.

► DOMESTIC VIOLENCE PROGRAM, BALTIMORE COUNTY FAMILY CRISIS CENTER

410-828-6390 (24-Hour Hotline)
410-285-7496 (Domestic Violence Shelter Only)
410-285-4357 (Victim Advocacy, Perpetrator Services, Administrative Offices)
Counseling, shelter and assistance for individuals experiencing domestic violence.



C I R S INTERPRETING



GATEWAY SCHOOL



HEARING AND SPEECH -

THE HEARING AND SPEECH AGENCY
helping Baltimore communicate better since 1926

Call **410-318-6780** or visit www.hasa.org

D - E

DOMESTIC VIOLENCE - EDUCATION

► FAMILY & CHILDREN'S SERVICES

443-865-8031 (Hotline)
410-366-1980 (Office)
Provides safe shelter and counseling to victims of domestic violence.

► HOUSE OF RUTH

410-887-7884 (Hotline)
888-880-7884 (Legal Hotline)
410-889-0840 (Office)
Provides safe shelter and counseling to victims of domestic violence.

► PROTECTION ORDER ADVOCACY AND REPRESENTATION PROJECT (POARP)

410-887-3162
Provides free legal advice regarding protection orders to victims of domestic violence.

► TURNAROUND, INC.

443-279-0379 (24-Hour Hotline)
410-377-8111 (Office)
Counseling and services to victims of domestic violence, rape, incest and sexual assault.

DRIVING/DRIVING REHABILITATION

See also Transportation Services.

► AARP DRIVER SAFETY

800-350-7025
www.aarp.org/drive
A driver safety training program that may reduce your auto insurance by 10 percent.

► GOOD SAMARITAN ADAPTIVE DRIVING PROGRAM

443-444-4601 (Outpatient Rehabilitation)
Driver assessment and training. Physician prescription is required.



► M.I.T.S. CORPORATION

800-243-6487
717-235-5899
www.mitscorp.com
11448 North Main Street Ext.
Glen Rock, PA 17327
Selling new/used wheelchair accessible vans, lifts and driving aids.

► SINAI REHABILITATION CENTER, DRIVE FOR INDEPENDENCE

410-601-5830
Driver assessment and training. Physician prescription is not required.

► ST. AGNES DRIVER REHABILITATION PROGRAM

410-368-2800
Driver assessment and training. Physician prescription is required.

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER SAFE DRIVER ASSESSMENT PROGRAM

410-337-1412
Driver assessment and training. Physician prescription usually required.

ACCESSIBLE CARS/VANS (FUNDING RESOURCES)

► IMAGE CENTER

410-982-6311

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM

800-832-4827

EDUCATION

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC)

443-840-4099
Campuses at Catonsville, Essex and Dundalk with satellite locations in Hunt Valley and Owings Mills.

► COMMUNITY COLLEGE OF BALTIMORE COUNTY (CCBC), SENIOR INSTITUTE

443-840-1685
www.ccbcmd.edu
Classes held at locations throughout the county.

► JEWISH COMMUNITY CENTER OF GREATER BALTIMORE

410-542-4900, Press 2
Trips, classes, holiday programs and community-wide events.

► OSHER LIFELONG LEARNING INSTITUTE AT JOHNS HOPKINS UNIVERSITY

410-516-9719
Stimulating learning experiences for semi-retired and retired individuals.

► OSHER LIFELONG LEARNING INSTITUTE AT TOWSON UNIVERSITY

410-704-3535
Offering older adults daytime courses, special lectures, day trips and social events.

► UNIVERSITY OF MARYLAND, BALTIMORE COUNTY (UMBC)

410-455-1000

► UNIVERSITY OF MARYLAND BALTIMORE, GERONTOLOGY PROGRAMS

410-706-4327



If it's news and information for senior adults, you'll find it in the

SENIOR DIGEST

- News & Issues
 - Travel & Tours
 - Activities & Classes
 - Health & Fitness
 - Financial
 - Interviews
 - Legal
 - Entertainment
 - Medicare Issues
 - Recipes & Nutrition
 - Book Reviews
 - Classified Ads
 - Resources & Services
 - Community Events
- And Much, Much More!

www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html

Eight Jam-packed Issues For As Little As \$5 A Year!

SUBSCRIPTION

New Renewal

Name

Address LAST FIRST M.I.

City State Zip

Phone

Baltimore County Resident: Yes No Sex: Male Female Birth Date or Age - -

Is this a new address? Yes No

This is a gift from Name Phone

Send check or money order, payable to *Senior Digest*, 611 Central Avenue, Towson, Md. 21204. The cost is \$5 per year for eight issues for subscribers living in Baltimore County who are 60 years of age or older. The cost is \$7 per year for all subscribers under 60, and all subscribers living outside of Baltimore County. Organizations, businesses, and professionals, regardless of location, also pay \$7 per year. Call 410-887-3050 for more information.

For Office Use Only:

Started: Entered:

CD G.S. Mailed

E

EDUCATION- EMPLOYMENT

OTHER EDUCATION PROGRAMS

Classes in reading, writing, math, English as a Second Language (ESL), and GED® Preparation.

► **BALTIMORE CITY COMMUNITY COLLEGE ADULT BASIC EDUCATION PROGRAM**
410-986-5444

► **GREATER HOMEWOOD COMMUNITY CORPORATION ADULT LEARNING CENTER**
410-261-3524

► **LEARNING IS FOR TOMORROW (LIFT)**
410-522-1705

► **MARYLAND LITERACY HOTLINE**
410-752-3595

► **SOUTH BALTIMORE LEARNING CENTER**
410-625-4215

EMERGENCY PREPAREDNESS

► **AMERICAN RED CROSS GREATER CHESAPEAKE AND POTOMAC BLOOD REGION**
410-624-2000
www.redcross-cmd.org

► **BALTIMORE COUNTY OFFICE OF HOMELAND SECURITY AND EMERGENCY MANAGEMENT**
410-887-5996
www.baltimorecountymd.gov
Coordination of a comprehensive emergency management program for Baltimore County.

► **GOVERNOR'S OFFICE ON COMMUNITY INITIATIVES, SERVICE AND VOLUNTEERISM (GOSV)**
410-767-1216
www.gosv.state.md.us
Volunteer training programs, outreach, interagency and donations management coordination.

► **HUMANE SOCIETY OF THE UNITED STATES**
301-258-3103
www.hsus.org
Promotes preparedness education, community planning, response training and field rescue response for animals.

► **MARYLAND DEPARTMENT OF DISABILITIES**
410-767-3660
Prepares persons with disabilities for natural or man-made disasters or emergencies.

► **MARYLAND EMERGENCY MANAGEMENT AGENCY (MEMA)**
877-MEMA-USA
www.mema.maryland.gov
Coordinates the State response to any major emergency or disaster.

► **MAYOR'S OFFICE OF EMERGENCY MANAGEMENT**
410-396-6188

► **UNITED STATES COAST GUARD AUXILIARY, AMERICA'S WATERWAY WATCH**
www.americaswaterwaywatch.org
Investigates reports of suspicious waterway activities.

EMPLOYMENT

► **ALLIANCE, INC., THE**
410-282-5900
Vocational rehabilitation services for persons with disabilities.

► **BALTIMORE CITY HEALTH DEPARTMENT, OFFICE OF HUMAN RESOURCES**
410-396-1420

► **BALTIMORE COUNTY DEPARTMENT OF AGING, SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM (SCSEP)**
410-887-4006
Employment, training and skill development in public and non-profit agencies, 20 hours per week, for low-income individuals age 55 and over.

► **BALTIMORE COUNTY DEPARTMENT OF ECONOMIC DEVELOPMENT**
410-887-8000

► **BALTIMORE COUNTY OFFICE OF HUMAN RESOURCES**
410-887-3135
Employment opportunities with Baltimore County government.

► **BALTIMORE WORKS ONE-STOP CAREER CENTER**
410-767-2148

► **COMMUNITY CONNECTIONS ENOCH PRATT FREE LIBRARY**
410 396-6588

► **EASTSIDE ONE-STOP CAREER CENTER**
410-396-9030

► **LEAGUE FOR PEOPLE WITH DISABILITIES, INC.**
410-323-0500
Employment services for persons with disabilities.

► **MARYLAND DEPARTMENT OF EDUCATION, DIVISION OF REHABILITATION SERVICES (DORS)**
Regional Office
410-998-2030
Eastern Baltimore County Office
410-554-3320
Towson Office
410-321-4044
Services and programs for eligible individuals who have a disability.

► **MAYOR'S OFFICE OF EMPLOYMENT DEVELOPMENT**
410-396-6392

► **PAREXEL CLINICAL RESEARCH**
877-617-8839
www.parexel.com/baltimore
Harbor Hospital
3001 South Hanover Street
Baltimore 21225
Clinical trials for healthy seniors - Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.





FINANCIAL ASSISTANCE

*See Financial Eligibility Guidelines. Please refer to Index for page location. See also Home Repairs, Modifications and Assistance.

► ACCESSIBLE HOMES FOR SENIORS

Maryland Access Point of Baltimore County
410-887-2594
Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point
410-396-2273
www.mdhousing.org
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► ASSISTANCE CENTER OF TOWSON CHURCHES

410-296-4855
Serves northern Baltimore County and City with food, utility turn-off and eviction assistance.

► BALTIMORE CITY DEPARTMENT OF PUBLIC WORKS, SENIOR DISCOUNT WATER PROGRAM

410-396-5398 (Application)
Provides Baltimore City residents who are 65, and older and who financially qualify, with a 39% discount on water/sewer charges quarterly. May also apply at Baltimore Senior Centers. Call for additional criteria.
Low Income Water Program (Grant)
One time credit of \$125.00 towards water bill. Applications at your local Community Action Center.
Hardship Exemption Application
410-396-1350
(Exemption for Bay Restoration and Storm Water Fee.)

► **RE-ENTRY CENTER @ NORTHWEST ONE-STOP CAREER CENTER, THE MONDAWMIN MALL**
410-523-1060

► **SENIOR COMMUNITY EMPLOYMENT PROGRAMS: CATHOLIC CHARITIES**
410-261-6767

► **SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAM, FAMILY & CHILDREN SERVICES OF CENTRAL MARYLAND**
410-366-1980
Call to schedule an appointment for interview.

► **SOCIAL SECURITY ADMINISTRATION, TICKET TO WORK PROGRAM**
866-968-7842
866-833-2967 (TTY)
www.choosework.net
An employment program for persons with disabilities.

► **STATE OF MARYLAND DEPARTMENT OF LABOR, LICENSING AND REGULATION, DIVISION OF EMPLOYMENT AND TRAINING**
Office of Workforce Development
410-767-2173
Unemployment Insurance (Claimant Information)
410-949-0022

► **BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE**
443-423-6400
(Northeast Regional Office)

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES AT MARYLAND ACCESS POINT**
410-396-2273
www.marylandaccesspoint.info
Provides application and benefit enrollment assistance.

► **BALTIMORE CITY HOMEOWNERSHIP PROGRAM**
410-396-4151

► **BALTIMORE CITY TAX SALE PREVENTION WEBSITE**
www.taxsalehelpbaltimore.org
For information about the tax sale process, your rights and resources.

► **BALTIMORE CITY WATER BILLING**
410-361-9061
Delinquent account payment arrangements.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY**
410-887-2594
www.baltimorecountymd.gov/aging
aginginfo@baltimorecountymd.gov
Information regarding financial benefits and assistance with completing applications.

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, DISTRICT OFFICES**
Catonsville
410-853-3450
746 Frederick Road
Catonsville 21228
Dundalk
410-853-3400
1400 Merritt Boulevard, Suite C
Dundalk 21222
Essex
410-853-3800
439 Eastern Avenue
Essex 21221
Reisterstown
410-853-3010
130 Chartley Drive
Reisterstown 21136
Towson
410-853-3340
Drumcastle Government Center
6401 York Road
Baltimore 21212

► **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, MEDICAL ASSISTANCE***
410-853-3000, Press 1, Then, Press 4
Assists clients to pay certain medical and pharmaceutical bills when eligibility requirements are met.

► **BENEFITSCHECK UP**
www.benefitscheckup.org
A web-based service to help determine if individuals qualify for specific programs and benefits, including prescriptions and healthcare.





► CATONSVILLE EMERGENCY FOOD MINISTRIES

410-747-4357

Food and utility assistance, emergency pharmacy, eviction prevention for residents from the Catonsville area.

► COMMUNITY ASSISTANCE NETWORK

410-285-4674

Assistance with utility turn-off, eviction, food, employment, training, fuel fund, prescriptions, weatherization and outreach.

► CRIMINAL INJURY COMPENSATION BOARD

410-585-3010

www.dpscs.state.md.us
Offers financial compensation for innocent victims of crimes.

► EARNBENEFITS

443-986-9003 (Appointment Required)

Counselor screens applicants to identify eligibility for benefits.

► ELECTRIC UNIVERSAL SERVICES PROGRAM (EUSP)*

410-853-3385 (County)

410-396-5555 (City)

Assistance with electricity costs for income eligible persons.

► FRANCISCAN CENTER

410-467-5340, Ext. 101

Provides hot meals, clothing, toiletries, job readiness assistance, emergency pantry, assistance with BGE turnoff, evictions, prescriptions, glasses and dental services. Free services for financially eligible.

► HEALTH CARE ACCESS MARYLAND

410-649-0500

Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► HOMEOWNER'S TAX CREDIT

410-767-4433, Press 1

Credit on property tax based on gross household income. Persons age 70 and older may apply for previous 3 years.

► LIBERTY ASSISTANCE CENTER

410-887-0600

Food pantry, help with BGE and eviction prevention.

► MARYLAND DEPARTMENT OF HUMAN RESOURCES, MYDHR

800-332-6347

<https://mydhrbenefits.dhr.state.md.us>

A web-based screening/application tool that allows applicants to apply, renew, update, or learn about SNAP (Food Supplements), Medical Assistance, MA Long Term Care, MEAP and EUSP.

► MARYLAND ENERGY ASSISTANCE PROGRAM (MEAP)*

410-853-3385 (County)

410-396-5555 (City)

Assists in payment of heating costs for income eligible persons.

► MARYLAND HEALTH CONNECTION

855-642-8572

855-642-8573 (TTY)

www.marylandhealthconnection.gov

Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MD BENEFITS CENTER

855-444-4998

Free service for low income Maryland residents to access benefits.

► PROPERTY TAX HARDSHIP INSTALLMENT PAYMENT PROGRAM

410-887-2404 (County)

Assistance to property owners experiencing temporary financial hardship.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)*

410-887-2594 (County)

410-396-2273 (City)

Pays the premium, deductibles and coinsurance payments for financially eligible individuals who receive Medicare.

► RENTER'S TAX CREDIT

410-767-4433, Press 2

A tax credit for renters when rent exceeds a fixed percentage of gross income.

► SALVATION ARMY OF THE GREATER BALTIMORE AREA

410-783-2920, Press 2

Assists with BGE turn-offs, evictions, food and clothing. Based on needs and availability of funds.

► SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)*

800-551-5995

www.marylandspdap.com
Income eligible MD residents enrolled in certain Medicare prescription drug plans may receive assistance with monthly premiums and the doughnut hole coverage gap.

► SNAP (FORMERLY FOOD STAMPS PROGRAM) *

Baltimore County Department of Social Services

410-853-3000, Press 1,

Then, Press 4

Baltimore City Department of Social Services

443-423-4445

Eligible clients allotted subsidy for food based on income and household size.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213

www.socialsecurity.gov

► SOCIAL SECURITY ADMINISTRATION, SUPPLEMENTAL SECURITY INCOME (SSI)*

800-772-1213

Provides income for individuals age 65 and older, blind or disabled who are low income.

► SOUTHWEST EMERGENCY SERVICES

410-247-8154

Food pantry, help with BGE, eviction prevention and clothing (for residents of 21227).

► SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) *

410-887-2594 (County)

410-396-2273 (City)

Pays the Medicare Part B premium for individuals whose income is slightly above QMB criteria.

F

FINANCIAL ASSISTANCE - FINANCIAL RESOURCES

► UNITED CHURCHES ASSISTANCE NETWORK 410-628-2102

Food pantry for homeless, eviction prevention, help with BGE, prescriptions and referrals for residents of northern Baltimore County.

FINANCIAL COUNSELING

See also Reverse Mortgages and Housing: Other Housing Options.

► CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.

410-500-5310 (Request Intake/Application)
Foreclosure prevention counseling services for homeowners in Baltimore City and specified areas in Baltimore County.

► GUIDEWELL FINANCIAL SOLUTIONS

410-747-6803 (Appointments/Information)
Reviews financial situations and credit problems; plans budget and assists with contacting creditors to develop a payment plan. Housing counseling available.

► HEALTHCARE ACCESS MARYLAND

410-649-0500
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education and enrollment assistance.

► INTERNAL REVENUE SERVICE (IRS)

800-829-1040
Federal tax information.



► **NEIGHBORHOOD HOUSING SERVICES OF BALTIMORE (NHS)**
410-327-1200, Ext. 113
Emergency foreclosure counseling assistance with loan modification for county and city residents. Also provides credit counseling and financial education.

► **PARK HEIGHTS RENAISSANCE**
410-664-4890
Comprehensive assistance for city residents who have experienced an actual foreclosure sale. Also provides budget and credit counseling services.

► **SOCIAL SECURITY ADMINISTRATION**
800-772-1213
Administers Social Security programs for retirees, survivors, the blind or persons with disabilities. Administers Medicare enrollment.

► **SOCIAL SECURITY OFFICES**
Belair-Edison Crossing
866-336-9653
2401 Belair Road, #106
Baltimore, 21213
Downtown
866-931-0155
1010 Park Avenue
Baltimore, 21201
Randallstown/Owings Mills
866-681-1412
5 Park Center Court, Suite 100
Owings Mills 21117
Reisterstown
866-708-3210
6722 Reisterstown Road
Baltimore 21215
Rossville
866-348-5818
6820 Hospital Drive, Suite 100
Baltimore 21237
Rotunda
800-772-1213
711 West 40th Street,
Suite 415
Baltimore 21211
Towson
866-667-7698
28 Allegheny Avenue, 4th Floor
Towson 21204
West
877-840-7695
3431 Benson Avenue, Suite C
Baltimore 21227

► **STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)**
410-887-2059 (County)
410-396-2273 (City)
Counseling on health insurance, Medicare, Medicare Prescription Drug Programs, Medigap, Medicare Advantage plans and long-term care insurance. Advocates on behalf of beneficiaries. Speakers available.

► **TAX COUNSELING FOR THE ELDERLY**
410-887-2594 (County)
410-396-2273 (City)
Joint program of AARP and IRS. Offers free tax assistance to older adults at local senior centers during tax season.

► **VETERANS HELPLINE**
410-230-4500 (Baltimore Regional Office)
800-827-1000
Counsels veterans on available services.

FINANCIAL RESOURCES

► **BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION**
410-828-4730
800-234-4730
www.bcefcu.com
23 West Susquehanna Avenue
Towson 21204
Serving Baltimore County Government employees, volunteers and their families.

► **PROTECTIVE WELLCARE SOLUTIONS**
443-858-3750
301-452-9175
www.protectivewellcaresolutions.com
3601 O'Donnell Street,
Suite 400
Baltimore 21224
Your health is your wealth.

F - G

FINANCIAL RESOURCES - GERIATRIC ASSESSMENT SERVICES

► YOUR INSURANCE GROUP

443-987-3221
240-439-5518
www.amberalguire.com
Insurance needs: final expenses, life insurance plans and Medicare supplements.

REVERSE MORTGAGES

► MARYLAND ACCESS POINT

410-887-2594 (County)
410-396-2273 (City)
To obtain counseling resources.

► NET EQUITY FINANCIAL, INC.

Bill Peterson
NMLS# 104372
443-725-3543
www.netequitymtg.com
4940 Campbell Boulevard,
Suite 210
Nottingham 21236
A family-oriented, trustworthy,
SeniorChecked® financial
organization here for you.

FITNESS CENTERS, BALTIMORE COUNTY

BALTIMORE COUNTY

See also Senior Centers and Recreation and Leisure Activities.

FITNESS CENTERS, with cardio and strength training equipment, are conveniently located at thirteen senior centers in Baltimore County. Participants must be senior center members. Membership dues are \$100/year to use all 13 fitness centers, or \$60/year to use the five smaller fitness studios (indicated with an asterisk *). Personal trainers available for a fee.

► ARBUTUS SENIOR CENTER*

410-887-1410
www.baltimorecountymd.gov/
arbutus
855A Sulphur Spring Road
Baltimore 21227

► ATEAZE SENIOR CENTER

410-887-7233
www.baltimorecountymd.gov/
ateaze
7401 Holabird Avenue
Dundalk 21222

► BYKOTA SENIOR CENTER

410-887-3094
www.baltimorecountymd.gov/
bykota
611 Central Avenue
Towson 21204

► CATONSVILLE SENIOR CENTER

410-887-0900
www.baltimorecountymd.gov/
catonsville
501 North Rolling Road
Catonsville 21228

► COCKEYSVILLE SENIOR CENTER

410-887-7694
www.baltimorecountymd.gov/
cockeysville
10535 York Road
Cockeysville 21030

► EDGEMERE SENIOR CENTER*

410-887-7530
www.baltimorecountymd.gov/
edgemere
6600 North Point Road
Baltimore 21219

► ESSEX SENIOR CENTER*

410-887-0267
www.baltimorecountymd.gov/
essex
600 Dorsey Avenue
Essex 21221

► JACKSONVILLE SENIOR CENTER*

410-887-8208
www.baltimorecountymd.gov/
jacksonville
3605A Sweet Air Road
Phoenix 21131

► LIBERTY SENIOR CENTER

410-887-0780
www.baltimorecountymd.gov/
liberty
3525 Resource Drive
Randallstown 21133

► PARKVILLE SENIOR CENTER

410-887-5338
www.baltimorecountymd.gov/
parkville
8601 Harford Road
Baltimore 21234

► PIKESVILLE SENIOR CENTER

410-887-1245
www.baltimorecountymd.gov/
pikesville
1301 Reisterstown Road
Baltimore 21208

► REISTERSTOWN SENIOR CENTER*

410-887-1143
www.baltimorecountymd.gov/
reisterstown
12035 Reisterstown Road
Reisterstown 21136

► SEVEN OAKS SENIOR CENTER

410-887-5192
www.baltimorecountymd.gov/
sevenoaks
9210 Seven Courts Drive
Baltimore 21236

BALTIMORE CITY

See Also Senior Centers.

► WEINBERG FOUNDATION FITNESS CENTER, MYERBERG NORTHWEST SENIOR CENTER

410-358-6856
3101 Fallstaff Road
Baltimore 21209

FUNERAL RESOURCES

See also Cemeteries and Memorial Parks.

► SOCIAL SECURITY ADMINISTRATION

800-772-1213
May provide a death benefit of \$255.

► VETERANS AFFAIRS, DEPT. OF

800-827-1000
Assistance with burial expenses to eligible veterans. Referrals to national cemeteries.

► YOUR INSURANCE GROUP

443-987-3221
240-439-5518
www.amberalguire.com
Insurance needs: final expenses, life insurance plans and Medicare supplements.

GERIATRIC ASSESSMENT SERVICES

Evaluation of physical, mental and social factors affecting an older adult's lifestyle, done by professionals in the field of geriatrics. Medicare may cover part of the cost.

► DEPARTMENT OF HEALTH, ADULT EVALUATION AND REVIEW SERVICES

410-887-2754 (County)
410-396-6006 (City)
In-home screening, assessment and case management services to individuals experiencing multiple health and social problems.



H

GERIATRIC ASSESSMENT SERVICES - HEARING RESOURCES

▶ **JOHNS HOPKINS
MEMORY AND
ALZHEIMER'S TREATMENT
CENTER**
410-550-6337

▶ **UNIVERSITY OF
MARYLAND MEDICAL
CENTER, GERIATRIC
PSYCHIATRY**
410-328-8415

HEALTH CLINICS

See also Baltimore County
Government Services/
Department of Health-Public
Health Centers and Disability
Assistance, Baltimore City
Health Department and Mental
Health Services.

▶ **BALTIMORE CITY
HEALTH DEPARTMENT**
410-396-4938

▶ **BALTIMORE MEDICAL
SYSTEMS**
Annapolis Road
443-703-3200
Middlesex
410-558-4700
Sinclair Lane
410-732-8800
St. Agnes Center
443-703-3200
Medical and psychiatric
services. Sliding scale
for uninsured; eligibility
requirements.

▶ **CHASE BREXTON
HEALTH SERVICES**
Randallstown
410-496-6441
Mt. Vernon Center
410-837-2050
Medical, mental health and
dental services. Sliding scale
for uninsured.

▶ **COPPIN STATE
UNIVERSITY**
410-951-4188

▶ **FAMILY HEALTH CENTER
OF BALTIMORE**
410-354-2000

▶ **HARBOR FAMILY
CENTER**
410-350-3200

▶ **HEALTH CARE FOR THE
HOMELESS**
443-777-2300 (County)
410-837-5533 (City)
Free non-emergency medical
and health services for
homeless individuals.

▶ **JOHNS HOPKINS
BAYVIEW CHILDREN'S
MEDICAL PRACTICE**
410-550-0100

▶ **JOHNS HOPKINS
COMMUNITY PHYSICIANS**
Canton Crossing Health
Center
410-522-9940
East Baltimore Medical Center
410-522-9800
Greater Dundalk
410-288-4800
Green Spring Station
410-847-3535
White Marsh
443-442-2300
Medical services and some
specialty care for adults. Sliding
scale for uninsured.

▶ **LOYOLA CLINICAL
CENTERS**
Belvedere Square
410-617-1200
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of audiology, education,
psychological, speech and
language services.

▶ **PARK WEST HEALTH
SYSTEM**
410-542-7800

▶ **PEOPLE'S COMMUNITY
HEALTH CENTER**
410-467-6040

▶ **SHEPHERD'S CLINIC**
410-467-7140

▶ **TOTAL HEALTH CARE**
410-383-8300



HEARING RESOURCES

See also Assistive Technology
and Disability Assistance.

▶ **AT&T NATIONAL CENTER
FOR CUSTOMERS WITH
DISABILITIES**
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▶ **AUDIENT ALLIANCE FOR
ACCESSIBLE HEARING
CARE PROGRAM**
866-956-5400, Press 1
Hearing care for financially
eligible.

▶ **BALTIMORE COUNTY
DEPARTMENT OF HEALTH,
SPEECH, LANGUAGE AND
AUDIOLOGY SERVICES**
Eastern Family Resource
Center
410-887-6443
9100 Franklin Square Drive
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Liberty Family Resource
Center
410-887-0611
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Randallstown 21133

▶ **BELTONE/AUDIO
SERVICES**
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410-879-7737
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▶ **BMS HIGHLANDTOWN
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▶ **COMMUNITY SUPPORT
SERVICES FOR THE DEAF**
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410-597-8806 (TTY)

▶ **GBMC
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CENTER OF EXCELLENCE**
443-849-2151
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▶ **GOVERNOR'S OFFICE
OF THE DEAF AND HARD
OF HEARING**
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▶ **HEAR NOW**
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▶ **HEARING LOSS
ASSOCIATION OF
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410-484-6866 (Baltimore)
301-657-2248
Information and referral about
hearing loss, communication
access and assistive
technology.

▶ **MARYLAND RELAY
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Operators transmit
conversation between hearing
persons and those with
speech or hearing loss. Free
telecommunications equipment
to qualified individuals.

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HEARING RESOURCES - HOME HEALTH SERVICES



► **UNITED STATES VETERANS ADMINISTRATION**
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877-222-8387
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► **VERIZON CENTER FOR CUSTOMERS WITH DISABILITIES**
800-974-6006
www.verizon.com/disabilities
Mobile phone technology for the hearing impaired.

► **TOWSON UNIVERSITY INSTITUTE FOR WELL-BEING HEARING AND BALANCE CENTER**
410-704-3095
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HOME HEALTH SERVICES

The following agencies provide services such as nursing, medical social services, physical therapy, occupational therapy and home health services. Each licensing category has different parameters. Usually the client must pay for aide services; Medicare and other insurance will pay for aides only in limited situations. Some agencies employ staff to provide direct services while other agencies act as a registry, referring care providers to the client. For questions regarding these agencies, call the Office of Health Care Quality (OHCQ) at 410-402-8015.

When bringing a care provider into your home:

- Ask for the payment structure in writing, including whether payment is made to the agency or the care provider. You may be responsible for paying Social Security, IRS withholding taxes, insurance, etc., if you pay the individual directly.
- Request proof that the aide is either covered by Workers Compensation or that the aide is self-insured.
- Confirm the agency is licensed by OHCQ to specifically perform the services that you request, including medication management. The health care workers should be properly trained for the services provided.
- Confirm that a background check has been done on the care provider.
- Request the license or certification of any care provider coming into your home.
- Confirm the agency has Dishonesty Bonding for the care provider or check to see whether your homeowner's insurance will cover any loss that may occur.

(HH) HOME HEALTH AGENCY:

agency accepts patients for skilled care upon a signed order of a physician. Agencies are approved to accept Medicare payment. Can provide many types of services, including physical and occupational therapy.

(RS) RESIDENTIAL SERVICE AGENCY:

agency may have employees to provide services in the home or may contract with health care providers that a client can select.

(NR) NURSING REFERRAL SERVICE AGENCY:

agency refers care providers to clients at the family's request to provide services in the home. Care providers are not employed by the agency.

This list from OHCQ is current as of December 2, 2015.

► **A1 RELIABLE MEDICAL & HEALTHCARE SERVICES, INC (RS)**
410-602-6493

► **A WATCHFUL EYE HOME CARE AGENCY (RS)**
410-905-1226

► **ABEL HEALTH CARE, INC. (RS)**
410-825-0816

► **ABLE HEALTH CARE SERVICES, INC. (RS)**
410-637-3005

► **ABRAHAM HEALTH CARE SERVICES, INC. (RS)**
410-254-3004

► **ABRIVE HOME HEALTH CARE, LLC (RS)**
443-470-2579

► **ABSOLUTE CARE (RS)**
443-990-1227

► **ABSOLUTE CARE SERVICES, LLC (RS)**
443-803-0240

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HOME HEALTH SERVICES

▶ **ABSOLUTE COMPANION CARE (RS)**
410-357-9640

▶ **ABSOLUTE HOME HEALTH CARE, INC. (RS)**
410-580-9100

▶ **ABUNDANT LIFE HOME HEALTH SERVICES, INC. (RS)**
410-917-9433

▶ **ABUNDANT LIFE NURSING SERVICES, INC. (RS)**
443-272-7731

▶ **ABUNDANT LIFE RESTORATION HEALTH CARE, LLC (RS)**
410-701-8814

▶ **ACCESS HOME HEALTH CARE SERVICES, LLC (RS)**
443-813-9540

▶ **ACCESS NURSING SERVICES (RS)**
410-321-5560

▶ **ACTIVE QUALITY CARE, INC. (RS)**
410-901-7694

▶ **ADONAI HEALTHCARE SERVICES, INC. (RS)**
410-521-7004

▶ **ADVANCED HEALTHCARE PROVIDERS, INC. (RS)**
410-655-1202

▶ **ADVANCED HOME CARE SERVICES, INC. (RS)**
410-663-3133

▶ **ALL ABOUT HOME CARE, LLC (RS)**
443-460-2120

▶ **ALL ABOUT YOU HEALTH CARE SERVICES, INC. (RS)**
410-655-6606

▶ **ALL STAFFING, INC. (RS)**
410-486-8650

▶ **ALL THE BEST CARE, LLC (RS)**
410-205-7345

▶ **ALTERNATIVE HEALTH CARE SERVICE, INC. (RS)**
410-769-8094

▶ **AMAZING GRACE RESIDENTIAL SERVICES AGENCY, INC. (RS)**
410-580-0999

▶ **AMAZING HOME HEALTHCARE, INC. (RS)**
443-889-3147

▶ **AME HOME CARE, LLC (RS)**
410-719-6912

▶ **AMEDISYS HOME HEALTH (HH)**
410-686-8413

▶ **AMERICOAST MARYLAND, LLC (RS)**
410-918-0616

▶ **ANGEL HEART HOME HEALTH (RS)**
410-764-2787

▶ **ANGELI DEI HEALTH SERVICES, INC. (RS)**
443-985-5795

▶ **ANGELS HEALTH CARE, INC. (RS)**
410-391-8457

▶ **APPEALING MULTI SERVICES (RS)**
443-414-3704

▶ **ASSERTIVE HOME CARE SERVICES (RS)**
443-675-8097

▶ **ATOSK HEALTHCARE SERVICES, INC. (RS)**
410-321-6826

▶ **AUGUST HOME CARE SERVICES (RS)**
301-742-5533

▶ **AYNJEL HEALTHCARE (RS)**
410-220-8950

▶ **BALTIMORE COUNTY DEPARTMENT OF HEALTH, HOME HEALTH SVCS (HH)**
410-887-2725

▶ **BALTIMORE FAMILY HOME HEALTH CARE SERVICES, LLC (RS)**
443-742-2678

▶ **BALTIMORE NURSES EXCHANGE, INC. (NR)**
410-747-6100

▶ **BAYADA HOME HEALTH, INC. (HH)**
410-823-0880

▶ **BAYADA HOME HEALTH CARE (RS)**
410-944-5999

▶ **BAY VIEW HOMECARE, INC. (RS)**
410-665-0107

▶ **BEING THERE SENIOR CARE (NR)**
410-971-8999

▶ **BESTCARE RESIDENTIAL SERVICES, INC. (RS)**
410-415-6505

▶ **BEYOND HOSPITAL CARE (RS)**
443-473-5489

▶ **BLESSED HOPE HOME CARE SERVICES (RS)**
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▶ **BOLPAT HEALTH SERVICES (RS)**
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▶ BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY (NR, RS)

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▶ BRIGHT ANGELS CARE, LLC (NR)
410-318-6420

▶ BWELL HEALTHCARE, INC. (RS)
410-701-7100

▶ CANTYS HELPING HANDS (RS)
410-449-0244

▶ CAPITAL CITY NURSES (RS)
410-344-7495

▶ CARE FOR U HOME, INC. (RS)
410-961-6850

▶ CARE FROM THE HEART, INC. (RS)
443-564-7878

▶ CAREFIRST HEALTH CARE SERVICES (RS)
410-905-3680

▶ CAREREACH, INC. (RS)
443-540-0779

▶ CARING HEARTS HOME HEALTH CARE, INC. (RS)
240-423-4132

▶ CARING NURSES SERVICE, INC. (RS)
410-638-5588

▶ CELTIC HEALTHCARE (HH)
877-845-3077

▶ CH HOME HEALTH SERVICES, INC. (RS)
443-388-0532

▶ CHESAPEAKE MEDICAL STAFFING (NR, RS)
410-321-4267

▶ CHIKA DIVINE CARE, INC. (RS)
443-405-3647

▶ CHRISTADEL HEALTHCARE SERVICES, INC. (RS)
410-655-5872

▶ CHRISTIAN HEALTHCARE OF MARYLAND, LLC (RS)
410-592-7270

▶ CLEARVIEW MEDICAL SERVICES, LLC (RS)
410-779-9162

▶ COMFORCARE HOME CARE SERVICES (RS)
410-922-6262

▶ COMFORT HEALTHCARE SOLUTIONS (NR)
443-315-4020

▶ COMMUNITY CARE NURSING SERVICES, INC. (RS)
410-665-7566

▶ COMMUNITY HOME HEALTH OF MARYLAND (HH)
410-356-1600

▶ COMMUNITY OF INFINITE POSSIBILITIES, LLC (NR)
443-408-8045

▶ COMPANION HOME CARE, INC. (RS)
410-583-0447

▶ COMPANIONS CARE, LLC (RS)
410-908-2131

▶ COMPASSIONATE CARE NURSING SERVICES (RS)
410-719-0672

▶ COMPASSIONATE HOME HEALTH CARE, INC. (RS)
410-616-9679

▶ COMPREHENSIVE HOME HEALTH SERVICES (HH)
410-529-0078

▶ CORNERSTONE HEALTH CARE AGENCY, LLC (RS)
410-302-8550

▶ COURTNEY CARES NURSING SERVICES, LLC (RS)
410-366-0797

▶ COVENANT HOME HEALTH CARE (RS)
240-353-1334

▶ CROWNHILLS ENTERPRISES, INC. (NR)
410-630-1376

▶ DAR HEALTHCARE SERVICES, LLC (RS)
410-390-2833

▶ DAY BY DAY RESIDENTIAL SERVICES (RS)
443-286-5134

▶ DB HOME HEALTHCARE SOLUTIONS (RS)
410-622-0969

▶ DELIGHT HEALTH CARE SERVICES (RS)
443-527-0700

▶ DEPENDABLE SERVICES GROUP, LLC (NR, RS)
410-444-5500

▶ DIAMOND MEDICAL AND HEALTH SERVICES, INC. (RS)
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HOME HEALTH SERVICES

▶ **DIVINELY GUIDED HEALTH CARE SERVICES (RS)**
410-944-5451

▶ **DOMINION HOME HEALTH SYSTEM (RS)**
410-655-1741

▶ **DOT COORDINATION CARE (NR)**
410-946-6077

▶ **DYNAMIC HEALTH MANAGEMENT, INC. (RS)**
410-254-3910

▶ **DYNAMICS NURSING AGENCY (RS)**
443-518-6017

▶ **ELDERS CHOICE OF MARYLAND, LLC (NR)**
443-762-4676

▶ **ELITE HEALTHCARE NURSING SERVICES, INC. (RS)**
410-455-6418

▶ **ELITE HOME CARE SERVICES (RS)**
410-277-3337

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▶ **EXCEED HOME CARE SERVICES (RS)**
410-238-3179

▶ **EXCEL STAFFING AND PERSONNEL SERVICES, INC. (RS)**
410-747-7293



▶ **EYES ON US AT THE VIEW (NR)**
443-447-6568

▶ **EZER HOME CARE SERVICES (RS)**
443-531-2790

▶ **FAITHFUL NURSES HOME HEALTH CARE (RS)**
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▶ **FAMILY HEALTHCARE SERVICES, LLC (RS)**
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▶ **FLOREN HEALTH CARE SERVICES, INC. (RS)**
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▶ **GBEMISTIC ENTERPRISES, INC. (RS)**
410-961-0151

▶ **GENESIS SELECTCARE (RS)**
410-832-7761

▶ **GENTLE CARE HOME HEALTH SERVICES (RS)**
410-808-5358

▶ **GILMO RESIDENTIAL SERVICES, LLC (RS)**
410-845-8555

▶ **GLOBAL HEALTH CARE GROUP (RS)**
410-663-6313

▶ **GLOBAL HEALTHCARE SYSTEMS, INC. (RS)**
410-296-0180

▶ **GOOD SHEPHERD HEALTH CARE SERVICES (RS)**
443-621-6235

▶ **GRACE HEALTHCARE SERVICE (RS)**
410-444-4748

▶ **GRISWOLD HOME CARE (NR)**
410-988-5094

▶ **GUARDIAN COMMUNITY HEALTH SYSTEM (RS)**
410-800-4572

▶ **HALAG HEALTH SERVICES (RS)**
443-794-1285

▶ **HAMLET SERVICES, LLC (NR)**
443-931-6076

▶ **HEALTH AT HOME (HH, RS)**
410-602-2843

▶ **HEARTS OF GOLD HOME HEALTH AGENCY LLC (NR)**
410-277-0215

▶ **HEARTS OF IRELAND REFERRAL AGENCY, LLC (NR)**
410-321-4785

▶ **HELP AT HOME SERVICES (RS)**
443-275-1524

▶ **HELPCARE, LLC (RS)**
443-857-9882

▶ **HEPHZIBAH CARE SERVICES, LLC (RS)**
240-441-0239

▶ **HOME CALL OF BALTIMORE (HH)**
410-644-0105

▶ **HOME CARE OF BALTIMORE (RS)**
410-978-8236

▶ **HOME HELP MARYLAND, LLC (RS)**
410-566-5015

▶ **HOME HELPERS DIRECT LINK 58679 (RS)**
443-519-4070

▶ **HOME INSTEAD SENIOR CARE (RS)**
410-337-8910

▶ **HOME WITH YOU, LLC (RS)**
410-654-3300

▶ **HOMECARE MARYLAND, LLC (HH)**
410-566-5015

▶ **HOMECARE WORKS, INC. (NR)**
410-602-5101

▶ **HOMESTEAD HEALTH SERVICES (RS)**
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▶ **HOMEWATCH CAREGIVERS OF MARYLAND (RS)**
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▶ **INFINITY HEALTH CARE SERVICES, LLC (RS)**
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▶ **INTERNATIONAL HEALTH CARE SERVICES (RS)**
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▶ **IVORY HOUSE HEALTH SERVICES (RS)**
410-823-3153

▶ **JAMHURI HEALTH CARE SERVICES, INC. (RS)**
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▶ **JERRY'S CARING HANDS (RS)**
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▶ **JOHNS HOPKINS HOME SUPPORT (HH, RS)**
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▶ **JPS HEALTH SERVICES (RS)**
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▶ **KADRIS HEALTHCARE SERVICES (RS)**
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▶ **KESWICK AT HOME, LLC (RS)**
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▶ **LIFE CARE HEALTH SERVICES, LLC (RS)**
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▶ **LIFELINE HEALTHCARE SERVICES, LLC (RS)**
443-255-7893

▶ **LIGHTHOUSE LIFE CARE, LLC (RS)**
202-486-8050

▶ **LIVING WATERS HEALTH SERVICES (RS)**
443-878-6741

▶ **LOVELY HOMECARE, LLC (RS)**
443-422-8373

▶ **LOVING CARE SVCS, INC. (NR)**
410-602-8666

▶ **LOVING HANDS PERSONAL CARE SERVICES (RS)**
443-231-8068

▶ **LPNS (RS)**
410-323-5767

▶ **LUBA'S SERVICES, INC. (RS)**
410-869-7840

▶ **MARGARET'S CARE AGENCY (RS)**
410-864-8333

▶ **MARIC CARE SERVICES, INC (RS)**
443-413-9890

▶ **MARYLAND HOME HEALTH, LLC (HH)**
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▶ **MICHAEL HEALTHCARE SERVICES LLC (RS)**
443-204-2916

▶ **MULTIFOLD HEALTHCARE SERVICES INC. (RS)**
410-585-9550

▶ **NO PLACE LIKE HOME RESIDENTIAL SERVICE AGENCY, LLC (RS)**
443-271-9285

▶ **NORTH AMERICAN HEALTH SERVICES & SUPPLIES, LLC (RS)**
443-821-3995

▶ **NURSES ON DEMAND, INC. (RS)**
443-841-2060

▶ **NURSEZ R US (RS)**
410-844-3127

▶ **NURSING ASSISTANCE HOME CARE, INC. (NR)**
443-850-4829

▶ **NURSING CARE EXPERTS INC. (RS)**
410-667-1254

▶ **NURSING AND HEALTH SERVICES TRAINING CONSULTANTS (RS)**
410-528-5430

▶ **OBIMEM CARING HAND (RS)**
410-419-3358

▶ **OKOJIE HEALTHCARE, INC. (RS)**
410-242-0750

▶ **ONE CHOICE NURSING SERVICES (RS)**
410-536-1026

▶ **OPEFUL HEART HEALTHCARE SERVICES (RS)**
443-280-2515

▶ **OPTIMA HEALTH CARE, INC. (RS)**
443-794-4339

▶ **PARKVILLE NURSING AND REHABILITATION (RS)**
410-661-1582

▶ **P-B HEALTH HOME CARE AGENCY, INC. (HH)**
410-235-1060

▶ **PATHFINDER HEALTH CARE SERVICES (RS)**
410-655-5520

▶ **PATIENCE HEALTH CARE (RS)**
443-801-8693

▶ **PAULSEM HEALTHCARE LLC (RS)**
443-851-0587

▶ **PEACE & LOVE HEALTHCARE SERVICES (RS)**
410-505-8636

▶ **PEOPLE HELPING OTHERS, INC. (RS)**
410-868-0761

▶ **PERSONAL HOME CARE (RS)**
410-486-5330

▶ **PERSONAL TOUCH HOME CARE OF BALTIMORE, INC. (HH, RS)**
410-321-8448

▶ **PETRA HEALTHCARE (RS)**
443-824-9461

▶ **PHENOMENAL CARE, LLC (RS)**
443-801-2967

▶ **PRECIOUS HEARTS COMPANION CARE, INC. (RS)**
410-963-1519

▶ **PREFERRED HOME CARE, LLC (RS)**
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▶ **PRIVATE HOME CARE, LLC (RS)**
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▶ **PROBITY HEALTH, INC. (RS)**
410-383-9977

▶ **PROFESSIONAL HEALTHCARE RESOURCES (HH)**
410-368-2825

▶ **PROGRESSIVE CARE AT HOME (NR, RS)**
410-337-5200

▶ **PROVIDENTIAL HEALTH CARE (RS)**
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443-791-8298

▶ **QUICKSTART HEALTH SERVICES LLC (NR, RS)**
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▶ **REJOICE HEALTH SERVICES (RS)**
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▶ **RELIABLE MEDICAL NURSING SERVICES (RS)**
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▶ **RESORT HEALTH SERVICES (RS)**
410-444-4104



- ▶ **RESPONSIVE HOME CARE (RS)**
410-561-4848
- ▶ **RHEMA HOME HEALTH SERVICES, LLC (RS)**
410-747-1848
- ▶ **RIGHT AT HOME (RS)**
443-371-7145
www.rahmdnorth.net
Available 24/7, no hourly minimum required.
- ▶ **RIGHT AT HOME #1367 (RS)**
443-835-4413
- ▶ **RMG (RS)**
410-466-7711
- ▶ **ROSE TOUCH STAFFING AGENCY, LLC (NR)**
240-441-0265
- ▶ **ROYAL EXPRESS MEDICAL (RS)**
410-298-3431
- ▶ **ROYAL HOME CARE AGENCY, LLC (RS)**
410-825-8977
- ▶ **RSDY HEALTHCARE, LLC (RS)**
410-294-1023
- ▶ **SENIOR HELPERS, LLC (RS)**
410-453-6172
- ▶ **SERENITY HOME CARE, LLC (RS)**
410-833-5423
- ▶ **SHILOH HOMECARE SERVICES (RS)**
410-521-0091
- ▶ **SMITH NURSING AGENCY, INC. (RS)**
410-296-6855
- ▶ **SMITH'S PRIVATE DUTY NURSING (NR)**
410-262-8594
- ▶ **STANDARD INTEGRATED SUPPORT, INC. (RS)**
410-415-7025
- ▶ **STEIN HOME HEALTH CARE (RS)**
443-405-7436
- ▶ **STELLA MARIS HOME HEALTH CARE AND HOSPICE (HH, RS)**
410-252-4500, Ext. 7294
www.stellamaris.org
housing, respite, rehab services available.
- ▶ **SUPERIOR HEALTH SERVICES, LLC (RS)**
443-600-1559
- ▶ **SUPPORT NETWORK, INC. (NR)**
410-788-6334
- ▶ **SUPREME COMPANIONS, IN-HOME CARE & SUPPORT SVCS (RS)**
410-415-6181
- ▶ **SYNERGY HOME CARE OF BALTIMORE (RS)**
410-339-7260
- ▶ **TEAM CARE NURSING SERVICES, INC. (RS)**
410-713-0950
- ▶ **TEMAH HEALTHCARE SERVICES (RS)**
410-521-8000
- ▶ **TENDER HEART HEALTHCARE SERVICES, INC. (RS)**
443-388-4158
- ▶ **THE LISA VOGEL AGENCY (RS, NR)**
410-363-7770
- ▶ **THE NURSE BANK OF MARYLAND, INC (NR)**
410-486-3350
- ▶ **THE NURSE CONCIERGE (NR)**
443-471-6189
- ▶ **TILLER'S PRIVATE DUTY AGENCY, LLC (NR)**
443-226-5932
- ▶ **TONI'S HOME CARE (RS)**
410-277-8550
- ▶ **TOTAL ACCESS HOME HEALTH CARE INC. (RS)**
410-655-3498
- ▶ **TRIBUTE HOME CARE, LLC (RS)**
410-946-8400
- ▶ **TRINITY CARE, INC. (RS)**
443-478-8371
- ▶ **TRULIFE HEALTH SERVICES (RS)**
410-298-3431
- ▶ **TRUSTED HEARTS HOMECARE SOLUTIONS, LLC (RS)**
301-490-3168
- ▶ **TRUSTWORTHY STAFFING SOLUTIONS, LLC (RS)**
410-484-4156
- ▶ **UK NURSING SERVICES, INC. (RS)**
443-228-8133
- ▶ **UNITED MEDICAL CARE (RS)**
443-986-2606
- ▶ **VAUGHAN HOME CARE SERVICES, INC. (RS)**
443-559-6097
- ▶ **VERSATILE HOME HEALTHCARE, LLC (RS)**
410-889-0727
- ▶ **VICENZA HOME CARE SERVICES, INC. (RS)**
410-882-0568
- ▶ **VICTABOL HEALTHCARE AGENCY, LLC (RS)**
410-948-8662
- ▶ **VICTOIRE HEALTH SERVICES (RS)**
410-444-0461
- ▶ **VISITING ANGELS - BALTIMORE EAST (RS)**
410-882-8201
- ▶ **VISITING ANGELS - PIKESVILLE (RS)**
410-218-9506
- ▶ **VISITING ANGELS - TOWSON (RS)**
410-337-7838
- ▶ **VISITING NURSE ASSOCIATION OF MARYLAND (HH)**
410-594-2600
- ▶ **VIVID HOME CARE SERVICE, INC. (RS)**
443-677-3417
- ▶ **WATERMARK HEALTH SERVICES (RS)**
410-262-7321

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► **WE CARE PRIVATE DUTY SERVICES, INC. (NR, RS)**
410-602-3993

► **XAVIER HEALTH SERVICES (RS)**
410-484-0626

HOME CARE (NON-MEDICAL)

These agencies have no licensing requirements. They provide services such as light chores, grocery shopping, errand running, companionship, and more, but without a medical component. Follow the previous guidelines for bringing a care provider into your home regarding payment, Workers Compensation, background checks and bonding.

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**
443-275-2796 (24-Hour Service)
www.brightstarcare.com/baltimore-citycounty/
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► **ELIZABETH COONEY CARE NETWORK**
410-323-1700 (24-Hour Service)
888-353-1700
www.care-network.com
Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► **GRISWOLD HOME CARE**
410-988-5094
800-474-7965
www.griswoldhomecare.com
We're here when you need a helping hand.

► **HOUSEN HEALTH SERVICES**
855-800-4682
301-933-8188
<http://housenhc.com>
Serving veterans for 20+ years, now opening to the community.

HOME HEALTH SERVICES - HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

► **SENIORS HELPING SENIORS**
410-989-3775 (County)
410-650-4778 (City)
www.seniorshelpingseniors.com/westbaltimorecounty
Seniors Helping Seniors...a way to give and to receive@.

HOME REPAIRS, MODIFICATIONS AND ASSISTANCE

See also Assistive Technology and Disability Assistance.

► **ACCESSIBLE HOMES FOR SENIORS**
Maryland Access Point of Baltimore County
410-887-2594
Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point
410-396-2273
www.mdhousing.org
Home modification loans for housing accessibility features. Interest-free, 30 year loans for income eligible individuals 55 and older.

► **ASSISTIVE TECHNOLOGY GUARANTEED LOAN PROGRAM**
410-554-9230
800-832-4827
866-881-7488 (TTY)
Low interest loans for home modifications and assistive devices for persons with disabilities.

► **BALTIMORE CITY DEPARTMENT OF HOUSING AND COMMUNITY DEVELOPMENT REHABILITATION SERVICES**
410-396-3023 (Request Application)
Loan financing to assist low and moderate income homeowners with emergency repairs to their home. Depending on eligibility, loans are provided in the form of deferred, forgivable or below market rates.



► **BALTIMORE CITY DEPARTMENT OF TRANSPORTATION - YOUTH SNOW PROGRAM**
443-984-4095
Offers a snow removal service for persons 65 years and older and/or legally disabled.

► **BALTIMORE ENERGY CHALLENGE**
443-869-2614
Energy reduction education and energy efficient products for Baltimore City residents.

► **BGE SMART ENERGY SAVERS PROGRAM**
800-845-6195
Eligible homeowners can receive free home energy audit and assistance to increase energy efficiency.

► **CHAI: COMPREHENSIVE HOUSING ASSISTANCE INC.**
410-466-1990

► **CIVIC WORKS**
410-366-8533

**BATH
FITTER®**

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IN AS LITTLE AS
ONE DAY

**SAVE \$450
BEFORE 12/31/2016***

Call now or visit bfsave.com/community

1-877-697-1809

*Offer must be used at time of estimate only. May not be combined with other offers or applied to previous purchases. Fixtures and features may be different than pictured. Accessories pictured are not included. Daniel Paul Hemshrodt MD MPL #17499, MD HIC #129995, VA HIC #2705146537, DC HIC #42021300044. Each Franchise Independently Owned And Operated By Mid Atlantic Bath Solutions, LLC

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HOME REPAIRS, MODIFICATIONS AND ASSISTANCE - HOSPICE SERVICES

► **DEVELOPMENTAL DISABILITIES ADMINISTRATION**
410-234-8200

► **EMPOWER MARYLAND LOW INCOME ENERGY EFFICIENCY PROGRAM (LIEEP)**
855-583-8976
Assists eligible households by providing improvements to the home to lower utility bills.

► **HOUSING OPPORTUNITIES**
410-887-3124 (County)
410-396-4151 (City)
Housing Rehabilitation, Emergency Repair Program and Residential Accessibility Modification Program for income eligible residents through low interest loans.

► **HOUSING UPGRADES TO BENEFIT SENIORS (HUBS)**
443-470-9871 (City)
Helps older adults receive aging-in-place home modifications such as grab bars, handrails and structural repairs.

► **KITCHEN SAVER**
800-427-0108
410-363-8283
MHIC# 28743
www.kitchensaver.com
10315 South Dolfield Road
Owings Mills 21117
Making kitchens accessible for safe independent living for 30 years.

► **LEAD SAFE BALTIMORE COUNTY**
410-887-3668
Lead hazard reduction program and education. Criteria and income eligible requirements.



► **LIGHT PROGRAM: LEADING INNOVATION FOR A GREEN AND HEALTHY TOMORROW**
410-396-3023
Screening for 50 plus programs and benefits which include home repair, energy conservation, healthy home improvements, tax credits, employment assistance, health care access and others.

► **MARYLAND HOME IMPROVEMENT COMMISSION**
410-230-6309
Licenses and regulates home improvement contractors and subcontractors.

► **NEIGHBORHOOD REHABILITATION LOAN PROGRAM - PARK HEIGHTS RENAISSANCE**
410-664-4890
Loan to residents in the Park Heights area to provide repairs on aging and slightly distressed homes.

► **REBUILDING TOGETHER**
410-889-2710

► **REMODEL USA**
301-333-6000
MHIC# 125450
www.1800basement.com
605 Hampton Park Boulevard
Capital Heights 20743
Remodel USA...making it home.

► **WEATHERIZATION ASSISTANCE PROGRAM (WAP)**
410-514-7621
855-583-8976
Assistance for low income households with installation of free energy conservation materials to help reduce energy costs. Application also accepted through local agencies.
Baltimore County Community Assistance Network
410-285-4674
Diversified Housing Development
410-496-1214
MD Energy Conservation
866-879-2283
Baltimore City Department of Housing/WAP Program
443-984-1066

CERTIFIED AGING IN PLACE SPECIALISTS (CAPS)

► **HOME BUILDERS ASSOCIATION OF MARYLAND**
410-265-7400 (CAPS Information)

HOSPICE SERVICES

Hospice provides non-curative medical and support services for those with a terminal illness. Services may be provided in the home or in a facility. Insurance may cover most costs. This list from OHCQ is current as of September 2015. Supplemental information is from the Maryland Health Care Commission. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. Please note hospice services below are all authorized to serve Baltimore County and City; they may elect not to serve all jurisdictions.

► **AMEDISYS HOSPICE OF GREATER CHESAPEAKE**
410-686-5635

► **CARROLL HOSPICE**
410-871-8000

► **GILCHRIST HOSPICE CARE**
443-849-8200

► **HEARTLAND HOSPICE SERVICES**
410-719-8670

► **JOSEPH RICHEY HOSPICE/DR. BOB'S PLACE**
410-523-2150

► **PROFESSIONAL HEALTHCARE RESOURCES OF BALTIMORE**
410-368-2825

► **SEASONS HOSPICE & PALLIATIVE CARE OF MARYLAND**
410-594-9100

► **STELLA MARIS**
410-252-4500
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Long-term, hospice, home care, housing, respite, rehab services available.

ASSISTED LIVING FACILITIES OFFERING HOSPICE SUPPORT

► **MAPLES OF TOWSON, THE**
410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
A family owned AL community in the heart of Towson.

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HOSPICE SERVICES - HOSPITALS

NURSING AGENCIES OFFERING HOSPICE SUPPORT

See also Home Health Services and Home Care (Non-Medical).

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service)

www.brightstarcare.com/baltimore-citycounty/
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty homecare: nursing assistants, RN's, LPN's, Joint Commission Accreditation.

► COMFORCARE HOME CARE SERVICES

410-922-6262

www.comforcare.com/baltimore-carroll
9952 Liberty Road
Randallstown 21133
ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service)

888-353-1700
www.care-network.com
1107 Kenilworth Drive, Suite 200
Towson 21204
Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

NURSING HOMES OFFERING HOSPICE SUPPORT

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

HOSPITALS

► BON SECOURS BALTIMORE HEALTH SYSTEM

410-362-3000
2000 West Baltimore Street
Baltimore 21223

► GREATER BALTIMORE MEDICAL CENTER

443-849-2000
443-849-GBMC (4262)
www.gbmc.org
6701 North Charles Street
Baltimore 21204

► JOHNS HOPKINS HOSPITAL

410-955-5000
1800 Orleans Street
Baltimore 21287

► LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL

410-601-2400
2434 West Belvedere Avenue
Baltimore 21215



► MEDSTAR FRANKLIN SQUARE MEDICAL CENTER

443-777-7000
9000 Franklin Square Drive
Baltimore 21237

► MEDSTAR GOOD SAMARITAN HOSPITAL

443-444-8000
5601 Loch Raven Boulevard
Baltimore 21239

► MEDSTAR HARBOR HOSPITAL & HARBOR HOSPITAL LIFE RESOURCE CENTER

410-350-3200
3001 S. Hanover Street
Baltimore 21225

► MEDSTAR UNION MEMORIAL HOSPITAL

410-554-2000
201 East University Parkway
Baltimore 21218

► MERCY MEDICAL CENTER

410-332-9000
301 Saint Paul Place
Baltimore 21202

► NORTHWEST HOSPITAL CENTER

410-521-2200
5401 Old Court Road
Randallstown 21133

► SAINT AGNES HOSPITAL

410-368-6000
900 Caton Avenue
Baltimore 21229

► SINAI HOSPITAL

410-601-9000
2401 West Belvedere Avenue
Baltimore 21215

► UNIVERSITY OF MARYLAND MEDICAL CENTER

800-492-5538
22 South Greene Street
Baltimore 21201

► UNIVERSITY OF MARYLAND MIDTOWN CAMPUS

410-225-8000
827 Linden Avenue
Baltimore 21201

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE

888-4KERNAN
2200 Kernan Drive
Baltimore 21207

► UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER

410-337-1000
7601 Osler Drive
Towson 21204

► VA MEDICAL CENTER

410-605-7000
10 North Green Street
Baltimore 21201



HOSPITAL SUBSPECIALTIES

▶ **GBMC SENIOR SERVICES**
443-849-3714
www.gbmc.org/seniorservices
6701 North Charles Street,
Suite 4501
Baltimore 21204
Full spectrum of care-office
visits, emergency and hospital
care.

HOTLINES

▶ **2-1-1 MARYLAND AT FIRST CALL FOR HELP**
2-1-1
The 24/7 telephone number
for accessing information about
health and human services.

▶ **BALTIMORE CHILD AND ADOLESCENT RESPONSE SYSTEM (B-CARS)**
410-752-2272

▶ **BALTIMORE CITY ADULT PROTECTIVE SERVICES**
410-361-5000 (Adult)
410-361-2235 (Child)

▶ **BALTIMORE CITY CRISIS RESPONSE SYSTEMS**
410-433-5175

▶ **BALTIMORE COUNTY CRISIS RESPONSE SYSTEMS**
410-931-2214
Twenty-four hour crisis and
suicide prevention hotline with
linkage to community treatment
and support.

▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES, 24-HOUR SEXUAL ASSAULT/ DOMESTIC VIOLENCE CRISIS HOTLINE**
410-828-6390
Hotline responding to sexual
assault and domestic violence
calls.

▶ **BALTIMORE COUNTY DEPARTMENT OF SOCIAL SERVICES (SCREENING UNIT)**
410-853-3000
Advocates and provides
protective services for
residents of all ages
through assessments, case
management, residential and
financial services. Provides
information, assistance and
referral for emergency shelter
for homeless individuals.

▶ **CHANA JEWISH FEDERATION OF BALTIMORE**
410-234-0023

▶ **COMMODITY FUTURES TRADING COMMISSION (CFTC)**
202-418-5000

▶ **CRISIS HOTLINE/ EMERGENCY SHELTERS**
410-433-8145

▶ **FEDERAL CITIZEN INFORMATION CENTER (FCIC)**
800-FED-INFO

▶ **FEDERAL COMMUNICATION COMMISSION (FCC)**
888-225-5322 (888-CALL
FCC) Voice: toll-free
888-835-5322 (888-TELL FCC)
TTY: toll-free

▶ **GLBTQ DOMESTIC VIOLENCE PROJECT**
800-832-1901

▶ **HOUSE OF RUTH**
410-889-0840

▶ **INTERNET FRAUD COMPLAINT CENTER**
[www.fbi.gov/scams-safety/
fraud/seniors#if](http://www.fbi.gov/scams-safety/fraud/seniors#if)

▶ **MARYLAND CRISIS HOTLINE**
800-422-0009
Crisis hotline for people of all
ages.

▶ **NATIONAL DO NOT CALL REGISTRY**
888-382-1222

▶ **NATIONAL DOMESTIC VIOLENCE HOTLINE**
800-799-7233 (SAFE)
800-787-3224 (TTY)

▶ **NATIONAL FRAUD INFORMATION CENTER (NFIC)**
800-876-7060

▶ **NATIONAL SEXUAL ASSAULT HOTLINE**
800-656-4673 (HOPE)

▶ **POISON CENTER**
800-222-1222

▶ **TURNAROUND, INC.**
410-828-6390 - (24 Hour
Hotline)
410-377-8111
Counseling and services to
victims of rape, incest, sexual
assault, domestic violence and
human trafficking.

▶ **VETERANS SUICIDE PREVENTION**
800-273-8255

HOUSEKEEPING

See also Home Health Services
and Home Care (Non-Medical).
Additional services may be
required. Please discuss
specific service requirements
with agency.

▶ **COMFORCARE HOME CARE SERVICES**
410-922-6262
[www.comforcare.com/
baltimore-carroll](http://www.comforcare.com/baltimore-carroll)
ComForcare provides care to
help persons thrive in their
home.

▶ **MB HOMECARE**
410-440-9601
410-440-8968
www.mbhomecare.com
Provide compassionate
in-home care to seniors and
disabled adults.

▶ **SENIORS HELPING SENIORS**
410-989-3775 (County)
410-650-4778 (City)
[www.seniorshelpingseniors.
com/westbaltimorecounty](http://www.seniorshelpingseniors.com/westbaltimorecounty)
Seniors Helping Seniors...a way
to give and to receive@.

HOUSING

For additional services/
information call Maryland
Access Point of Baltimore
County at 410-887-2594
or the Baltimore City Health
Department, Division of Aging
and CARE Services at Maryland
Access Point at 410-396-
2273. Please also refer to
[www.baltimorecountymd.gov/
Agencies/aging/housing](http://www.baltimorecountymd.gov/Agencies/aging/housing) and
www.mdhousingsearch.org.

APARTMENTS FOR SENIORS

Eligibility for these apartments
is based on income. Most
units are for persons age 62
and older, although a few
accept younger persons with
disabilities. There are usually no
supportive services. The Eating
Together program is on-site
at designated (*) apartments.
Rents are below market value
and may vary based on building
type, resident's income and
apartment size. Waiting lists
are typical. Contact each facility
for application information.
Some buildings are equipped
with mobility impaired
apartments.

▶ **ABUNDANT LIFE TOWERS***
410-367-5433
3915 Callaway Avenue
Baltimore 21215
99 units, one/two bedrooms.

▶ **ABUNDANT LIFE TOWERS II***
410-233-2002
5110 Baltimore National Pike
Baltimore 21229
60 units, efficiencies/
one-bedroom.

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HOUSING APARTMENTS

► **AHEPA SENIOR HOUSING**
410-732-1275
1351 South Clinton Street
Baltimore 21231
57 units, one/two bedrooms.

► **AIGBURTH VALE SENIOR COMMUNITY**
410-296-6695
212 Aigburth Road
Towson 21286
70 units, one-bedroom.

► **ALCOTT PLACE**
410-466-4960
2702 Keyworth Avenue
Baltimore 21215

► **APOSTOLIC TOWERS**
410-342-1353
201 North Washington Street
Baltimore 21231
149 units, one/two bedrooms.

► **ARLINGTON ESTATES CO-OP**
800-362-0548
www.csi.coop
4601 West Northern Parkway
Baltimore 21215
68 one-bedroom units, elevator.
Affordable rental community for seniors.

► **BASILICA PLACE-CATHOLIC CHARITIES***
410-539-0418
124 West Franklin Street
Baltimore 21201
200 units, one/two bedrooms.

► **BELLVIEW MANCHESTER**
410-462-4186
342 Bloom Street
Baltimore 21217
48 one-bedroom units.

► **BELVEDERE GREEN***
410-433-7255
1651 East Belvedere Avenue
Baltimore 21239
165 units, efficiencies/
one-bedroom.

► **BOLTON HOUSE APARTMENTS**
410-728-3100
1100 Bolton Street
Baltimore 21201
Efficiencies, one/two bedrooms.

► **BOLTON NORTH***
410-462-5433
1600 West Mount Royal Avenue
Baltimore 21217
208 one-bedroom units.

► **BON SECOURS BENET HOUSE**
410-566-0701
400 Millington Avenue
Baltimore 21223
101 units, efficiencies/one-bedroom.

► **BON SECOURS HOLLINS TERRACE**
410-566-2701
1800 Hollins Street
Baltimore 21223
84 units, efficiencies/
one-bedroom.

► **BON SECOURS SMALLWOOD SUMMIT**
410-566-5792
2 North Smallwood Street
Baltimore 21223
90 units, one/two bedrooms.

► **BOWLEYS GARDEN VILLA CO-OP**
800-362-0548
www.csi.coop
5200 Bowleys Lane
Baltimore 21206
78 one-bedroom units, elevator.
Affordable rental community for seniors.




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APARTMENT HOMES FOR THOSE 62 AND BETTER

<p>ANNE ARUNDEL COUNTY</p> <p>Furnace Branch 410-761-4150 Severna Park 410-544-3411</p> <p>BALTIMORE CITY</p> <p>Ashland Terrace 410-276-6440 Coldspring 410-542-4400</p> <p>BALTIMORE COUNTY</p> <p>Catonsville 410-719-9464 Dundalk 410-288-5483 Fullerton 410-663-0665 Miramar Landing 410-391-8375</p>	<p>Randallstown 410-655-5673</p> <p>Rosedale 410-866-1886 Taylor 410-663-0363 Towson 410-828-7185 Woodlawn 410-281-1120</p> <p>EASTERN SHORE</p> <p>Easton 410-770-3070</p> <p>HARFORD COUNTY</p> <p>Bel Air 410-893-0064 Box Hill 410-515-6115</p>	<p>HOWARD COUNTY</p> <p>Colonial Landing 410-796-4399 Columbia 410-381-1118</p> <p>✦ Ellicott City 410-203-9501 Ellicott City II 410-203-2096 Emerson 301-483-3322 Snowden River 410-290-0384</p> <p>PRINCE GEORGE'S COUNTY</p> <p>✦ Bladensburg 301-699-9785 Laurel 301-490-1526 ✦ Laurel II 301-490-9730</p>
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www.ParkViewSeniorLiving.com ✦ = NEWLY RENOVATED

**Call the community nearest you to inquire about eligibility requirements
and to arrange a personal tour or email parkviewliving@sheltergrp.com.**

Professionally managed by The Shelter Group. www.thesheltergroup.com




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HOUSING APARTMENTS

► BROADWAY COURT

410-522-5053
925 North Broadway
Baltimore 21205
47 units.

► CENTER PLACE APARTMENTS

410-285-6666
101 Center Place
Dundalk 21222
160 units, 152 one-bedroom,
8 two-bedroom.

► CHARLES R. UNCLES SENIORS PLAZA

410-523-3890
607 North Pennsylvania Avenue
Baltimore 21201
47 units, one/two bedrooms.

► CHERRY HILL SENIOR MANOR*

410-354-3740
901 Cherry Hill Road
Baltimore 21225
80 units, one/two bedrooms.

► CHRIST CHURCH HARBOR APARTMENTS

410-837-1010
600 Light Street
Baltimore 21230
288 units, efficiencies/one-bedroom.

► COLE GRANT-HIGGS SENIOR APARTMENTS

410-532-1501
1700 North Gay Street
Baltimore 21230
57 units, efficiencies/one-bedroom.

► COURSEY STATION-CATHOLIC CHARITIES

410-242-6167
200 First Avenue
Baltimore 21227
49 units, efficiencies/one-bedroom, 6 disabled.

► COVE POINT APARTMENTS

410-288-2344
7801 Peninsula Expressway
Dundalk 21222
100 units, one/two bedrooms.

► COVE POINT II APARTMENTS

410-288-2344
7795 Peninsula Expressway
Dundalk 21222
48 units, one/two bedrooms.

► DAY VILLAGE

410-284-7100
511 Avondale Road
Dundalk 21222
20 one-bedroom units.

► DEPAUL HOUSE-CATHOLIC CHARITIES*

410-644-8484
3300 Benson Avenue
Baltimore 21227
109 units, one/two bedrooms.

► EDNOR APARTMENTS

410-243-0180
1040 East 33rd Street
Baltimore 21218
110 units, one/two bedrooms.

► EDNOR APARTMENTS II

410-243-4301
1050 East 33rd Street
Baltimore 21218
85 units, one/two bedrooms.

► EPIPHANY HOUSE*

410-323-3040
5610 York Road
Baltimore 21212
33 units, efficiencies.

► ESSEX CO-OP APARTMENTS*

800-362-0548
www.csi.coop
1000 Franklin Avenue
Essex 21221
209 one-bedroom units,
elevator.
Affordable rental community for
seniors.

► EVERALL GARDENS-CATHOLIC CHARITIES

410-444-5837
6100 Everall Avenue
Baltimore 21206
69 one-bedroom units.

► EVERGREEN SENIOR APARTMENTS

410-780-4888
1600 Evergreen Way
Essex 21221
81 one/two bedroom units.

► FAIRBROOKE APARTMENTS

410-272-8880
700 West Bel Air Avenue
Aberdeen 21001
122 units, 114 one/8 two
bedrooms.

► FAIRGREEN SENIOR COMMUNITY

410-642-9080
100 Greenway
Perryville 21903
92 units, 74 one/18 two
bedrooms.

► FAIRSPRING APARTMENTS

410-869-8740
1121 Saint Agnes Lane
Baltimore 21207
100 units, 92 one/8 two
bedrooms.

► FAIRVIEW APARTMENTS

410-658-0488
100 McNamee Lane
Rising Sun 21911
75 units, 67 one/8 two
bedrooms.

► FOXWELL MEMORIAL

410-728-4550
3700 Greenspring Avenue
Baltimore 21215
155 units, one/two bedrooms.

► FRANKLIN SQUARE SCHOOL APARTMENTS

410-947-9000
229 North Mount Street
Baltimore 21223
1 bedroom apartments.

Apartments for ages 62+

LINDEN PARK APARTMENTS

in Bolton Hill

ONE BEDROOM & EFFICIENCY APARTMENT !

IN !
UTILITY !
MAINTENANCE FREE
LIVING !

SENIOR APARTMENTS WITH
\$24 MILLION DOLLARS
IN COMPLETE RENOVATION !

CALL TODAY .

301 McMechen S. . . i

Vouchers accepted

TTY: 711



H

HOUSING - APARTMENTS

▶ GALLAGHER MANSION*

410-435-6988
431 Notre Dame Lane
Baltimore 21212
40 one-bedroom units.

▶ GOLDEN RING CO-OP*

800-362-0548
www.csi.coop
8620 Kelso Drive
Essex 21221
154 one bedroom units,
elevator.
Affordable rental community for
seniors.

▶ GREATER NEW HOPE APARTMENTS

410-225-0003
725 Walbrook Avenue
Baltimore 21216
80 units, efficiencies/one-
bedroom.

▶ GREENS AT ENGLISH COUNSEL, THE

410-789-3000
4120 Oak Road
Halethorpe 21227
90 one/two bedroom units.

▶ GREENS AT LIBERTY ROAD, THE

410-655-1100
9707 Liberty Road
Randallstown 21133
105 one/two bedroom units.

▶ GREENS AT LOGAN FIELD, THE

410-288-2000
3455 Dundalk Avenue
Dundalk 21222
81 one/two bedroom units.

▶ GREENS AT ROLLING ROAD, THE

410-744-9988
1505 North Rolling Road
Catonsville 21228
83 one/two bedroom units.

▶ HANOVER SQUARE APARTMENTS*

410-962-1131
1 West Conway Street
Baltimore 21201
199 one-bedroom units.

▶ HARLEM GARDENS

410-728-4009
1700 Edmondson Avenue
Baltimore 21223
94 units, one/two bedrooms.

▶ HARVEY JOHNSON TOWERS

410-728-1166
1510 West Mosher Street
Baltimore 21217
120 units, efficiencies/one-
bedroom.

▶ HIGHLANDTOWN PLAZA CO-OP

800-362-0548
www.csi.coop
155 Grundy Street
Baltimore 21224
74 one-bedroom units, elevator.
Affordable rental community for
seniors.

▶ HOLY KOREAN MARTYRS-CATHOLIC CHARITIES

410-944-5959
5500 Lexington Road
Baltimore 21207
74 one-bedroom units.

▶ HOPKINS VILLAGE

410-687-2828
3 Brett Court
Essex 21221
164 one-bedroom units.

▶ INDECCO HOUSING

410-276-5114
940 South Lakewood Avenue
Baltimore 21224
45 units, efficiencies/one-
bedroom.

▶ IRVINGTON MEWS

410-644-4487
4300 Frederick Avenue
Baltimore 21223
100 units.

▶ IRVINGTON PLACE APARTMENTS

410-644-0589
4025 Frederick Avenue
Baltimore 21223
One-bedroom senior studios.

▶ JOHNSON SENIOR APARTMENTS

410-837-3383
501 East Preston Street
Baltimore 21202
217 units, efficiencies, one/two
bedrooms.

▶ KESSLER PARK- CATHOLIC CHARITIES

410-247-9244
4230 Hollins Ferry Road
Lansdowne 21227
64 units, efficiencies, one/two
bedrooms.

▶ KIRKWOOD*

410-323-8910
6401 Loch Raven Boulevard
Baltimore 21239
262 one-bedroom units.

▶ LAKEWOOD APARTMENTS*

410-522-7444
1401 Lakewood Avenue
Baltimore 21213
102 units, efficiencies, one/
two-bedroom.

▶ LANVALE TOWERS

410-685-4600
1300 East Lanvale Street
Baltimore 21213
184 units, efficiencies, one/
two/three/four bedrooms.

▶ LEMKO HOUSING

410-342-7200
603 South Ann Street
Baltimore 21231
110 units, efficiencies, one/two
bedrooms.

▶ LIBERTY VILLAGE SENIOR HOUSING

410-523-1113
3000 Towanda Avenue
Baltimore 21215
84 units, one/two bedrooms.

▶ MARLBOROUGH APARTMENTS

410-669-3005
1701 Eutaw Place
Baltimore 21217
227 units, efficiencies/one-
bedroom.

▶ MEADOWS OF REISTERSTOWN, THE

410-526-3380
300 Cantata Court
Reisterstown 21136
80 units.

▶ MEADOWS OF REISTERSTOWN II, THE

410-526-3380
302 Cantata Court
Reisterstown 21136
76 units.

▶ MEMORIAL APARTMENTS*

410-523-0013
301 McMechen Street
Baltimore 21217
260 units, efficiencies/one-
bedroom.

▶ MESSIAH HALL

410-732-1275
1024 South Decker Street
Baltimore 21224
17 units, efficiencies/one-
bedroom.

▶ MONTEVERDE

410-728-4422
2501 & 2503 Violet Avenue
Baltimore 21215
301 units, one/two bedrooms.

▶ MORNINGSIDE SENIOR APARTMENTS

410-356-4798
www.coniferllc.com
104 Pleasant Ridge Drive
Owings Mills 21117
82 units, one/two bedrooms,
elevator.
Must be 62 or older. Income
limits apply.

▶ MORRELL PARK APARTMENTS

410-644-2334
1820 Spence Street
Baltimore 21230
99 units, one/two bedrooms.

▶ MT. CLARE OVERLOOK APARTMENTS*

410-727-4477
833 West Pratt Street
Baltimore 21201
110 units, one/two bedrooms.



Your Life, Enriched



Weinberg Village Community

3430 Associated Way,
Owings Mills, MD 21117
410-356-4660 • weinbergvillage.net

Weinberg Gardens

1500 Bedford Ave., Pikesville, MD 21208
410-602-8200

Weinberg House

16 Old Court Road, Pikesville, MD 21208
410-602-2405

Weinberg Manhattan Park*

5715 Park Heights Ave.
Baltimore, MD 21215
410-466-8080

Weinberg Manor East*

3601 Fords Lane, Baltimore, MD 21215
410-358-5581

Weinberg Manor West

3615 Fords Lane, Baltimore, MD 21215
410-358-9393

Weinberg Manor South*

3617 Fords Lane, Baltimore, MD 21215
410-783-7333

Weinberg Park Assisted Living*

5833 Park Heights Ave.
Baltimore, MD 21215
410-664-0100 • weinbergpark.com

Weinberg Place*

2500 West Belvedere, Baltimore, MD 21215
410-542-4111

Weinberg Terrace

1450 Bedford Ave., Pikesville, MD 21208
410-602-3950

Weinberg Woods

3211 Clarks Lane, Baltimore, MD 21215
410-318-6625

www.WeinbergSeniorLiving.com



**Certain communities are for 62 years of age or older and younger residents with disabilities.*

H

HOUSING - APARTMENTS

► **N.M. CARROLL MANOR***
410-669-4270
701 North Arlington Avenue
Baltimore 21217
99 units, one/two bedrooms.

► **NEW SHILOH VILLAGE APARTMENTS**
410-523-1649
1901 Elgin Avenue
Baltimore 21217
80 units, one/two bedrooms.

► **OAKS AT LIBERTY**
410-466-9267
3501 Howard Park Avenue
Baltimore 21207
One/two bedroom units.

► **OLD COURT ESTATES CO-OP**
800-362-0548
www.csi.coop
5105 Old Court Road
Randallstown 21133
51 one-bedroom units, elevator.
Affordable rental community for seniors.

► **OLIVER PLAZA APARTMENTS**
410-347-9694
1401 East Oliver Street
Baltimore 21213
Efficiencies/one-bedroom.

► **OUR LADY OF FATIMA I-CATHOLIC CHARITIES***
410-631-3555
6424 East Pratt Street
Baltimore 21224
54 one-bedroom units.

► **OUR LADY OF FATIMA II-CATHOLIC CHARITIES**
410-631-6191
200 Kane Street
Baltimore 21224
51 one-bedroom units.

► **OVERBROOK APARTMENTS**
410-465-8611
5717 Edmondson Avenue
Catonsville 21228
67 units, studio/one/two/three bedrooms.

► **OWINGS MILLS NEW TOWN-CATHOLIC CHARITIES**
410-902-8222
9773 Groffs Mill Drive
Owings Mills 21117
68 one bedroom units.

► **PARK HEIGHTS AVENUE APARTMENTS**
410-367-5959
5900 Parks Heights Avenue
Baltimore 21215
100 one-bedroom units.

► **PARK HEIGHTS PLACE**
410-578-3445
5430 Park Heights Avenue
Baltimore 21215
83 one-bedroom units.

► **PARK VIEW AT ASHLAND TERRACE***
410-276-6440
1705 East Eager Street
Baltimore 21205
74 units, one/two bedrooms.

► **PARK VIEW AT CATONSVILLE***
410-719-9464
303 Maiden Choice Lane
Catonsville 21228
101 one-bedroom units.

► **PARK VIEW AT COLDSRING***
410-542-4400
4803 Tamarind Road
Baltimore 21209
99 units, one/two bedrooms.

► **PARK VIEW AT DUNDALK***
410-288-5483
103 Center Place
Dundalk 21222
101 one-bedroom units.

► **PARK VIEW AT FULLERTON**
410-663-0665
4300 Cardwell Avenue
Fullerton 21236
90 one-bedroom units.

► **PARK VIEW AT MIRAMAR LANDING**
410-391-8375
705 Compass Road
Middle River 21220
80 one-bedroom units, 20 two-bedroom units.

► **PARK VIEW AT RANDALLSTOWN**
410-655-5673
3530 Resource Drive
Randallstown 21133
103 one-bedroom units.

► **PARK VIEW AT ROSEDALE**
410-866-1886
1315 Chesaco Avenue
Rosedale 21237
109 units.

► **PARK VIEW AT TAYLOR**
410-663-0363
4102 Taylor Avenue
Baltimore 21236
100 units, one/two bedrooms.

► **PARK VIEW AT TOWSON***
410-828-7185
20 Dunvale Road
Towson 21204
112 units.

► **PARK VIEW AT WOODLAWN**
410-281-1120
2020 Featherbed Lane
Woodlawn 21207
101 one/two-bedroom units.

► **PENN-NORTH PLAZA 8***
410-383-8595
1520 West North Avenue
Baltimore 21217
66 units, efficiencies, one/two bedrooms.

► **POLISH NATIONAL ALLIANCE**
410-732-1100
1627 Eastern Avenue
Baltimore 21231
20 units, efficiencies/one-bedroom.

► **RANDALLSTOWN PAVILION CO-OP**
800-362-0548
www.csi.coop
5109 Old Court Road
Randallstown 21133
76 one-bedroom units, elevator.
Affordable rental community for seniors.

► **RANDALLSTOWN VILLA CO-OP**
800-362-0548
www.csi.coop
5107 Old Court Road
Randallstown 21133
74 one-bedroom units, elevator.
Affordable rental community for seniors.

► **REISTER'S CLEARING-CATHOLIC CHARITIES**
410-517-4994
304 Cantata Court
Reisterstown 21136
68 one-bedroom units.

► **REISTER'S VIEW-CATHOLIC CHARITIES***
410-517-4994
306 Cantata Court
Reisterstown 21136
68 one-bedroom units.

► **RIVER POINT**
410-780-2881
1900 Grove Manor Drive
Essex 21221
120 units, one/two bedrooms.

► **ROLAND VIEW TOWERS EAST**
410-235-3939
3939 Roland Avenue
Baltimore 21211
250 one-bedroom units.

► **ROLAND VIEW TOWERS WEST**
410-889-8255
3838 Roland Avenue
Baltimore 21211
150 two-bedroom units.

► **RUSCOMBE GARDENS APARTMENTS**
410-664-4800
4800 Yellowwood Avenue
Baltimore 21209
150 one-bedroom units.

CATHOLIC CHARITIES SENIOR COMMUNITIES



*Exceptional, affordable apartment communities for older adults
Nurturing a spirit of purpose, wellness and harmony*

Call 443-798-3423 for more information or to request an application.

Tour an apartment and visit us at cc-md.org/senior-communities

- Service Coordination available to all residents at no cost.
- Senior Support Services offered at 9 locations: daily meals, weekly in-home and personal services for an affordable monthly fee.
- In HUD communities, residents pay 30% of their adjusted gross income for rent.
- In tax credit communities*, resident rent is based on the apartment type regardless of individual income. Rents vary from \$505 to \$739, Housing Choice Vouchers and TBRA are accepted, lowering rent further for those who qualify.

Baltimore County

Catonsville

St. Mark's Apartments*

Edgemere

St. Luke's Place

Lansdowne

Kessler Park*
Coursey Station

Nottingham

Village Crossroads I**
Village Crossroads II

Owings Mills

Owings Mills New Town

Pikesville

St. Charles House

Reisterstown

Reister's Clearing
Reister's View

Towson

Trinity House

Woodlawn

Holy Korean Martyrs

Anne Arundel County

Glen Burnie

Arundel Woods

Odenton

Friendship Station
Friendship Village

Baltimore City East Baltimore

Our Lady of Fatima I
Our Lady of Fatima II

Mount Vernon

Basilica Place

Overlea

Everall Gardens*

Violetville

DePaul House
St. Joachim House

Garrett County

Grantsville

Starner Hill

Harford County

Aberdeen

Aberdeen Court

Abingdon

Abingdon Gardens

Answers for the Aging 410 646 0100

Free information and referral source for older adults and their families

* Tax credit community
** HUD/tax credit community



Catholic Charities welcomes people regardless of faith and is an Equal Housing Opportunity provider.

H

HOUSING - APARTMENTS

▶ SALONY HOUSE SENIOR LIVING

410-833-0077
300 Salony Drive
Reisterstown 21136
58 one-bedroom units,
2 two-bedroom.

▶ SHARP-LEADENHALL COURT

410-727-2677
911 Leadenhall Street
Baltimore 21230
155 units, one to four
bedrooms.

▶ SOUTHERN HIGH SCHOOL ELDERLY APARTMENTS

410-528-1195
201 Warren Avenue
Baltimore 21230
49 units, efficiencies/one-
bedroom.

▶ ST. CHARLES HOUSE-CATHOLIC CHARITIES

410-484-6125
11 Church Lane
Pikesville 21208
24 units, efficiencies/one-
bedroom, 3 disabled.

▶ ST. ELIZABETH HALL*

410-252-4500, Press 5, then
Ext. 7385
2300 Dulaney Valley Road
Timonium 21093
200 one-bedroom units, 10
disabled.

▶ ST. ELIZABETH SENIOR HOUSING

410-732-1275
35 North Lakewood Avenue
Baltimore 21224
20 units, efficiencies/one-
bedroom.

▶ ST. JAMES TERRACE APARTMENTS

410-669-0862
827 Arlington Avenue
Baltimore 21217
151 units, efficiencies/one-
bedroom.

▶ ST. JOACHIM HOUSE-CATHOLIC CHARITIES

410-644-8269
3310 Benson Avenue
Baltimore 21227
90 one-bedroom units.

▶ ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES*

410-477-3661
2825 Lodge Farm Road
Edgemere 21219
125 one-bedroom units.

▶ ST. MARK'S APARTMENTS-CATHOLIC CHARITIES

410-788-0972
19 Winters Lane
Catonsville 21228
20 one-bedroom units.

▶ TABCO TOWERS*

410-821-9220
305 East Joppa Road
Towson 21286
120 efficiencies, 80 one-
bedroom units.

▶ TERRACE GARDEN CO-OP

800-362-0548
www.csi.coop
751 West Saratoga Street
Baltimore 21201
88 one-bedroom units, 4 two-
bedroom units, elevator.
Affordable rental community for
seniors.

▶ TRINITY HOUSE-CATHOLIC CHARITIES*

410-825-5288
409 Virginia Avenue
Towson 21286
82 one-bedroom units.

▶ VENABLE APARTMENTS @ STADIUM PLACE

410-338-0661
1030 East 33rd Street
Baltimore 21218
74 one-bedroom units.

▶ VILLAGE CROSSROADS I-CATHOLIC CHARITIES*

410-882-5431
4313 Fitch Avenue
Nottingham 21236
94 one-bedroom units.

▶ VILLAGE CROSSROADS II-CATHOLIC CHARITIES

410-882-2934
4313-B Fitch Avenue
Nottingham 21236
86 units.

▶ VILLAGE OAKS APARTMENTS*

410-747-1344
815 Winters Lane
Catonsville 21228
181 one-bedroom units.

▶ VIRGINIA TOWERS

410-321-9661
500 Virginia Avenue
Towson 21286
150 units.

▶ WABASH ESTATES CO-OP

800-362-0548
www.csi.coop
5500 Wabash Avenue
Baltimore 21215
57 one-bedroom units, elevator.
Affordable rental community for
seniors.

▶ WALKER CO-OP

800-362-0548
www.csi.coop
1 Cooperative Drive
Baltimore 21212
88 one-bedroom units, elevator.
Affordable rental community for
seniors.

▶ WALKER DANIELS HOUSE

410-462-4186
2100-02 Madison Avenue
Baltimore 21217
Efficiencies/one-bedroom.

▶ WALKER MEWS*

410-323-8507
6225 York Road
Baltimore 21212
167 one-bedroom units.

▶ WALKER SENIOR CO-OP

410-377-0200
711 Walker Avenue
Baltimore 21212
88 one-bedroom units.

▶ WARREN PLACE SENIOR APARTMENTS

410-666-1030
10535 York Road
Cockeysville 21030
121 one-bedroom units,
elevator.
Free utilities and cable.

▶ WATERS TOWERS*

410-342-6240
1400 East Madison Street
Baltimore 21205
203 one-bedroom units.

▶ WAYLAND VILLAGE SENIOR APARTMENTS

410-542-4580
3020 Garrison Boulevard
Baltimore 21215
90 units, one/two bedrooms.

▶ WEINBERG COURT AT STADIUM PLACE

410-235-0500
1020 East 33rd Street
Baltimore 21218
One-bedroom units.

▶ WEINBERG GARDENS*

410-602-8200
1500 Bedford Avenue
Pikesville 21208
84 one-bedroom units.

▶ WEINBERG HOUSE*

410-602-2405
16 Old Court Road
Pikesville 21208
116 one-bedroom units.

▶ WEINBERG MANHATTAN PARK APARTMENTS

410-466-8080
5715 Park Heights Avenue
Baltimore 21215
123 units, efficiencies, one/
two bedrooms.

H

HOUSING APARTMENTS - ASSISTED LIVING

► WEINBERG MANOR EAST

410-358-5581
3601 Fords Lane
Baltimore 21215
186 units, efficiencies, one/two bedrooms.

► WEINBERG MANOR SOUTH

410-783-7333
3617 Fords Lane
Baltimore 21215
90 units, one/one with den/two bedrooms.

► WEINBERG MANOR WEST

410-358-9393
3615 Fords Lane
Baltimore 21215
105 units, efficiencies/one-bedroom.

► WEINBERG PLACE*

410-542-4111
2500 West Belvedere Avenue
Baltimore 21215
231 units, efficiencies/one-bedroom.

► WEINBERG TERRACE

410-602-3950
1450 Bedford Avenue
Pikesville 21208
86 one-bedroom units.

► WEINBERG VILLAGE I*

410-581-7878
3420 Associated Way
Owings Mills 21117
75 one-bedroom units.

► WEINBERG VILLAGE II

410-581-3800
3440 Associated Way
Owings Mills 21117
85 units, one/two-bedrooms, one-bedroom w/den.

► WEINBERG VILLAGE III*

410-363-1600
3414 Associated Way
Owings Mills 21117
100 one-bedroom units.

► WEINBERG VILLAGE IV

410-363-8866
3410 Associated Way
Owings Mills 21117
100 units.

► WEINBERG VILLAGE V

410-356-4660
3430 Associated Way
Owings Mills 21117
86 units.

► WEINBERG WOODS

410-318-6625
3211 Clarks Lane
Baltimore 21215
72 one-bedrooms units.

► WESTMINSTER HOUSE

410-837-0180
524 North Charles Street
Baltimore 21218
168 units, efficiencies/one-bedroom.

► WOODBOURNE WOODS

410-433-7255
1650 Woodbourne Avenue
Baltimore 21239
142 units, 23 efficiencies.

► ZION TOWERS*

410-669-3900
1100 Pennsylvania Avenue
Baltimore 21201
210 one-bedroom units.

CONGREGATE HOUSING

APARTMENTS TO MEET SPECIAL NEEDS

Residents live in their own apartments located in senior rental apartment buildings and receive additional services for a fee. Subsidies are available to those who are asset and income eligible. Residents must be able to live independently with the supportive services provided.

► BASILICA PLACE-CATHOLIC CHARITIES*

410-539-0418

► BELVEDERE GREEN*

410-433-7255

► BERNARD MASON

410-396-0488

► DEPAUL HOUSE-CATHOLIC CHARITIES*

410-644-8484

► N.M. CARROLL MANOR*

410-669-4270

► ST. ELIZABETH HALL*

410-252-4500, Press 5, then Ext. 7385

► ST. JOACHIM-CATHOLIC CHARITIES*

410-644-8269

► ST. LUKE'S PLACE APARTMENTS-CATHOLIC CHARITIES*

410-477-3661

► TRINITY HOUSE-CATHOLIC CHARITIES*

410-828-5288

► VILLAGE CROSSROADS I-CATHOLIC CHARITIES*

410-882-5431

► WEINBERG PLACE*

410-542-4111

► WOODBOURNE WOODS

410-433-7255

See previous section (Housing Apartments for Seniors) for addresses.



ASSISTED LIVING PROGRAMS

Provides housing and supportive services, supervision, personalized assistance and/or health-related services to meet the needs of residents who are unable to perform activities of daily living independently, or who need assistance. All Assisted Living (AL) Programs are regulated by the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality. They are licensed to provide a specific level of care, as follows:

*Level 1: Low Level of Care

*Level 2: Moderate Level of Care

*Level 3: High Level of Care

*Most facilities also accept residents at a level of care lower than the maximum for which they are licensed.

Levels of care are determined by a functional assessment. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

All Maryland Assisted Living programs are required by law to include a Disclosure Statement in their marketing materials and to provide information upon request. The Disclosure Statement outlines the services and policies of the assisted living program. Each facility uses the same standardized form which allows consumers to easily compare services.

Visit <http://www.dhmh.state.md.us/ohcq>. Click on *Assisted Living*, then click on *Consumer Information Page*. This will provide links to the Provider Service Disclosure Form and a list of licensed assisted facilities as well as additional information.

**ASSISTED LIVING:
1-4 RESIDENTS**

For a list of homes which house 1 - 4 residents in Baltimore County, call the Maryland Department of Health and Mental Hygiene, Office of Health Care Quality at 410-402-8217, or visit the website at www.dhmf.state.md.us/ohcq (Licensee Directory). Please refer to Baltimore City's listing in the directory which provides 1-4 resident facilities on page 65.

**ASSISTED LIVING:
5-15 RESIDENTS**

Live-in residents must be age 18 or older, requiring a level of care for which an Assisted Living is licensed. The Maryland Department of Health and Mental Hygiene, Office of Health Care Quality surveys homes to ensure compliance with the Code of Maryland regulations for Assisted Living programs. In addition, the Baltimore County Health Department provides Environmental Surveys for county locations only. Senior Assisted Housing subsidy (indicated by *) and Medicaid Home and Community Based Services Programs payment may be available, pending grant funds. This list, from OHCQ, is effective as of November 2015.

▶ 1 STOP ASSISTED LIVING

443-629-2526
1804 Ruxton Avenue
Baltimore 21216
Level unavailable.

▶ 1 STOP ASSISTED LIVING 2

443-629-2526
1311 Luzerne Avenue
Baltimore 21213
Level unavailable.

▶ 1 STOP ASSISTED LIVING 5

443-629-2526
2306 West Lanvale Street
Baltimore 21216
Level unavailable.

▶ 303 N. ROLLING ROAD, LLC*

410-788-6612
303 North Rolling Road
Catonsville 21228
Level 3

▶ A CARING PLACE, INC. OAKLEIGH HOUSE*

410-952-2499
410-592-2711
7700 Oakleigh Road
Parkville 21234
Level 3
Since 1996, homey, private rooms, some with half-baths.

▶ A & W ASSISTED LIVING

410-419-7322
6600 Liberty Road
Baltimore 21207
Level unavailable.

▶ ABC ASSISTED LIVING I

410-488-5468
3403 Southern Avenue
Baltimore 21214
Level unavailable.

▶ ABOUT YOUR CARE, INC.

410-435-1557
801 Beaumont Avenue
Baltimore 21212
Level 2

▶ AGAPE ASSISTED LIVING HOME I

410-325-5940
5706 Denwood Avenue
Baltimore 21206
Level 3

▶ AGAPE ASSISTED LIVING HOME II

410-488-6926
4610 Eugene Avenue
Baltimore 21206
Level 3

▶ ALHAMBRA ASSISTED LIVING FACILITY

410-486-8650
5503 Alhambra Avenue
Baltimore 21212
Level 3

▶ ALL ABOUT LOVE II

410-323-7793
901 Woodbourne Avenue
Baltimore 21212
Level 3

▶ ALL THE BEST CARE ASSISTED LIVING, INC.

410-205-7353
6 Clarendon Avenue
Pikesville 21208
Level unavailable.

▶ ALL TOGETHER NETWORK, INC.

410-902-0069
643 Tunbridge Road
Baltimore 21212
Level 3

▶ ALMOST HOME II ASSISTED LIVING, INC.

410-448-9499
4813 Gwynn Oak Avenue
Baltimore 21207
Level 3

▶ ALMOST LIKE HOME

410-367-5521
4202 Maine Avenue
Baltimore 21207
Level 3

▶ AMBROZEAN ASSISTED LIVING CARE CENTER, INC.

410-367-8800
3800 West Rogers Avenue
Baltimore 21215
Level 3

▶ AMERICAN HOME CARE AND HEALTH SERVICES ASSISTED

410-563-1460
2914 East Federal Street
Baltimore 21213
Level 3

▶ ANGEL CORE HOME OF CARE

410-488-0394
4719 Elison Avenue
Baltimore 21206
Level 3

▶ ANGEL CORE HOME OF CARE AT PARKMONT

410-485-0605
4304 Parkmont Avenue
Baltimore 21206
Level 2

▶ ANGELIC HANDS ASSISTED LIVING

410-878-0374
5801 Clover Road
Baltimore 21215
Level 3

▶ ANGELS AMONG US ASSISTED LIVING FACILITY, INC.*

410-365-1633
12820 Eastern Avenue
Baltimore 21220
Level 3

▶ ANNIE'S HEART OF LOVE

410-689-8111
5410 Hamlet Avenue
Baltimore 21214
Level unavailable.

▶ APRIL SHOWERS ASSISTED LIVING FACILITY, INC.

443-801-2920
3621 Gibbons Avenue
Baltimore 21214
Level unavailable.

▶ ASSISTED LIVING AT BUCKINGHAM MANOR

410-205-7568
4010 Buckingham Road
Baltimore 21207
Level Unavailable.

▶ ASSURANCE CARE PROVIDER SERVICES, LLC

443-857-5012
9100 Meadow Heights Road
Randallstown 21133
Level Unavailable.

▶ AUNT SHUG'S ASSISTED LIVING #2

410-367-0517
4313 Belvieu Avenue
Baltimore 21215
Level 2

H

HOUSING - ASSISTED LIVING

▶ **BEA'S BEAUTIFUL BLESSING, LLC**
 443-873-6986
 3224 Woodring Avenue
 Baltimore 21234
 Level 3

▶ **BEECHWOOD ASSISTED LIVING***
 410-455-0492
 101 North Beechwood Avenue
 Catonsville 21228
 Level 3

▶ **BEST CARE ASSISTED LIVING***
 410-526-2433
 639 Main Street
 Reisterstown 21136
 Level 3

▶ **BETTY'S & DEBBIE'S FAMILY PLACE I**
 410-254-5828
 5411 Walther Avenue
 Baltimore 21214
 Level 3

▶ **BEYOND LOVING CARE, LLC**
 410-245-0439
 4134 West Forest Park Avenue
 Baltimore 21207
 Level unavailable.

▶ **BLESSED HEART, LLC**
 443-642-7266
 1812 East 29th Street
 Baltimore 21218
 Level unavailable.

▶ **CALMING ACRES II**
 410-655-1202
 7205 Glenoak Avenue
 Baltimore 21234
 Level 3

▶ **CARE FROM CARING HEARTS ASSISTED LIVING**
 443-844-1444
 6409 Belair Road
 Baltimore 21206
 Level 3

▶ **CARE MATTERS**
 443-468-2717
 3604 Grantley Road
 Baltimore 21215
 Level unavailable.

▶ **CARE MATTERS ASSISTED LIVING**
 410-653-0846
 4003 Buckingham Road
 Baltimore 21207
 Level unavailable.

▶ **CARING CORNERS I**
 410-496-2589
 9217 Allenswood Road
 Randallstown 21133
 Level 3

▶ **CARING CORNERS III**
 410-922-4646
 9208 Allenswood Road
 Randallstown 21133
 Level 3

▶ **CARING FOR YOU ASSISTED LIVING, LLC**
 410-233-6380
 10 South Gilmor Street
 Baltimore 21223
 Level 2

▶ **CARING HEARTS AT HARFORD, LLC**
 443-919-7388
 4532 Harford Road
 Baltimore 21214
 Level unavailable.

▶ **CARSA HOME ASSISTED LIVING, LLC**
 443-873-6520
 3715 Mary Avenue
 Baltimore 21206
 Level 2

▶ **CHELSEA MANOR, INC.**
 443-465-4247
 2309 Chelsea Terrace
 Baltimore 21216
 Level 3

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 marketing@clvillage.org
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H

HOUSING - ASSISTED LIVING

▶ **CHERYL'S PLACE #1**

410-365-1633
8707 Trumps Mill Road
Baltimore 21237
Level 3

▶ **CLARK MANOR
ASSISTED LIVING HOME**

410-655-0623
9407 Lencrest Road
Randallstown 21133
Level 3

▶ **CLEM AND DOLL II**

443-804-9556
8335 Liberty Road
Baltimore 21244
Level 3

▶ **CLEM AND DOLL
ASSISTED LIVING I**

443-804-9556
8337 Liberty Road
Baltimore 21244
Level 3

▶ **CORNERSTONE
ASSISTED LIVING**

443-415-0846
3617 Fairview Avenue
Baltimore 21216
Level 3

▶ **DAISY GROUP, THE**

410-367-5768
5247 Reisterstown Road
Baltimore 21215
Level 3

▶ **DIVINE CARE ASSISTED
LIVING, INC.**

410-444-1294
4603 Frankford Avenue
Baltimore 21206
Level unavailable.

▶ **DULANEY VALLEY
ASSISTED LIVING AT HUNT
VALLEY***

410-252-3430
10815 Powers Avenue
Cockeysville 21030
Level 3

▶ **DULANEY VALLEY
ASSISTED LIVING, INC. ***

410-252-3430
5001 Carroll Manor Road
Baldwin 21013
Level 3

▶ **EBENEZER HOUSE, LLC**

410-812-8415
5008 Walther Avenue
Baltimore 21214
Level 3

▶ **EDEN'S ASSISTED
LIVING**

410-254-9537
3007 Louise Avenue
Baltimore 21214
Level 3

▶ **ELAINE'S HOME CARE,
INC.**

410-383-0703
803 Chauncey Avenue
Baltimore 21217
Level 3

▶ **EMMANUEL'S HOUSE**

410-415-1425
3104 Windsor Avenue
Baltimore 21216
Level 2

▶ **EMPOWERING LIVES**

410-225-7447
1716 Harlem Avenue
Baltimore 21217
Level 3

▶ **ENHANCING LIVES III**

410-488-1077
4158 Eierman Avenue
Baltimore 21206
Level 3

▶ **ERIKA & ERIC HOME OF
CARE II**

410-233-5546
2400 Roslyn Avenue
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301-644-1604

410-795-8801



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HOUSING - ASSISTED LIVING

▶ **ESTHER'S PLACE AT MONTEBELLO**

410-254-1010
2831 Montebello Terrace
Baltimore 21214
Level 3

▶ **EVERGREEN VALLEY ASSISTED LIVING**

410-252-3430
3009 Evergreen Avenue
Baltimore 21214
Level 3

▶ **FIRST CARE ASSISTED LIVING**

301-705-7909
5801 Kavon Avenue
Baltimore 21206
Level unavailable.

▶ **GEORGIE & JETTA LOVING CARE HOME**

443-769-7573
720 E. 35th Street
Baltimore 21218
Level 3

▶ **GLORIA FRIEND'S HOME***

410-686-0448
929 Back River Neck Road
Baltimore 21221
Level 3

▶ **GOODWIN MANOR INCORPORATED**

410-254-6453
3132 Harview Avenue
Baltimore 21234
Level 2

▶ **GRACE MANOR**

410-944-2790
6729 Windsor Mill Road
Gwynn Oak 21207
Level 3

▶ **GRANS TENDER LOVING CARE, LLC**

443-345-6288
327 Collins Avenue
Baltimore 21229
Level 2

▶ **HABAKKUK 2:3 ASSISTED LIVING**

410-988-3588
3817 Reisterstown Road
Baltimore 21215
Level unavailable.

▶ **HAMPTON MEADOWS, LLC***

410-825-1743
1412 Providence Road
Towson 21286
Level 3

▶ **HAWKINS CHRISTIAN CARE HOME**

410-947-5003
802 Walnut Avenue
Baltimore 21229
Level 3

▶ **HEARTFELT CARE PROVIDERS, LLC**

443-759-6132
3505 Windsor Mills Road
Baltimore 21216
Level 3

▶ **HEAVENLY GRACE ASSISTED LIVING 2**

443-708-5702
3201 Windsor Avenue
Baltimore 21216
Level 3

▶ **HOME CARE SERVICES, LLC**

443-909-9567
3509 Greenmount Avenue
Baltimore 21218
Level unavailable.

▶ **HOME OF TENDER CARE, LLC**

410-448-5685
5315 Norwood Road
Baltimore 21207
Level 3

▶ **HONOR & CHERISH**

410-466-2144
3615 Gwynn Oak Avenue
Baltimore 21207
Level unavailable

▶ **HOPE A HOME OFFERS OPPORTUNITY FOR EACH OTHER**

443-204-2290
607 Woodbourne Avenue
Baltimore 21212
Level 3

▶ **HOPPE HOUSE, LLC**

410-624-3444
2418 West Lanvale Street
Baltimore 21216
Level 2

▶ **HOUSE OF HELPING HANDS, LLC**

443-310-0047
1804 Ashburton Street
Baltimore 21216
Level 2

▶ **HOUSE OF PEACE**

410-542-1797
3725 Belle Avenue
Baltimore 21215
Level 3

▶ **HOUSE OF VICTORY APOSTOLIC HOME CARE**

410-732-3105
3001 Belair Road
Baltimore 21213
Level 3

▶ **INNOCENSE HOME, INC.**

410-665-0664
2911 Echodale Avenue
Baltimore 21214
Level 3

▶ **ISAIAH 43:19 ASSISTED LIVING**

410-457-7446
2631 Quantico Avenue
Baltimore 21215
Level 3

▶ **JOHN 8:12 ASSISTED LIVING**

410-457-7446
2535 Park Heights Terrace
Baltimore 21215
Level 3

▶ **JONES-WILLIAMS FAMILY CARE, INC.**

410-462-1542
3716 Park Heights Avenue
Baltimore 21215
Level 3

▶ **JOSHUA 14-15 ASSISTED LIVING**

410-457-7446
2533 Park Heights Terrace
Baltimore 21215
Level unavailable.

▶ **JOY VILLA**

443-415-8427
506 Cording Avenue
Baltimore 21212
Level 2

▶ **JOYOUS LIVING***

410-344-0020
11130 Philadelphia Road
White Marsh 21162
Level 3

▶ **JOY'S BLESSING I**

410-521-1159
3919 Innerdale Court
Randallstown 21133
Level 3

▶ **JOY'S BLESSING II**

410-496-2135
4122 Tiverton Road
Randallstown 21133
Level 3

▶ **JUST ABOUT FAMILY**

443-552-7574
4222 Penhurst Avenue
Baltimore 21215
Level unavailable.

▶ **KARIMA'S PLACE II**

410-233-5500
2431 Arunah Avenue
Baltimore 21216
Level 2

▶ **KOZY KOTTAGE ASSISTED LIVING, LLC**

410-542-4569
2807 Lawina Road
Baltimore 21216
Level 3

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

Baltimore City MAP at 410-396-2273.

21202

Holbrock Estates- Martin Porres Center
202-3 - 1
800-381-8671

21205

Allen's H
410-563-2080
Covenant Living II
443-910-3965

Covingt

443-510-5380

Elsie's Place

443-388-8327

Gentlemen's Club

Lakewood

443-829-3202

M & G's Total Tender

Loving Care

410-342-8152

Norma's House

410-675-9307

Place We Call Home

410-276-1690

21206

Adassa Assisted Living

410-814-7042

All About You Assisted

Living

410-963-5878

Alpha Assisted Living

410-663-6313

Butterfly Nest Assisted

Living

410-336-5423

Care Blessing Assisted

Living

443-438-4297

Caring Touch, Inc.

410-800-2005

C & L Quality Home Care III

410-488-4025

Cozy House Adult Care 1-2

410-319-7400

Dayspring Gardens LLC

443-708-8792

Dee's House of Care

410-426-3465

Hillcrest Manor

410-426-7603

House of Refuge

443-451-5009

House of TLC

443-759-5346

In Heaven's Hands

410-325-2324

Keeping People Smiling

443-552-6216

Lacy's Assisted Living

410-483-0198

Millie's Personal Care

410-325-4940

New Horizon LLC

443-682-8644

Norma's Place 2 LLC

410-325-3837

Open Arms

410-488-5692

Open Heaven's Assisted

Living 2

410-444-4903

Paige Place

410-485-2414

Pleasant Care

410-325-8174

Sabbath Place

443-844-7815

Uhh Wee, We Care, Inc

410-325-7256

21207

Ella's Quality Care

443-478-7974

Graceful Holdings Living

Assistance

410-367-1650

Habakkuk House

410-367-6857

Honor & Cherish

410-206-9109

Lashae Gloria Home Care

410-370-0705

Mary's Place

443-645-8658

Pleasant Hope

410-664-0911

Prayer Changes Everything

410-542-0583

Touch of Love

410-868-0490

21211

Acts Assisted Living

410-235-3528

21212

Because We Care LLC

443-629-9311

ed

Living

240-210-0991

Concepts for Living II

410-323-6970

Destiny's Place

443-386-5323

Fountain of Life

443-722-7144

Fruitful Love Christian

Home

410-323-9625

410-532-8518

Haven of Refuge LLC

443-438-5926

House of Love

410-433-1005

Julius's Right at Home

Assisted Living

443-459-5677

Third Generation Care at

Lake Walker

410-497-7051

Together We Care Assisted

Living

443-600-0752

21213

1 Stop Assisted Living

443-629-2526

All About Caring

410-327-6023

Amani Z Gifted Hands

Assisted Living

410-908-5254

Believe Homes Inc.

410-522-1505

Bright Horizon Assisted

Living

443-982-2530

Caring for You 2

410-327-0929

Charlie's Angels Assisted

Living

410-276-0956

443-801-6994

Embracing Change

443-804-0778

Grier Alternative Care

Center

410-276-1679

Heart of Angels

443-768-5330

Home for the Blessed Ones

Assisted Living

410-483-6040

Home Quality Care

301-573-9350

Imani Assisted Living Home

443-882-8512

Infinite Care

410-522-1579

Kenyon Springs

410-665-4743

McCaskill's Assisted Living

410-485-9977

Montford Assisted Living

443-983-9918

My Family and Yours

443-362-2216

Quindel's Home of Assisted

Living LLC

443-909-4344

Sense of Peace Assisted

Living

443-682-9717

Su Casa

443-622-3459

Treasure Loved Ones Home

Care LLC

443-559-2150

We Care Assisted Living

410-949-4966

21214

April Showers Assisted

Living

443-801-2920

Cowan's Assisted Living

443-708-3658

Emergency Care 24/7

410-254-1740

Justin's Assisted Living

410-444-1510

Kastles Keep Assisted Living

202-656-9083

Kings Care

443-708-1687

Trust Inc.

410-532-6114

ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

Information provided courtesy of the Baltimore City Health Department, Division of Aging and CARE Services

For additional information, please contact **Baltimore City MAP** at **410-396-2273**.

Walthersville LLC 410-426-0000 21215 A1 Subservient Care 410-466-2616 ADAL 336-655-2667 Angels First Assisted Living 410-383-1873 Angel Hand Assisted Living 443-447-8593 Ann's Place 410-664-2633 At Majestic Care LLC Services II 443-835-4989 Aunt Shug's Assisted Living 410-367-2166 Best Care 410-542-4842 Bethany's Place 410-542-6848 Blessed Day Home Care 202-641-3964 Bridging Hope #1 888-316-1912 Buddy's Assisted Living 443-682-7761 Calming Acres 410-655-1202 Capital Assisted Living Program 410-466-6433 Crystal Home 410-466-2537 Harmony House I 410-664-8034 Harrison's Home Care 410-952-9521 Joy Assisted Living 410-578-1230 Keemer Kare 410-504-9601 LaShae Gloria Home Care 410-370-0705 Lebasac Assisted Living 410-764-2959 Loving Care Home 410-367-5394	Mumsey's Assisted Living 410-655-1555 My Brother's Keeper 410-466-4548 Nurses Hands LLC 443-527-0019 Parker Palace Assisted Living 443-465-2095 Q & C- Your Way Thru-We Make Your Life Easier 443-982-6239 Shelton Personal Care 410-542-6545 Tina's Adult Care 410-466-0804 Touch of Class III 410-664-2904 Welcome Home 410-419-9140 21216 1 Stop Assisted Living 3 443-629-2526 Acts of Love 410-947-2840 Allen House 410-485-1631 Art of Loving Assisted Living 443-373-6081 AW Quality Care II 443-271-8159 Baltimore Treatment Community LLC 443-420-8235 Brinkley Care Assisted Living 443-872-4302 Caring Touch (A) Inc. 410-800-2005 Chambers Nest 410-362-6636 Charles Jr. House 410-664-3359 Chris's Place Assisted Living 443-866-2311 Dee's Assisted Living 410-462-5026 Harmony Houses 443-250-6446	Intuitive Care LLC 443-571-3560 KPS Assisted Living I & II 443-552-6216 My Home Sweet Home LLC 443-220-9517 New Green Life Assisted Living 410-999-7430 PHO Assisted Living 1 410-233-6346 Pulliam Superior Care Assisted Living 410-462-1624 Ray of Light 410-493-6133 Rena's Place 410-367-0934 Rose's of Life 410-601-0150 Tender Care 410-462-5478 Together We Care Assisted Living 443-600-0752 Touch of Class I (A) 410-542-5507 Touch of Class II (A) 410-664-7381 Trinity Arms Assisted Living 443-708-1280 Vision Care Assisted Living 410-945-9510 We Care Home Care 443-278-5241 21217 1 Stop Assisted Living 4 443-629-2526 CA Assisted Living Home 410-977-5743 Calloway House Inc. 443-320-6980 Elison Living 410-357-6203 Forever Love & Care 443-326-4266 Gaddy's Assisted Living 410-207-6174 House of Harmony LLC 443-438-7507	Karima Place 410-599-7038 K.P.S. Karing People Smile 443-854-0160 Love Inc. 410-866-2870 Michael's Creative Care Assisted Living 240-500-4939 Open Arms Assisted Living LLC 443-938-7878 Vision of Glory 410-523-8698 Yelverton Family Services 410-916-8806 21218 Blesseth Home Care 410-433-2168 Brown Park 410-935-7829 Christ Home of Love and Care 410-366-3688 Comfort Zone Assisted Living 410-814-2855 Cyprian Assisted Living 410-235-0837 Ella's Place Inc 410-294-7056 Easter Adult Care Inc. 443-463-7717 Embracing Change Assisted Living II 443-804-0778 Falline Place 410-235-4828 Hanson's Home Care I & II 410-882-8650 410-235-1895 House of Nobles 443-615-1540 Kinfolk Assisted Living 410-243-3076 Kingsway Gardens 410-435-1446 Living Life Assisted Living-Barclay 443-621-7270
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ASSISTED LIVING FACILITIES FOR 1-4 RESIDENTS IN BALTIMORE CITY

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For additional information, please contact **Baltimore City MAP** at 410-396-2273.

Open Arms Assisted Living 443-802-6794	Passionate Care 443-869-3778 <u>21224</u>	He Ain't Heavy Assisted Living 410-258-7632	Bundles of Joy Assisted Living 410-499-7162
Patricia's Assisted Love Care Home 410-338-0328	Comfort Zone LLC 443-744-5368	House of Promise 410-566-4086	Burriss Home Care 410-433-1655
Perfectly Placed Incorporated 443-629-8388	Enhancing Lives LLC 410-982-3435	Lily Ridge Assisted Living 443-835-3142	Concepts for Living 443-858-2344
Sel's Place 410-366-7781	Gentlemen's Quarters I 443-835-2637	Linz Assisted Living 410-566-4969	Debbie's House 410-433-8285
Step from Home 443-414-2503	M & M Assisted Living 410-327-4577 <u>21225</u>	Love is Love 410-646-0518	D'Elana Manor LLC 443-682-9418
Victoria's New Generations Assisted Living 410-243-1430	Ann-Duff 410-945-4820	Mayme's Place 410-361-1776	Golden Age Inn 410-464-0796
<u>21223</u>	TCC Assisted Living 443-750-5191	My Second Home II 410-362-6409	Heavenly Grace Assisted Living 443-271-0884
B-More Assisted Living 410-233-6747	<u>21229</u>	Nick's Place Assisted Living 443-866-2311	Helping Hand/Caring Hearts 410-323-6011
Caring for You Assisted Living 410-233-6380	A And T Quality Care Assisted Living 443-869-3224	NU Directions Assisted Living 410-617-0331	House of Love 410-665-1834
Heart of Phoenix 443-572-1094	Ashley Home I 410-362-0006	Rise and Shine 410-362-2157	Jenny's Home Care II 410-632-7524
Howell's Care Assisted Living 443-762-3211	Avalon Homes LLC 410-233-6122	Scotlands 443-388-9888	Lin's Loving Care Assisted Living 410-532-7845
House of Grace LLC 240-463-1903	Betty's Place of Comfort 443-438-3836	Sem's Haven Assisted Living 410-566-1442	Peachtree Manor Assisted Living 410-433-3622
Jannah Assisted Living 443-453-1688	Clara's Heart 443-415-4330	Unity House Assisted Living 443-708-3462	Pinkett's Assisted Living LLC 410-233-5231
Julia's Place 410-233-3738	Cozy Cove Home Care 410-500-4591	<u>21230</u>	Robbins Nest LLC 443-742-3948
Julie's Assisted Living 443-467-9165	Edna W. Cox Tranquil Pathway House 1&2 410-947-5755 410-842-3661	Grace & Mercy Home Care 919-239-1930	Sara's Christian Home 410-433-8323
Keeper of All Hearts 410-945-9529	Fleming Taylor Assisted Living 410-566-7618	<u>21234</u>	Serenity Care 410-435-3550
KPS Assisted Living 2 443-552-6216	Forever Young Assisted Living 410-852-2654	Eyes on Us at the View 443-447-6568	Tamara Loving Care 410-435-8549
Love & Faith Home Care 443-802-0991	Grace & Joy Assisted Living 410-292-7705	Hands of Love 410-444-9358	Tender Touch Assisted Living 443-271-9285
Parkley Place Assisted Living Care 443-874-2579		Hawkins House 410-426-4985 <u>21239</u>	Valencia's Senior Care Home 410-804-8523
		Belvedere Assisted Living 443-919-2429 443-570-9064	

H

HOUSING - ASSISTED LIVING



▶ **LENNOX ASSISTED LIVING HOME, LLC**
443-986-4820
716 Lennox Street
Baltimore 21217
Level unavailable.

▶ **LIFESPRING, LLC***
410-744-0934
2200 Pleasant Villa Avenue
Catonsville 21228
Level 3

▶ **LIN'S LOVING CARE ASSISTED LIVING II**
410-236-7199
2902 Bayonne Avenue
Baltimore 21214
Level 3



▶ **LIN'S LOVING CARE III**
443-835-3984
4215 Bayonne Avenue
Baltimore 21206
Level unavailable.

▶ **LIVE WELL ASSISTED LIVING SPRINGDALE, LLC**
443-869-4004
4212 Springdale Avenue
Baltimore 21207
Level 3

▶ **LOVE 2 CARE**
443-438-7105
3810 Fernhill Avenue
Baltimore 21215
Level unavailable.

▶ **LOVING TOUCH PERSONAL CARE, INC**
410-944-5451
2229 Southland Road
Baltimore 21207
Level unavailable.

▶ **MA MAISON I***
410-248-0545
9404 Belair Road
Baltimore 21236
Level 3

▶ **MA MAISON II***
410-248-0545
9402 Belair Road
Baltimore 21236
Level 3

▶ **MA MAISON III***
410-248-0545
9412 Belair Road
Baltimore 21236
Level 3

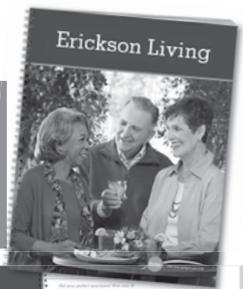
▶ **MABEL'S HOUSE ASSISTED LIVING**
443-983-1188
4205 Liberty Heights Avenue
Baltimore 21215
Level unavailable.

▶ **MAGNOLIA MANOR**
410-788-9146
900 South Rolling Road
Catonsville 21228
Level 3

▶ **MAPLEBROOK HOME, THE**
410-922-4646
8912 Maplebrook Road
Randallstown 21133
Level 3

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Oak Crest | Parkville



EricksonLiving.com

▶ **MARIE'S COMFORT & CARE II, LLC**

410-292-2090
3925 Maine Avenue
Baltimore 21207
Level 3

▶ **MARLEA MANOR**

410-488-3135
4405 Raspe Avenue
Baltimore 21206
Level 3

▶ **MARLYN PLACE, LLC***

410-365-1633
951 North Marlyn Avenue
Baltimore 21221
Level 3

▶ **MARTHA'S PLACE**

410-298-8141
5444 Dogwood Road
Baltimore 21207
Level 3

▶ **MARYLAND LIVING, INC.**

443-680-7231
4610 Springdale Avenue
Baltimore 21207
Level 3

▶ **MAXIMUM ASSISTED LIVING I**

443-802-9553
8419 Allenswood Road
Randallstown 21133
Level 3

▶ **MAXIMUM ASSISTED LIVING II**

443-802-9553
7204 Barlow Court
Woodlawn 21244
Level 3

▶ **MAXIMUM ASSISTED LIVING III**

443-802-9553
4816 Old Court Road
Randallstown 21133
Level 3

▶ **MAYFIELD HOUSE**

410-788-9919
123 Fairfield Drive
Catonsville 21228
Level 3

▶ **MEN ON THE MOVE ASSISTED LIVING**

443-537-5253
3431 Piedmont Avenue
Baltimore 21216
Level unavailable.

▶ **MILFORD MANOR**

443-873-8841
3623 Milford Avenue
Baltimore 21207
Level unavailable.

▶ **MILLENNIUM ASSISTED LIVING, THE**

443-983-3581
1419 Kitmore Road
Baltimore 21239
Level unavailable.

▶ **MISSION POSSIBLE**

443-388-9938
3715 Gwynn Oak Avenue
Baltimore 21207
Level unavailable.

▶ **MISSION POSSIBLE 2**

443-388-9938
4012 Springdale Avenue
Baltimore 21207
Level 2

▶ **MOHAWK MANOR**

443-226-0139
3616 Gwynn Oak
Baltimore 21207
Level unavailable.

▶ **MOSLEY CARE PROVIDER, INC.**

410-655-2685
3515 Melody Lane
Baltimore 21244
Level unavailable.

▶ **MSC FAMILY CARE**

410-814-3302
4400 Belview Avenue
Baltimore 21215
Level 3

▶ **MUMSEY'S RESIDENTIAL CARE**

410-466-3293
3512 Devonshire Drive
Baltimore 21215
Level unavailable.

▶ **MY BROTHER'S KEEPER**

410-466-4548
3502 Dennyln Road
Baltimore 21215
Level unavailable.

▶ **MY CARING ASSISTED LIVING**

410-466-4597
4008 Boarman Avenue
Baltimore 21215
Level 3

▶ **MY HOUSE**

410-484-3278
4168 Crest Heights Road
Baltimore 21215
Level 3

▶ **MY HOUSE 2**

410-484-8720
6612 Dalton Drive
Baltimore 21207
Level unavailable.

▶ **NA'S PLACE, A HAVEN OF REST***

410-682-3540
1604 Browns Road
Baltimore 21221
Level 3

▶ **NETTIE'S GARDEN ASSISTED LIVING, LLC**

410-355-4663
825 Freeman Street
Baltimore 21225
Level unavailable.

▶ **NEW HORIZONS ALF**

443-807-9878
2726 Reisterstown Road
Baltimore 21225
Level unavailable.

▶ **NEW START #1**

410-203-0003
3917 Innerdale Court
Randallstown 21133
Level 3

▶ **NORTH OAKS RETIREMENT COMMUNITY**

410-484-7300
725 Mount Wilson Lane
Baltimore 21208
Level 3

▶ **NOTTINGHAM PLACE**

667-309-6810
3824 Deckerts Lane
Baltimore 21236
Level unavailable.

▶ **OPEN ARMS**

443-919-7457
5005 Sipple Avenue
Baltimore 21206
Level 3

▶ **OPEN HEAVENS ASSISTED LIVING, INC.**

443-850-0114
3006 Fleetwood Avenue
Baltimore 21214
Level 2

▶ **P. J.'S HOUSE OF CARE**

410-466-9022
2909 Woodland Avenue
Baltimore 21215
Level 3

▶ **PALMER HOME CARE FACILITY, INC.**

410-542-8511
3820 West Coldspring Lane
Baltimore 21215
Level 3

▶ **PEACE AND SERENITY ASSISTED LIVING**

410-262-4129
4010 Southern Avenue
Baltimore 21206
Level 1

▶ **PEACE DIAMOND ASSISTED LIVING, INC.**

202-486-7290
3402 Callaway Avenue, #1
Baltimore 21215
Level 3

▶ **PHIL 4:13 ASSISTED LIVING**

410-457-7446
3825 Park Heights Avenue
Baltimore 21215
Level 3

▶ **PHO ASSISTED LIVING II**

410-225-3790
3125 Gwynns Falls Parkway
Baltimore 21216
Level 3



The Baltimore City Housing Department offers services to homeowners in Baltimore City that help people save money on their utility bills, keep their homes warm in winter and cool in the summer, remove lead paint hazards, and repair plumbing, electrical and structural problems. By completing a single application their staff will determine the services you are eligible for and assist you in receiving the help you need.

For more information contact the LIGHT Program at 410-396-3023

Services

Eligibility Requirements

Energy Conservation

Energy-efficiency improvements that lower utility bills and make homes safer and more comfortable.

- DAttic insulation
- DCaulking/air sealing
- DWeather stripping doors/windows
- DHeating system tune-up/repair
- DPipe and hot water heater wraps
- DCompact fluorescent light bulbs

Household Size	Annual Income
----------------	---------------

1	\$23,540
2	\$31,860
3	\$40,180
4	\$48,500
5	\$56,820
6	\$65,140
7	\$73,460
8	\$81,780

*eligibility requirements updated every July 1

Lead Hazard Reduction

Lead remediation for eligible owner- and tenant-occupied properties. Household must include a pregnant woman or child age 6 and under.

- DDoor and window treatment and replacement
- DFloor treatment
- DPaint removal, stabilization and repainting
- DHeating system tune-up/repair
- DOther measures to reduce the risk of lead paint

Household Size	Annual Income
----------------	---------------

1	\$48,000
2	\$55,000
3	\$61,750
4	\$68,500
5	\$74,898
6	\$86,420
7	\$98,766
8	\$111,870

*eligibility requirements updated every October 1

Housing Rehabilitation

Repairs that address emergencies, code violations, and health and safety issues for owner-occupied properties.

- DRoof repair
- DWater and sewer line repair
- DFurnace replacement
- DElectrical repair
- DDisability accessibility modifications
- DPlumbing repair

Household Size	Annual Income
----------------	---------------

1	\$48,000
2	\$55,000
3	\$61,750
4	\$68,500
5	\$74,898
6	\$86,420
7	\$98,766
8	\$111,870

*eligibility requirements updated every July 1

BUY A HOME IN BALTIMORE CITY!



Mayor Stephanie Rawlings-Blake invites you to get hip in Baltimore with **B-HiP!** The Baltimore Homeownership Incentive Program is specifically tailored for Baltimore City homebuyers. From Vacants to Value Booster to Live Near Your Work to Buying Into Baltimore, there's an incentive for everyone. What's also nice about B-HiP is that eligible homebuyers can layer incentive programs. Now that's something to get excited about!

HERE ARE THE DETAILS:

V2V \$10,000 HOMEOWNERSHIP PROGRAM

Eligible homebuyers can get \$10,000 towards closing costs for the purchase of a formerly vacant home. Home must have had a vacant building notice for at least one year prior to rehabilitation.
Email: Michael.Guye@baltimorecity.gov

BUYING INTO BALTIMORE PROGRAM & CITY LIVING STARTS HERE

The Buying into Baltimore incentive has been increased from \$4,000 to \$5,000. Also LiveBaltimore has added 4 neighborhood tours, City Living Starts Here, to the previous 2 citywide tours. The number of incentives awarded has been increased from 60 to 100 per year. Visit: www.LiveBaltimore.com

LIVE NEAR YOUR WORK (LNYW)

The City of Baltimore matches participating employers up to \$2,500.
Email: Daibeth.Saunders@baltimorecity.gov

COMMUNITY DEVELOPMENT BLOCK GRANT

For first-time home buyers with total family income at or below 80% of the area median income, \$5,000 in down payment and closing cost assistance is available.
Email: Marva.Allette@baltimorecity.gov

BALTIMORE CITY EMPLOYEE HOMEOWNERSHIP PROGRAM

The incentive for City employees has been increased from \$3,000 to \$5,000.
Email: Marva.Allette@baltimorecity.gov

For more information about B-HiP, call 410-396-3124 or visit vacantstovalue.org or LiveBaltimore.com.



Stephanie Rawlings-Blake,
Mayor



BALTIMORE
HOUSING
Paul T. Graziano,
Commissioner

H

HOUSING - ASSISTED LIVING

► PHO ASSISTED LIVING III

410-566-2069
1116 North Bentalou Street
Baltimore 21216
Level 3

► PHOENIX RISING, LLC

443-315-6152
6511 Rosemont Avenue
Baltimore 21206
Level 3

► PINWOOD MANOR

443-570-0946
3905 Pinewood Avenue
Baltimore 21206
Level 3

► PINWOODS MANOR

410-655-6441
5606 Old Court Road
Baltimore 21244
Level 3

► PLEASANT GARDEN-CLOVER

410-870-0758
5426 Clover Road
Baltimore 21215
Level 3

► PLEASANT GARDEN-GLENMORE

410-870-0758
3603 Glenmore Avenue
Baltimore 21206
Level 3

► PLEASANT GARDEN-PINWOOD

410-868-7568
3711 Pinewood Avenue
Baltimore 21206
Level 3

► PLEASANT GARDEN I

410-870-0758
409 South Chapelgate Lane
Baltimore 21229
Level 3

► PLEASANT GARDEN II

410-870-0758
411 South Chapelgate Lane
Baltimore 21229
Level 3

► PRAYER CHANGES EVERYTHING ASSISTED LIVING II

410-542-0583
4305 Penhurst Avenue
Baltimore 21215
Level 3

► PRECIOUS PALMS ASSISTED LIVING HOME

410-367-3392
2600 Keyworth Avenue
Baltimore 21215
Level 3

► QUALITY CARE AT BUCKINGHAM MANOR ASSISTED LIVING

443-898-8152
4012 Buckingham Road
Gwynn Oak 21207
Level unavailable.

► RENEWED EASE - A CHRISTIAN HOME

410-435-0083
712 Cator Avenue
Baltimore 21218
Level 3

► ROSEMARIE MANOR II

410-225-7422
3300 Alto Road
Baltimore 21216
Level 3

► ROYAL HEART ASSISTED LIVING FACILITY

443-570-2706
3604 White Avenue
Baltimore 21206
Level unavailable.

► RUTH'S COMFORT & CARE ASSISTED LIVING

410-466-6887
5808 Merville Avenue
Baltimore 21215
Level 3

► SAINT PAUL ASSISTED LIVING

443-315-6152
2128 Saint Paul Street
Baltimore 21218
Level 3



► SECOND GENESIS III

443-463-0449
3737 Courtleigh Drive
Randallstown 21133
Level 3

► SEFTON HOME CARE

410-426-4869
6007 Sefton Avenue
Baltimore 21214
Level 3

► SENIORITY LIVING

443-674-3081
3605 Hillsdale Road
Baltimore 21207
Level unavailable.

► SERENITY GARDEN MANOR CORPORATION

410-362-8832
2311 Roslyn Avenue
Baltimore 21216
Level 3

► SHEKINAH HOME CARE

410-448-4884
5514 Wayne Avenue
Baltimore 21207
Level 3

► SHINING MOON'S ELDER CARE ALF

410-337-0525
1310 Dulaney Valley Road
Towson 21286
Level 3

► SOMEONE ALWAYS WATCHING OVER YOU LLC

443-708-7475
5805 Bland Avenue
Baltimore 21215
Level unavailable.

► SPECIALIZED HOME CARE

410-532-1991
501 East 41st Street
Baltimore 21218
Level 3

► ST. CHARLES PLACE, INC.

410-664-2196
5246 Saint Charles Avenue
Baltimore 21215
Level 3

► ST. JUDE CARE ASSISTED LIVING

443-760-2862
2500 West Rogers Avenue
Baltimore 21215
Level unavailable.

► ST. PAUL ASSISTED LIVING

443-812-6161
2128 St. Paul Street
Baltimore 21218
Level 3

► STERLING HOSPITALITY, LLC

410-318-8999
7015 Park Heights Avenue
Baltimore 21215
Level 3

► STUMP'S HOME, INC.

410-367-5513
2301 Oswego Avenue
Baltimore 21215
Level 3

H

HOUSING - ASSISTED LIVING



► **SUDBROOK PARK ASSISTED LIVING***
410-653-3480
600 Sudbrook Road
Pikesville 21208
Level 3

► **SUPERIOR HOME CARE FOR THE ELDERLY**
410-664-8605
3910 Milford Avenue, 1st Floor
Baltimore 21207
Level 3

► **SWEET REST AND CARE II, INC.**
410-669-7200
3010 Clifton Avenue
Baltimore 21216
Level 3

► **T&T ASSISTED LIVING**
410-466-2551
4309 Belvue Avenue
Baltimore 21215
Level 3

► **T&T ASSISTED LIVING II**
410-365-2166
4306 Belvue Avenue
Baltimore 21215
Level 3

► **TAYLOR CARE, LLC**
443-676-5999
4119 Penhurst Avenue
Baltimore 21215
Level 3

► **TAYLOR MADE ASSISTED LIVING CENTER II**
410-299-2016
1714 East 33rd Street
Baltimore 21218
Level 3

► **TENDER LOVE & CARE**
410-254-5948
1629 East 31st Street
Baltimore 21218
Level 3

► **TRINITY ARMS ASSISTED LIVING**
443-708-1280
4122 Duvall Avenue
Baltimore 21216
Level unavailable.

► **TRINITY ARMS ASSISTED LIVING II**
443-708-1280
2800 Mosher Street
Baltimore 21216
Level 2

► **TURNAGE HOUSE, THE**
443-345-7271
5947 Central Avenue
Baltimore 21207
Level 3

► **TWO CHARMS**
443-874-7413
3702 Gwynn Oak Avenue
Baltimore 21207
Level 3

► **TYRELL'S HOUSING, LLP**
410-701-7702
3425 Chapman Road
Randallstown 21133
Level 3

► **VILLA AT CAMPFIELD, THE**
410-484-2478
7117 Campfield Road
Baltimore 21207
Level 2

► **VISION CARE ASSISTED LIVING**
410-945-9510
2127 Mount Holly Street
Baltimore 21216
Level unavailable.

► **VISION OF GLORY**
410-523-8698
2235 Brookfield Avenue
Baltimore 21217
Level unavailable.

► **VORIZEN ASSISTED LIVING II**
410-580-1309
825 Milford Mill Road
Pikesville 21208
Level 3

► **WASHINGTON'S NEST**
410-254-6407
3006 Beverly Road
Baltimore 21214
Level 3

► **WAY OF HOPE, INC.**
410-794-9094
2927 Winchester Street
Baltimore 21216
Level 3

► **WEST WAY ASSISTED LIVING**
443-220-7193
5252 Saint Charles Avenue
Baltimore 21215
Level 3

► **WOODHOLME MANOR, LLC***
410-415-5873
101 Woodholme Avenue
Pikesville 21208
Level 3



ASSISTED LIVING - 16+ RESIDENTS

See also Memory Care.

This category provides housing options for frail adults in facilities with 16 or more individuals. These facilities receive regular monitoring by state and local government agencies. See RETIREMENT COMMUNITIES for additional Assisted Living programs. Some facilities specialize in caring for residents with Alzheimer's disease or memory impairment. Information below was obtained from OHCC. Please contact the facility for additional information.

► **ARDEN COURTS OF PIKESVILLE**
410-415-5600
8909 Reisterstown Road
Pikesville 21208
45 units, Level 3

► **ARDEN COURTS OF TOWSON**
410-847-9400
8101 Bellona Avenue
Towson 21204
60 units, Level 3

► **ATRIUM VILLAGE**
410-363-0330
4730 Atrium Court
Owings Mills 21117
93 units, Level 3

► **AUGSBURG LUTHERAN HOME MARYLAND**
410-486-4573
6811 Campfield Road
Baltimore 21207
64 units, Level 3

► **BRIGHTVIEW CATONSVILLE**
410-788-5001
912 South Rolling Road
Catonsville 21228
95 units, Level 3

► **BRIGHTVIEW MAYS
CHAPEL RIDGE**

410-628-2100
12261 Roundwood Road
Lutherville-Timonium 21093
89 units, Level 3

► **BRIGHTVIEW PERRY
HALL**

410-529-1903
9657 Belair Road
Nottingham 21236
65 units, Level 3

► **BRIGHTVIEW ROLLING
HILLS**

443-840-9154
848 South Rolling Road
Catonsville 21228
69 units, Level unavailable.

► **BRIGHTVIEW TOWSON**

410-296-3320
20 East Burke Avenue
Baltimore 21284
100 units, Level 3

► **BRIGHTVIEW WHITE
MARSH**

410-668-1588
8100 Rossville Boulevard
Baltimore 21236
99 units, Level 3

► **BROOKDALE
PIKESVILLE**

410-580-0892
1840 Reisterstown Road
Pikesville 21208
116 units, Level 3

► **BROOKDALE TOWSON**

410-377-2100
6451 North Charles Street
Towson 21212
92 units, Level 3

► **CARITAS HOUSE
ASSISTED LIVING**

410-646-6600
3308 Benson Avenue
Baltimore 21227
60 units, Level 2

► **CHARLESTOWN
RENAISSANCE GARDENS**

410-247-3400
709 Maiden Choice Lane
Catonsville 21228
199 units, Level 3

► **CHARLOTTE HALL
VETERANS HOME**

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
168 units, Level 3
Income based assisted living,
LTC nursing, rehabilitation and
memory care.

► **COLLEGE MANOR**

410-252-0440
300 West Seminary Avenue
Lutherville 21093
80 units, Level 3

► **EDENWALD**

410-823-1349
800 Southerly Road
Towson 21286
88 units, Level 2

► **ESTHER'S PLACE AT
STRATHMORE**

410-254-1010
2901 East Strathmore Avenue
Baltimore 21214
16 units, Level 3

► **ESTHER'S PLACE, INC.**

410-254-1010
2926 Harford Road
Baltimore 21218
40 units, Level 3

► **ESTHER'S PLACE -
PINWOOD**

410-254-1010
2802 Pinewood Avenue
Baltimore 21214
16 units, Level 3

► **GLEN MEADOWS
RETIREMENT COMMUNITY**

410-592-5310
11630 Glen Arm Road
Glen Arm 21057
48 units, Level 3

► **GLYNN TAFF ASSISTED
LIVING**

443-604-4166
5741 Edmondson Avenue
Catonsville 21228
47 units, Level 2

► **GRACIOUS LIVING OF
REISTERSTOWN, LLC**

410-944-2790
64 Main Street
Reisterstown 21136
Level 3

► **GREENFIELD SENIOR
LIVING OF COCKEYSVILLE**

410-683-2400
10881 York Road
Cockeysville 21030
16 units, Level 3

► **GREENFIELD SENIOR
LIVING OF COCKEYSVILLE**

410-683-1600
10883 York Road
Cockeysville 21030
16 units, Level 3

► **HEART HOMES AT
LUTHERVILLE I***

410-494-4363
1414 Front Avenue
Lutherville 21093
16 units, Level 3

► **HEART HOMES AT
LUTHERVILLE II***

443-336-2091
1420 Front Avenue
Lutherville 21093
16 units, Level 3

► **KESWICK MEMORY
CARE**

410-662-4218
700 West 40th Street
Baltimore 21211
44 units, Level 3

► **LAMPLIGHT INN OF
BALTIMORE**

410-225-9337
3855 Greenspring Avenue
Baltimore 21211
120 units, Level 3

► **LIGHTHOUSE SENIOR
LIVING AT HOPKINS CREEK**

410-918-0400
1813 Old Eastern Avenue
Baltimore 21221
97 units, Level 3

► **MAPLES OF TOWSON,
THE**

410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
60 units, Level 3
A family owned AL community
in the heart of Towson.

► **MARYLAND MASONIC
HOMES**

410-764-2771
300 International Circle
Cockeysville 21030
110 units, Level 2

► **MORNINGSIDE HOUSE
AT SATYR HILL**

410-882-0700
www.morningsidehouse.com
8800 Old Harford Road
Parkville 21234
125 units, Level 3
Assisted living, dementia and
Alzheimer's care, rehabilitation
and respite care.

► **OAK CREST VILLAGE,
INC.**

410-882-3295
8832 Walther Boulevard
Parkville 21234
173 units, Level 2

► **PARADISE ASSISTED
LIVING, LLC**

410-744-8433
6348 Frederick Road
Catonsville 21228
45 units, Level 3

► **PEREGRINE'S LANDING
AT TUDOR HEIGHTS**

410-318-8000
7218 Park Heights Avenue
Pikesville 21208
64 units, Level unavailable.



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HOUSING - ASSISTED LIVING - RETIREMENT COMMUNITIES

► PICKERSGILL RETIREMENT COMMUNITY

410-825-7423
615 Chestnut Avenue
Towson 21204
138 units, Level 2

► PRESBYTERIAN HOME OF MARYLAND

410-823-4622
400 Georgia Court
Towson 21204
78 units, Level 3

► QUAIL RUN ASSISTED LIVING

410-529-9400
9900 Walther Boulevard
Baltimore 21234
16 units, Level 3

► QUAIL RUN ASSISTED LIVING #1

410-529-9400
9906 Walther Boulevard
Baltimore 21234
16 units, Level 3

► QUAIL RUN ASSISTED LIVING #2

410-529-9400
9904 Walther Boulevard
Baltimore 21234
16 units, Level 3

► QUAIL RUN ASSISTED LIVING #4

410-529-9400
9902 Walther Boulevard
Baltimore 21234
16 units, Level 3

► ROLAND PARK PLACE, INC.

410-243-5800
830 West 40th Street
Baltimore 21211
41 units, Level 3

► ROSEMARIE MANOR-ASHBURTON

410-664-7800
3809 Belle Avenue
Baltimore 21215
16 units, Level 3

► ROSEMARIE MANOR-LONGWOOD

410-493-2642
3333 Alto Road
Baltimore 21216
16 units, Level unavailable.

► ROSIE'S ASSISTED LIVING

410-466-2470
2449-2451 Shirley Avenue
Baltimore 21215
20 units, Level 3

► SAINT JOHN'S COMMUNITY

410-276-7676
16 South Patterson Park Avenue
Baltimore 21231
32 units, Level 3

► SAINT MARTIN'S HOME

410-744-9367
601 Maiden Choice Lane
Catonsville 21228
18 units, Level 3

► SERENITY MANOR, INC.

410-728-3737
1802 Eutaw Place
Baltimore 21217
26 units, Level 3

► SPRINGHOUSE OF PIKESVILLE

410-486-5500
8911 Reisterstown Road
Pikesville 21208
105 units, Level 3

► SPRINGWELL SENIOR LIVING

410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
151 units, Level 3
Beautifully appointed apartments in a warm, caring community.

► ST. STEPHEN'S GREEN AT MERCY RIDGE

410-561-0200
www.mercyridge.com
2525 Pot Spring Road
Timonium 21093
49 units, Level 2
Maintain your independence by choosing the right assisted living community.

► SUNRISE OF PIKESVILLE

410-602-0033
3800 Old Court Road
Pikesville 21208
96 units, Level 3

► SYMPHONY MANOR ASSISTED LIVING AND MEMORY CARE

410-235-4301
4301 Roland Avenue
Baltimore 21210
69 units, Level 3

► TUDOR HEIGHTS SENIOR LIVING

410-318-8000
7218 Park Heights Avenue
Baltimore 21208
64 units, Level 3

► VICTORIAN INN, INC.

410-688-1433
3216 Taylor Avenue
Baltimore 21234
16 units, Level 3

► WEINBERG PARK

410-664-0100
www.weinbergpark.com
5833 Park Heights Avenue
Baltimore 21215
36 units, Level 2
Affordable assisted living in northwest Baltimore.

► WOODHOLME GARDENS ASSISTED LIVING AND MEMORY CARE

410-580-1400
1700 Woodholme Avenue
Pikesville 21208
88 units, Level 3

► WOODLANDS ASSISTED LIVING, THE*

410-918-2139
1320 Windlass Drive
Baltimore 21220
70 units, Level 3

RETIREMENT COMMUNITIES

There are many types of communities dedicated to older residents. The age and criteria for entering these facilities varies.

CONTINUING CARE RETIREMENT COMMUNITIES

Provides access to total care from independent living through assisted living and nursing home care. An up-front fee plus a monthly fee is usually required. Various contract options are available.

► AUGSBURG LUTHERAN HOME & VILLAGE

410-486-4573
6811 Campfield Road
Baltimore 21207

► BLAKEHURST

410-296-2900
1055 West Joppa Road
Towson 21204

► BROADMEAD

410-527-1900
13801 York Road
Cockeysville 21030

► CHARLESTOWN

410-737-8830
715 Maiden Choice Lane
Catonsville 21228

► EDENWALD

410-823-1349
www.edenwald.org
800 Southerly Road
Towson 21286
Extraordinary senior living in the heart of Towson.

H - I

HOUSING - RETIREMENT COMMUNITIES - IDENTIFICATION PROGRAMS

► **GLEN MEADOWS
RETIREMENT COMMUNITY**
410-592-5310
11630 Glen Arm Road
Glen Arm 21057

► **MARYLAND MASONIC
HOMES**
410-527-1111
300 International Circle
Cockeysville 21030

► **MERCY RIDGE**
410-561-0200
2525 Pot Spring Road
Timonium 21093

► **NORTH OAKS SENIOR
LIVING COMMUNITY**
410-486-9090
725 Mount Wilson Lane
Baltimore 21208

► **OAK CREST**
410-665-2222
8820 Walther Boulevard
Parkville 21234

► **PICKERSGILL
RETIREMENT COMMUNITY**
410-825-7423
615 Chestnut Avenue
Towson 21204

► **ROLAND PARK PLACE**
410-243-5800
830 West 40th Street
Baltimore 21211

SENIOR HOUSING RETIREMENT COMMUNITIES

Provides meals and limited services to keep residents living independently. Assisted living units are also available. There is a one-time application fee and a yearly rental lease.

► **ATRIUM VILLAGE**
410-363-0330
4730 Atrium Court
Owings Mills 21117

► **BRIGHTVIEW MAYS
CHAPEL RIDGE**
410-628-2100
12261 Roundwood Road
Timonium 21093

► **EMERALD ESTATES**
410-225-9337
3855 Greenspring Avenue
Baltimore 21211

► **SPRINGWELL SENIOR
LIVING**
410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
Beautifully appointed
apartments in a warm, caring
community.

OTHER HOUSING OPTIONS

See also Financial Counseling,
Financial Resources and
Reverse Mortgages.

► **ACCESSIBLE HOMES
FOR SENIORS**
www.mdhousing.org
A 30 year deferred interest-free
loan to finance accessibility
improvements. See Financial
Eligibility Guidelines.

► **BALTIMORE CITY
HOUSING OFFICE**
410-396-3225
Rental assistance programs for
eligible low income persons.

► **BALTIMORE COUNTY
HOUSING OFFICE**
410-853-8990
Rental assistance programs for
eligible low income persons.

► **CATHOLIC CHARITIES
SENIOR COMMUNITIES**
443-798-3423
www.cc-md.org/senior-communities
Exceptional, affordable
apartment communities for
older adults.

► **CHAI**
410-466-1990
Housing and community
development agency of The
Associated.

► **DEPARTMENT OF
SOCIAL SERVICES, ADULT
FOSTER CARE**
410-853-3511 (County)
443-423-5800 (City)
Services to older adults and/or
persons with disabilities who do
not require nursing home care
and cannot live independently.
Subsidies may be available.

► **DEPARTMENT OF
SOCIAL SERVICES,
PROJECT HOME**
410-853-3511 (County)
443-423-6600 (City)
Supervised residential services
for adults with chronic mental
illness, persons with disabilities
and frail older adults.

► **MARYLAND
DEPARTMENT OF
HOUSING AND
COMMUNITY
DEVELOPMENT,
HOMEOWNERSHIP FOR
INDIVIDUALS WITH
DISABILITIES**
410-514-7520
Low interest rate mortgages
to eligible homebuyers with
disabilities.

► **MARYLAND HEALTH
CARE COMMISSION**
410-764-3460
www.mhcc.maryland.gov (Click
Consumers)
Reviews and compares nursing
homes, assisted living facilities
with 10 or more beds, health
plans and hospitals.

► **MY SISTER'S PLACE**
410-727-3523
Housing assistance, education
and life skills training, case
management, financial
assistance and food to women
and children.

► **NET EQUITY FINANCIAL,
INC.**
Bill Peterson
NMLS# 104372
443-725-3543
www.netequitymtg.com
4940 Campbell Boulevard,
Suite 210
Nottingham 21236
A family-oriented, trustworthy,
SeniorChecked® financial
organization here for you.

► **NORTHWEST
NEIGHBORS CONNECTING**
410-662-6620
Provides community support.

► **SNAPFORSENIORS™**
www.snapforseniors.com
Nationwide housing information
for older adults.

► **ST. AMBROSE
HOMESHARING**
410-366-6180
Matching services to link those
who need housing with those
who have housing. Fees.

► **WWW.
MDHOUSINGSEARCH.ORG**
Lists rental units with vacancies
and other information. Updated
daily.

IDENTIFICATION PROGRAMS

See also Medical Alert Systems.

► **MEDICALERT®**
888-572-8566
Identification bracelet or
pendant containing medical
history for use by emergency
personnel.

► **MEDICALERT® + SAFE
RETURN**
888-572-8566
Identification bracelet or
pendant to be worn by memory-
impaired individuals who may
wander.

I

IMMIGRANT AND REFUGEE SERVICES - IN-HOME LAB SERVICES

IMMIGRANT AND REFUGEE SERVICES

► **ADELANTE FAMILIA**

410-732-2176
3734 Eastern Avenue
Baltimore 21224
Community outreach to prevent domestic violence and provide intervention services for Spanish speaking residents.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, LANGUAGE INTERPRETER SERVICE**

410-396-2273

► **BALTIMORE CITY PUBLIC LIBRARIES -CENTRAL**

410-396-5430
To obtain library locations that have Spanish and Russian materials.

► **BALTIMORE COUNTY DEPARTMENT OF AGING, LANGUAGE INTERPRETER SERVICE**

410-887-2594
Maryland Access Point of Baltimore County utilizes a telephone language interpreter service for up to 140 different languages.

► **BALTIMORE COUNTY PUBLIC LIBRARY**

(See also Libraries)
www.bcpl.info
Books available in:
Korean – Cockeysville, Parkville and Woodlawn
Russian – Owings Mills, Pikesville and Reisterstown
Spanish – Arbutus (Children’s Spanish), Catonsville, Cockeysville (Children’s Spanish), Essex, Towson and Woodlawn

► **BALTIMORE DISTRICT OFFICE OF U.S CITIZENSHIP AND IMMIGRATION SERVICES**

800-375-5283

► **BALTIMORE IMMIGRATION LEGAL CLINIC, WORLD RELIEF**

410-244-0002
Legal consultation provided in Spanish and English for immigration matters.

► **BALTIMORE RESETTLEMENT CENTER**

410-327-1885
Resources for refugees and asylees.

► **CASA DE MARYLAND: BALTIMORE WORKERS RIGHTS CENTER**

410-732-7777

► **CATHOLIC CHARITIES IMMIGRATION LEGAL SERVICES AT THE ESPERANZA CENTER**

410-534-8015
Assists with immigration and naturalization issues, legal services, health care, employment, English and citizenship classes.

► **COMMUNITY COLLEGE OF BALTIMORE COUNTY, CONTINUING EDUCATION, ENGLISH AS A SECOND LANGUAGE**

443-840-3748
ESOL classes at various County locations.

► **GOVERNOR’S COMMISSION ON ASIAN/PACIFIC AMERICAN AFFAIRS**

410-767-7138
Information and referral for Asian and Pacific refugees and immigrants.

► **GOVERNOR’S COMMISSION ON HISPANIC AFFAIRS**

410-767-7425
Information and referral for Hispanic immigrants.

► **JEWISH COMMUNITY SERVICES, HIAS SERVICES**

410-466-9200
Assists with immigrant and refugee resettlement.

► **KOREAN RESOURCE CENTER**

410-203-1111
Offers English, technology/ social networking services, health promotion classes, youth internships, senior employment support and assistance with health enrollment.

► **LUTHERAN SOCIAL SERVICE, REFUGEE & IMMIGRATION SERVICES**

410-558-3168

► **MARYLAND OFFICE FOR REFUGEES AND ASYLEES (MORA)**

410-327-1885
Assists refugees in resettlement.

► **MARYLAND PUBLIC JUSTICE CENTER**

410-625-9409

► **U.S. CITIZENSHIP AND IMMIGRATION SERVICES (CIS)**

800-375-5283
www.uscis.gov
Immigration information, forms and procedures for citizenship.

► **UNIVERSITY OF MARYLAND, IMMIGRATION LAW CLINIC**

410-706-3295
Student-attorneys provide pro bono immigration legal services.

IN-HOME LAB SERVICES

► **BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY**

443-275-2796 (24-Hour Service)
www.brightstarcare.com/
baltimore-citycounty/
1615 York Road, Suite 205
Lutherville-Timonium 21093
Private duty homecare: nursing assistants, RN’s, LPN’s, Joint Commission Accreditation.

► **HALETHORPE PHARMACY (A CARE PHARMACY)**

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.



I

IN-HOME LAB SERVICES - INSURANCE COUNSELING, ADVOCACY AND RESOURCES

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

INFORMATION AND REFERRAL SERVICES

► 2-1-1 MARYLAND AT FIRST CALL FOR HELP

2-1-1
24/7 telephone number for accessing information about health and human services.

► ALZHEIMER'S ASSOCIATION

410-561-9099

► ARTHRITIS FOUNDATION, MARYLAND CHAPTER

800-365-3811

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT

410-396-2273

► BALTIMORE COUNTY DEPARTMENT OF AGING, MARYLAND ACCESS POINT OF BALTIMORE COUNTY

410-887-2594
Help and information regarding resources available to older adults, persons with disabilities and their families. Assistance provided for financial applications, case management, caregiver resources and referrals made to other agencies as appropriate.

► BALTIMORE COUNTY FIRE DEPARTMENT

410-887-4500

► BALTIMORE COUNTY POLICE DEPARTMENT, YOUTH AND COMMUNITY SERVICES SECTION

410-887-5901

► CATHOLIC CHARITIES ANSWERS FOR THE AGING

410-646-0100
www.catholiccharities-md.org/seniors/answers-for-the-aging
Free telephone counseling, information/referral service for older adults/caregivers.

► ELDERCARE LOCATOR

800-677-1116
National number to identify community resources for older adults.

► MARYLAND DEPARTMENT OF HUMAN RESOURCES

800-332-6347
DSS applicants or enrollees may check their status and make inquires.

► ST. MARY'S OUTREACH CENTER

410-366-3106
Connecting seniors in the greater Hampden community to find resources and programs. Financial eligibility may be required.

INSURANCE COUNSELING, ADVOCACY AND RESOURCES

See also Advocacy, Long Term Care Insurance, Medicare General Information, Medicare/Medigap and Medicare Advantage Plans.

► EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM

410-767-7090
State program which allows eligible employed Marylanders with disabilities to pay a small fee and receive health care coverage.

► HEALTHCARE ACCESS MARYLAND

410-649-0500
Agency charged with helping residents in Baltimore City and County to learn about and apply for health insurance under the Affordable Care Act. Partners with other organizations to provide outreach, education, and enrollment assistance.

► MARYLAND ATTORNEY GENERAL'S OFFICE, PEOPLE'S INSURANCE COUNSEL DIVISION

410-576-6432
Helps to resolve complaints involving homeowners' insurance coverage.

► MARYLAND HEALTH CONNECTION

855-642-8572
855-642-8573 (TTY)
www.marylandhealthconnection.gov
Marketplace in Maryland to compare health insurance options and enroll in a plan under the Affordable Care Act. Applications online, by phone, by mail or in person.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
www.mdinsurance.state.md.us
An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on the Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)

410-887-2059 (County)
410-396-2273 (City)
The State Health Insurance Assistance Program educates and counsels Medicare beneficiaries about Original Medicare, Medigaps, Medicare Advantage Plans and Part D Prescription Plans. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.



L

LEGAL SERVICES

LEGAL SERVICES

See also Advocacy Services.

ATTORNEYS WHO MAKE HOUSE CALLS

► FRANK, FRANK & SCHERR, LLC

Jason A. Frank
Laurie S. Frank
Kandace L. Scherr
Mary E. O'Byrne
Phyllis J. Erlich
Alexander J. Zarzecki
Sage Wise-Graham
Jack K. Beckett
Rachel Vogel
410-337-8900
888-338-0400 (Toll Free)
www.frankelderlaw.com
1400 Front Avenue, Suite 200
Lutherville 21093
The firm focuses on aging and elderly persons planning for the future.

DISABILITY AND SPECIAL NEEDS ATTORNEYS

► FRANK, FRANK & SCHERR, LLC

Jason A. Frank
Laurie S. Frank
Kandace L. Scherr
Mary E. O'Byrne
Phyllis J. Erlich
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1400 Front Avenue, Suite 200
Lutherville 21093
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► NOMIKI BOULOUBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel
Brianna Davidson Jarret
410-663-9400
www.elderlawmaryland.net
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Elder law, estates and trusts, asset preservation, special needs planning, Medicaid applications.

ELDER LAW ATTORNEYS

► ADASHEK ELDERLAW

Lawrence Adashek, PA
Attorney and Counsellor at Law
410-415-5880
www.adasheklaw.com
8 Reservoir Circle,
Suite 104
Pikesville 21208
Estate planning and elder law attorneys dedicated to your peace of mind.

Law Offices of Nomiki Bouloubassis Weitzel & Associates

Nomiki Bouloubassis Weitzel, Esquire

Brianna Davidson Jarrett, Esquire

Providing:

- Asset Preservation Planning
- Durable Powers of Attorney, Trusts, Wills
- Medical Assistance Planning and Guardianships
- Review of Nursing Home, Assisted Living and Continuing Care Community Contracts
- Federal Gift and Estate Tax Planning



Baltimore Office:

Belair Beltway Professional Ctr.
7652 Belair Road
Baltimore, MD 21236
410-663-9400

Harford County Office:

Professional Ctr. at Harford Mutual
210 N. Main Street, Suit 102
Bel Air, MD 21014
410-638-7779

www.ElderLawMaryland.net

Members of the National Academy of Elder Law Attorneys (NAELA)

L

LEGAL SERVICES



► FRANK, FRANK & SCHERR, LLC

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www.elderlawmaryland.net
Baltimore County
410-663-9400
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Harford County
410-638-7779
Professional Center at Harford Mutual
201 North Main Street,
Suite 102
Bel Air 21014
Elder law, estates and trusts,
asset preservation, special
needs planning, Medicaid
applications.

LEGAL SERVICES, GENERAL ATTORNEYS

For information about legal services, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► NOMIKI BOULOBASSIS WEITZEL AND ASSOCIATES, LLC

Nomiki B. Weitzel
Brianna Davidson Jarret
www.elderlawmaryland.net
Baltimore County
410-663-9400
Belair Beltway Professional Center
7652 Belair Road
Baltimore 21236
Harford County
410-638-7779
Professional Center at Harford Mutual
201 North Main Street,
Suite 102
Bel Air 21014
Elder law, estates and trusts,
asset preservation, special
needs planning, Medicaid
applications.

► ATTORNEY GRIEVANCE COMMISSION OF MARYLAND

410-514-7051
Regulates MD lawyers' professional conduct.
Investigates complaints and oversees discipline.

► BALTIMORE CITY DEPARTMENT OF SOCIAL SERVICES, EVICTION PREVENTION PROGRAM

410-878-8650
Services to city residents under a court ordered eviction which includes assistance with the stay of eviction process and limited financial assistance when available. Also eviction prevention and budget counseling education.

► BALTIMORE COUNTY HUMAN RELATIONS COMMISSION

410-887-5917
Handles discrimination complaints in housing, education, employment, financing and public accommodation based on race, creed, color, national origin, sex, age, religion, physical/mental disability and marital status.

► BALTIMORE COUNTY OFFICE OF THE PUBLIC DEFENDER

410-324-8900
Legal services for low-income clients in criminal and traffic cases.

► BAR ASSOCIATION, SIXTY-PLUS LEGAL PROJECT-LAWYER REFERRAL SERVICE

410-337-9100 (County)
410-539-3112 (City)
Low-cost legal services to individuals 60 and older who meet financial eligibility for wills, living wills, powers of attorney, estates of less than \$30,000 and deed changes.

J LAW OFFICE OF JILL A. SNYDER, LLC

40 York Road • Suite 300 • Towson, MD 21204
410-864-8788 • www.snyder-law.net

- Wills
- Trusts
- Powers of Attorney
- Probate Administration
- Guardianships
- Mediation



Providing high quality legal representation, personalized attention, and reasonable rates.

LEGAL SERVICES, GOVERNMENT/ NON-PROFIT

See also Advocacy Services and Mediation.

► ATTORNEY GENERAL OF THE STATE OF MARYLAND, CONSUMER PROTECTION DIVISION

410-528-8662
888-743-0023
200 Saint Paul Place
Baltimore 21202
Investigates complaints regarding unfair and deceptive business practices. Mail complaints in writing to the Consumer Protection Division at the above address.

L

LEGAL SERVICES

► **BAR ASSOCIATION OF BALTIMORE CITY, PRO BONO PROJECT**

410-539-5936
Provides free support for clients 60 and older living in Baltimore City.

► **BAR ASSOCIATION OF BALTIMORE CITY, SENIOR LEGAL SERVICES**

410-396-1322
Provides legal support for clients 60 years old or older living in Baltimore City. Intake hours: Mon-Thurs, 10 a.m. - Noon.

► **CRIMINAL INJURIES COMPENSATION BOARD**

410-585-3010
Determines financial compensation for innocent victims of crime.

► **LAWYER REFERRAL SERVICE OF THE BALTIMORE COUNTY AND CITY BAR ASSOCIATION**

410-337-9100 (County)
410-539-3112 (City)
Referral service for names of paid attorneys.

► **LEGAL AID BUREAU**

410-427-1800 (County)
410-685-1112 (City)
Assists low-income individuals with certain non fee generating civil legal problems.

Legal Services for Senior Citizens

410-951-7750
Free legal assistance, consultation and/or representation for Baltimore residents age 60 and older on health care issues, income maintenance, identity theft, nutrition, housing and utilities, protective services and unemployment benefits. Defends a senior in a lawsuit when there is a substantial risk to the client's person, property or civil rights.

Long Term Care Assistance Project

410-951-7750
Free legal assistance on long term care issues in Maryland.



► **MARYLAND COMMISSION ON CIVIL RIGHTS**

800-637-6247
Ensures equal opportunity by the enforcement of Maryland law against discrimination in employment, housing, and public accommodations. Provides educational and outreach services.

► **MARYLAND COMMISSION ON HUMAN RELATIONS - CITY GOVERNMENT OFFICE**

410-767-8600

► **MARYLAND DISABILITY LAW CENTER**

410-727-6352
www.mdclaw.org
A non-profit legal advocacy organization mandated to advance the civil rights of people with disabilities. Free legal services to Marylanders of any age with all types of disabilities who live in facilities, in the community or who are homeless.

► **MARYLAND SENIOR LEGAL HELPLINE**

410-951-7750
800-896-4213
Free helpline for all Maryland residents age 60 and older. Provides intake to Legal Services for Senior Citizens (above) and Legal Aid. Answers non-fee generating questions and makes referrals.

► **MARYLAND VOLUNTEER LAWYER SERVICE (MVLS)**

410-547-6537
800-510-0050
Civil cases only, including housing, consumer, bankruptcy, government benefits, accidents, wills, deeds, guardianship and tax disputes; income eligibility.

► **MARYLAND'S PEOPLES LAW LIBRARY**

www.peoples-law.info
Legal and self-help information on Maryland and Federal law.

► **NATIONAL ACADEMY OF ELDER LAW ATTORNEYS (NAELA)**

www.naela.org
A listing of elder law attorneys.

► **OFFICE OF THE PEOPLE'S COUNSEL**

410-767-8150
Public legal office helps utility customers with consumer complaints.

► **PRO SE FAMILY LAW PROGRAM OF BALTIMORE COUNTY CIRCUIT COURT**

410-887-3446
Assists with completion of family law forms for unrepresented Baltimore County residents.

► **SECURITIES DIVISION ATTORNEY GENERAL OF MARYLAND**

410-576-6300
888-743-0023

Frank, Frank & Scherr, LLC
Elder Law, Estate & Special Needs Planning

**Medical Assistance Planning and Eligibility
Advance Medical Directives / Living Wills
Trusts / Estate Planning Administration
Wills / Powers of Attorney / Guardianship
Disability Planning / Special Needs Trusts**

410.337.8900 | www.frankelderlaw.com | 1.888.338.0400
Towson | Columbia | Easton

L

LEGAL SERVICES - LIBRARIES

► ST. AMBROSE HOUSING, LEGAL SERVICES

410-366-8537

Legal representation when in danger of losing homes due to foreclosure, mortgage lenders or other reasons.

► UNIVERSITY OF BALTIMORE CIVIL ADVOCACY, FAMILY LAW CLINIC

410-837-5709 or 5706

Law students assist low income clients in civil and family law matters with supervision.

► VICTIM/WITNESS ASSISTANCE UNIT

410-887-6650 (County)

410-396-1897 (City)

Information regarding status of criminal cases and other support services.

► WOMEN'S LAW CENTER

410-321-8761

800-845-8550 (Family Law Hotline)

Attorneys providing information on family law matters to those who meet income eligibility requirements.

LIBRARY

► CHASE BREXTON LGBT HEALTH RESOURCE CENTER

410-381-2050, Ext. 1049

Providing LGBT individuals and their families with access to health information and resources.

► CHASE BREXTON SAGECAP

410-837-2050, Ext. 1216

Providing LGBT individuals and caregivers with counseling, caregiver support, benefit resources, information and respite care.

LIBRARIES

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424

800-964-9209

► PUBLIC LIBRARY BRANCHES IN BALTIMORE COUNTY

www.bcpl.info

Arbutus

410-887-1451

855 Sulphur Spring Road

Arbutus 21227

Catonsville

410-887-0951

1100 Frederick Road

Catonsville 21228

Cockeysville

410-887-7750

9833 Greenside Drive

Cockeysville 21030

Essex

410-887-0295

1110 Eastern Boulevard

Essex 21221

Hereford

410-887-1919

16940 York Road

Hereford 21111

Lansdowne

410-887-5602

500 Third Avenue

Lansdowne 21227

Loch Raven

410-887-4444

1046 Taylor Avenue

Towson 21286

Mobile Library Services

www.bcpl.info (see website for hours and schedules)

410-887-7586

North Point

410-887-7255

1716 Merritt Boulevard

Dundalk 21222

Owings Mills

410-887-2092

10302 Grand Central Avenue

Owings Mills 21117

Parkville

410-887-5353

9509 Harford Road

Parkville 21234

Perry Hall

410-887-5195

9685 Honeygo Boulevard

Perry Hall 21128

Pikesville

410-887-1234

1301 Reisterstown Road

Pikesville 21208

Randallstown

410-887-0770

8604 Liberty Road

Randallstown 21133

Reisterstown

410-887-1165

21 Cockeys Mill Road

Reisterstown 21136

Rosedale

410-887-0512

6105 Kenwood Avenue

Rosedale 21237

Sollers Point

410-887-2485

323 Sollers Point Road

Dundalk 21222

Towson

410-887-6166

320 York Road

Towson 21204

White Marsh

410-887-5097

8133 Sandpiper Circle

Nottingham 21236

Woodlawn

410-887-1336

1811 Woodlawn Drive

Woodlawn 21207



SAGECAP offers support, education, and more for LGBT older adults and their informal caregiving network.

Find out more:

www.ResourceCenter.lgbt
410-837-2050 x1216

Sponsored in part by
The Harry & Jeanette Weinberg Foundation





L - M LIBRARIES - LOAN CLOSET FOR MEDICAL EQUIPMENT

► PUBLIC LIBRARY BRANCHES IN BALTIMORE CITY

Brooklyn Branch
410-396-1120
300 East Patapsco Avenue
Baltimore 21225

Canton Branch
410-396-8548
1030 South Ellwood Avenue
Baltimore 21224

Central Library
410-396-5430
400 Cathedral Street
Baltimore 21201

Cherry Hill Branch
410-396-1168
606 Cherry Hill Road
Baltimore 21225

Clifton Branch
410-396-0984
2001 North Wolfe Street
Baltimore 21213

Edmondson Avenue Branch
410-396-0946
4330 Edmondson Avenue
Baltimore 21229

Forest Park Branch
410-396-0942
3023 Garrison Boulevard
Baltimore 21216

George Peabody Library
410-234-4943
17 East Mount Vernon Place
Baltimore 21202

Govans Branch
410-396-6098
5714 Bellona Avenue
Baltimore 21212

Hamilton Branch
410-396-6088
5910 Harford Road
Baltimore 21214

Hampden Branch
410-396-6043
3641 Falls Road
Baltimore 21211

Herring Run Branch
410-396-0996
3801 Erdman Avenue
Baltimore 21213

Langsdale Library
410-837-4260
1415 Maryland Avenue
Baltimore 21201

Light Street Branch
410-396-1096
1251 Light Street
Baltimore 21230

Milton S Eisenhower Library
410-516-8335
3400 North Charles Street
Baltimore 21218

Northwood Branch
410-396-6076
4420 Loch Raven Boulevard
Baltimore 21218

Orleans Street Branch
410-396-0970
1303 Orleans Street
Baltimore 21231

Patterson Park Branch
410-396-0983
158 North Linwood Avenue
Baltimore 21224

Peabody Institute of the Johns Hopkins University
410-659-8100
1 East Mount Vernon Place
Baltimore 21202

Pennsylvania Ave Branch
410-396-0399
1531 West North Avenue
Baltimore 21217

Reisterstown Road Branch
410-396-0948
6310 Reisterstown Road
Baltimore 21215

Roland Park Branch
410-396-6099
5108 Roland Avenue
Baltimore 21210

Southeast Anchor Branch Library
410-396-1580
3601 Eastern Avenue
Baltimore 21224

Walbrook Branch
410-396-0935
3203 West North Avenue
Baltimore 21216

Washington Village Branch
410-396-1099
856 Washington Boulevard
Baltimore 21230

Waverly Branch
400 East 33rd Street
Baltimore 21218
410-396-6053



LIVE-IN CAREGIVERS

See also Home Health Services and Home Care (Non-Medical).

► COMFORCARE HOME CARE SERVICES

410-922-6262
www.comforcare.com/baltimore-carroll
ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service)
888-353-1700
www.care-network.com
Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► GRISWOLD HOME CARE

410-988-5094
800-474-7965
www.griswoldhomecare.com
We're here when you need a helping hand.

► HOUSEN HEALTH SERVICES

855-800-4682
301-933-8188
<http://housenhc.com>
Serving veterans for 20+ years, now opening to the community.

LOAN CLOSET FOR MEDICAL EQUIPMENT

See also Assistive Technology, Disabilities Assistance, Hearing Resources, Medical Equipment and Supplies, Vision Resources.

► 9TH DISTRICT HEALTH COMMITTEE LOAN CLOSET

410-665-0898
Wheelchairs, walkers and other equipment for Baltimore County residents.

► AMERICAN CANCER SOCIETY LOAN CLOSET

410-931-6850
Free wigs. No durable equipment.

► BALTIMORE COUNTY DEPARTMENT OF AGING

410-887-2594
Loans wheelchairs, walkers, tub rails and other equipment to county residents age 60 and over.

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP)

800-832-4827
866-881-7488 (TTY)
Loans equipment for a limited time including equipment for daily living, mobility, recreation, computer and hearing. Low interest loans for purchasing equipment to MD residents with disabilities.

L - M LOAN CLOSET FOR MEDICAL EQUIPMENT - MEDICAL ALERT SYSTEMS

► MARYLAND TECHNOLOGY ASSISTANCE PROGRAM (MDTAP), EQUIPMENT LINK

www.equipmentlink.org
Connects individuals with disability related equipment to sell or donate.

LONG TERM CARE INSURANCE

APPROVED PROVIDERS IN MARYLAND

Long term care insurance is purchased to provide assistance with the cost of a range of services for individuals with a prolonged illness, disability or cognitive disorder (such as Alzheimer's disease). Services may include help with daily activities at home such as bathing and dressing, adult day care, assisted living facilities, care management, home health, hospice, respite care and care in a nursing home.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
800-492-6116 (Toll Free)
800-735-2258 (TTY)
www.mdinsurance.state.md.us
200 Saint Paul Place, Suite 2700
Baltimore 21202
Provides a list of insurance companies approved to sell long term care insurance policies in Maryland. Also provides information about Maryland's Long-Term Care Partnership Program. Partnership policies provide an additional level of protection, when compared to a regular long-term care insurance policy. Call SHIP at 410-887-2059 for additional assistance in Baltimore County; 410-396-2273 in Baltimore City.

LONG TERM CARE (LTC) INSURANCE PRODUCERS (SALES PERSON)

When purchasing LTC insurance, please confirm the producer (sales person) is licensed to sell LTC insurance in Maryland. Please confirm the license number, effective dates and line of business on the license with the Maryland Insurance Administration listed in this category.

► PROTECTIVE WELLCARE SOLUTIONS

443-858-3750
301-452-9175
www.protectivewellcaresolutions.com
3601 O'Donnell Street, Suite 400
Baltimore 21224
Your health is your wealth.

MEDIATION, NON-PROFIT

See also Legal Services-Government/Non-Profit.

A process in which solutions to disputes are negotiated with a mediator acting as a neutral party by helping participants reach their own voluntary agreement. Settles disputes between neighbors, family members, tenant/landlord and other community members.

► COMMUNITY MEDIATION PROJECT

410-467-9165 (City)
Program provides voluntary and confidential mediation sessions to assist City residents with resolutions of various issues and conflicts.

► CONFLICT RESOLUTION CENTER OF BALTIMORE COUNTY

410-780-1206
Mediation, conflict resolution, trainings and community conferencing for Baltimore County residents.

MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS

See also Financial Resources, Housing: Assisted Living Programs and Nursing Homes.

Programs to help an eligible person receive services in the home rather than in an institution. Each program has different eligibility criteria and services. Individuals must meet medical, financial, and technical criteria. For further information and screening, please call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services Maryland Access Point at 410-396-2273.

► COMMUNITY FIRST CHOICE

410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting.

► COMMUNITY PATHWAYS

410-234-8200
Provides financially qualified individuals with developmental disabilities the opportunity to self-direct services.

► COMMUNITY PERSONAL ASSISTANCE SERVICES

410-887-2594 (County)
410-396-4494 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen.

► MEDICAL DAY CARE SERVICES WAIVER

410-767-1444
Offers qualified Medicaid participants services in a day care center. Individuals must be at least 16 years old.

► TRAUMATIC BRAIN INJURY WAIVER

410-402-8476
For individuals with traumatic brain injuries who are currently residing in state psychiatric hospitals. The brain injury must have occurred between the ages of 22 and 64, and the individual must meet medical and financial criteria.

MEDICAL ALERT SYSTEMS

See also Identification Programs, Medical Equipment and Supplies and Prescription Reminders.

Provides a 24-hour emergency device that connects to receiving station. Systems differ in features and costs. Installation fee plus monthly charge usually applies. For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► HALETHORPE PHARMACY

(A CARE PHARMACY)
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
 28 Kingston Road
 Middle River 21220
 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► LIFE RESPONSE OF MARYLAND

410-833-1067
www.liferesponseofmd.com
 Never alone with affordable monthly monitoring – 25 years of service.

► MEDICALERT FOUNDATION

800-432-5378
 The Foundation maintains a database of members' medical information that is made available to medical authorities in the event of an emergency.

PRESCRIPTION REMINDERS

See also Medical Alert Systems.

► MYMAR, LLC

443-743-3647
www.mymar.biz
 Affordable medication reminder service; when forgetting is not an option.

MEDICAL EQUIPMENT AND SUPPLIES

See also Personal Needs and Pharmacies Offering Home Delivery.

► CARING HEALTH PRODUCTS

410-882-1390
 410-363-2279
www.caringhealthproducts.com
 1720 Joan Avenue
 Towson 21234
 We make independent living easier.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
 1307 Francis Avenue
 Baltimore 21227
 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
 28 Kingston Road
 Middle River 21220
 Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MID-ATLANTIC MEDICAL SUPPLY AND EQUIPMENT

410-363-2279
www.suppliesforliving.com
 1 Easter Court, Suite G - H
 Owings Mills 21117
 We make independent living easier with delivery and price-matching.

► MYMAR, LLC

443-743-3647
www.mymar.biz
 Affordable medication reminder service; when forgetting is not an option.

MEDICARE

For additional services/information, call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Advocacy Services, Financial Assistance, Medicaid Home and Community Based Programs and Insurance Counseling, Advocacy and Resources.

GENERAL INFORMATION

► CENTER FOR MEDICARE & MEDICAID SERVICES (CMS), MEDICARE HELPLINE

800-633-4227
www.medicare.gov
 Information and claims regarding Medicare Part A-Hospitalization, Part B -Medical and Durable Medical Equipment, Part C-Health Plans and Part D-Prescriptions. You must have your Medicare card number to access information.

► DELMARVA FOUNDATION FOR MEDICAL CARE, INC.

800-999-3362
www.delmarvafoundation.org
 A Medicare quality improvement organization to ensure patients receive care that is medically necessary in an appropriate setting. They investigate written complaints, advise and provide information on Medicare Patient Rights; including hospital discharge rights.

► MARYLAND INSURANCE ADMINISTRATION

410-468-2000
 800-492-6116
www.mdinsurance.state.md.us
 An independent state agency that regulates Maryland's insurance industry and protects consumers by enforcing insurance laws. Find information on Medicare and Insurance Marketplaces, Medicare supplements (Medigap), Long Term Care Insurance and the Long Term Care Insurance Partnership program.

► MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

800-551-5995
www.marylandspdap.com
Request application
 Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

A state program that assists Medicare beneficiaries by paying part of their monthly Medicare Prescription Drug premiums for all of the Medicare Part D Plans and donut hole coverage gap expenses in conjunction with certain Medicare Advantage Plans.

► MYMEDICARE

www.mymedicare.gov
 Register on-line to view your personal Medicare information that includes physician billing of Medicare payments and a schedule for preventive health services.

► QUALIFIED MEDICARE BENEFICIARY PROGRAM (QMB)

Social Services
 410-853-3000 or
 410-887-2059 (County)
 410-396-2273 (City)
Request application
 Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.
 This program helps to pay Medicare premiums, deductibles and coinsurance payments for older adults and persons with disabilities who are financially eligible.

► **RAILROAD RETIREMENT BOARD MEDICARE OFFICE**
877-772-5772
www.palmettogba.com
Beneficiaries only.

► **STATE HEALTH INSURANCE ASSISTANCE PROGRAM (SHIP)**
410-887-2059 (County)
410-396-2273 (City)
SHIP provides free, unbiased, confidential health insurance counseling for Medicare recipients and their caregivers. Helps consumers to understand Medicare, and the services it provides. Additionally, SHIP can access eligibility for programs to assist with Medicare costs. These programs include Qualified Medicare Beneficiaries (QMB), Specified Low Income

Medicare Beneficiaries (SLMB), Maryland Senior Prescription Drug Assistance Programs (SPDAP) and Social Security Extra Help. SHIP counselors provide education regarding Medicare Part A (Hospital), Part B (Medical), Part C (Health Plans), Part D (Drug Plans) and Medicare Supplements. During Annual Open Enrollment, October 15th through December 7th, SHIP can provide computer research assistance to help select Part D prescription plans. Counselors assist with medical appeals for Medicare and private insurance. SHIP services can generally be provided by phone and language accommodations are available. Please refer to the index for a summary of services and to learn more about SHIP.

► **SENIOR MEDICARE PATROL (SMP)**
410-887-2059 (County)
410-396-2273 (City)
SMP conducts free educational programs for older adults, their families and caregivers to help Medicare recipients make informed decisions regarding their health care. SMP provides information regarding what to do if you suspect Medicare fraud/abuse, or need to file a report with authorities. SMP can arrange speakers to address groups on how to protect themselves against identity theft, telemarketing, mail fraud scams, illegal or deceptive marketing of Medicare Advantage plans and prescription drug plans.

► **SOCIAL SECURITY ADMINISTRATION**
800-772-1213
www.ssa.gov
Information on various benefits and services. Enrollment in Medicare and replacement of Medicare card. On-line low-income subsidy Extra Help application with Medicare Prescription Drug costs.

► **SPECIFIED LOW-INCOME MEDICARE BENEFICIARY (SLMB) Social Services**
410-853-3000
410-887-2059
Request application
Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.
Pays the Medicare Part B premium for persons whose income is slightly more than QMB criteria.

► **TRICARE FOR LIFE**
877-874-2273
Medicare supplemental coverage for uniformed service beneficiary or dependents. Must be currently enrolled in Medicare A & B and Defense Enrollment Eligibility Reporting System (DEERS).

► **U.S. DEPARTMENT OF HEALTH AND HUMAN SERVICES, OFFICE OF THE INSPECTOR GENERAL, MEDICARE/MEDICAID FRAUD HOTLINE**
800-447-8477
National hotline to report health care fraud involving Medicare and Medicaid.

MEDICARE PRESCRIPTION DRUG PLANS (PART D)

A Medicare benefit that assists with the cost of prescription drugs. Private companies contract with Medicare to offer Stand-Alone and Medicare Advantage Drug Plans. Additional assistance with Part D costs are available with Social Security Administration's Extra Help and Maryland Senior Prescription Drug Assistance Program (SPDAP). Please refer to www.medicare.gov for a full list of Maryland Stand-Alone Prescription Drug Plans.

► **CIGNA-HEALTHSPRING RX (PDP)**
800-735-1459
711 (TTY/TDD)
8 am - 8 pm, 7 days a week
www.cignahealthspring.com
P.O. Box 269005
Weston, FL 33326-9947
Medicare Part D prescription drug coverage from Cigna.



Are you on MEDICARE?

Are you having trouble paying for your Medicare or prescription cost?

Contact your local SHIP office.
Baltimore County
410-887-2059
Baltimore City
410-396-2273



Counselors will assist you to determine if you may be eligible for benefits that will help you to meet your health needs.





MEDICARE PRESCRIPTION DRUG PLANS (PART D) INSURANCE BROKERS

► PROTECTIVE WELLCARE SOLUTIONS

443-858-3750
301-452-9175

www.
protectivewellcaresolutions.com
3601 O'Donnell Street,
Suite 400
Baltimore 21224
Your health is your wealth.

MEDICARE ADVANTAGE

With most Medicare Advantage Plans, you can only visit physicians, specialists or hospitals on the plan's list except in an emergency. The plan may require you to choose a primary care physician and obtain referrals to see a specialist. These plans may offer extra benefits, lower premiums and require co-payments. If you have Medicare Part A and Part B, you may join a Medicare Advantage Plan and receive your Medicare-covered benefits through the plan. Most plans include Medicare Part D benefits. Medicare Advantage annual open enrollment periods begins October 15 - December 7. Plans can be a Health Maintenance Organization (HMO), Preferred Provider Organization (PPO), Special Needs Plans (SNPs) or Private Fee For Service (PFFS). Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.



► CIGNA-HEALTHSPRING MEDICARE ADVANTAGE

800-821-7513
711 (TTY/TDD)
8 am - 8pm, 7 days a week
www.cignahealthspring.com
3601 O'Donnell Street
Baltimore 21224

Combine Part A hospital, Part B medical and Part D prescription drug coverage.

► KAISER PERMANENTE MEDICARE PLUS

866-415-0785
866-513-0008 (TTY)
www.kaiserpermanente.org
2101 East Jefferson Street
Rockville 20849

Provides hospital, medical and Medicare Part D prescription drug coverage.

MEDICARE ADVANTAGE INSURANCE BROKERS

► PROTECTIVE WELLCARE SOLUTIONS

443-858-3750
301-452-9175
www.
protectivewellcaresolutions.com
3601 O'Donnell Street,
Suite 400
Baltimore 21224
Your health is your wealth.

MEDICARE SPECIAL NEEDS PLANS (SNPs)

Special Needs Plans (SNPs) may limit all or most of their membership to beneficiaries who have certain chronic or disabling conditions. SNPs must be designed to provide Medicare health care and services to people who can benefit from special expertise of the plan's providers and focused care management. SNPs must also provide Medicare prescription drug coverage. These plans may offer extra benefits, lower premiums and require co-payments. To join SNPs, beneficiaries must be enrolled in Medicare Part A and Part B. Call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273, for a complete list of the plans in your area or visit www.medicare.gov.



MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE POLICIES

Medicare supplemental insurance policies cover some of the deductibles and co-insurances not paid by Medicare. A, B, C, D, E, F*, G, K, L, M and N policies offer a different combination of standard benefits and are regulated by Federal and State law. The open enrollment period is the first six months from the date of enrollment in Medicare Part B. For a Medigap comparison chart, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273 or visit www.mdinsurance.state.md.us. Companies below represent approved individual Medicare supplement policies in Maryland as of July 16, 2015. *Rates are updated biannually.

► AETNA LIFE INSURANCE COMPANY

888-624-6290

► AMERICAN PROGRESSIVE LIFE AND HEALTH INSURANCE COMPANY OF NEW YORK

800-645-4116

► AMERICAN RETIREMENT LIFE INSURANCE COMPANY

866-459-4272

► BANKERS FIDELITY LIFE INSURANCE COMPANY

800-241-1439

► **CAREFIRST BLUECROSS
BLUESHIELD MEDIGAP-65**
410-356-8123
800-275-3802
www.carefirst.com
CareFirst BlueCross BlueShield
P.O. Box 14651
Lexington, KY 40512-9876
Medicare supplemental
coverage.

► **CENTRAL STATES
INDEMNITY COMPANY OF
OMAHA**
866-644-3988

► **COLONIAL PENN LIFE
INSURANCE COMPANY**
800-800-2254

► **CONTINENTAL LIFE
INSURANCE COMPANY OF
BRENTWOOD, TENNESSEE**
800-264-4000

► **EVERENCE
ASSOCIATION, INC.**
800-348-7468

► **GERBER LIFE
INSURANCE COMPANY**
877-778-0839

► **GLOBE LIFE AND
ACCIDENT INSURANCE
COMPANY**
800-801-6831

► **GOVERNMENT
PERSONNEL MUTUAL
LIFE INSURANCE
COMPANY**
866-242-7573

► **GROUP
HOSPITALIZATION AND
MEDICAL SERVICES,
INC.**
800-275-3802



MEDICARE/MEDIGAP SUPPLEMENTAL INSURANCE BROKERS

For services/information, call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **PROTECTIVE WELL CARE
SOLUTIONS**
443-858-3750
301-452-9175
www.
protectivewellcaresolutions.com
3601 O'Donnell Street,
Suite 400
Baltimore 21224
Your health is your wealth.

► **YOUR INSURANCE
GROUP**
443-987-3221
240-439-5518
www.amberalguire.com
Insurance needs: final
expenses, life insurance plans
and Medicare supplements.

RATING SERVICES

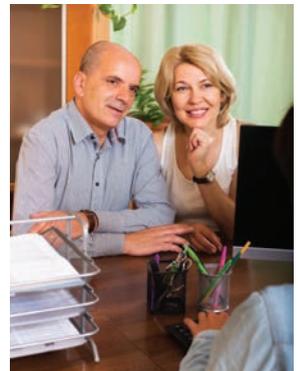
The rating companies listed below are for Medicare Supplemental/Medigap and Long Term Care policies. Some may charge a fee for services.

► **FITCH INVESTORS
SERVICES, INC.**
212-908-0500
www.fitchratings.com

► **MOODY'S INVESTOR
SERVICE, INC.**
212-553-0377
www.moody's.com

► **STANDARD AND POOR'S
INSURANCE RATING
SERVICES**
212-438-2400
www.standardandpoors.com

► **THE STREET.COM**
www.thestreet.com





Call us at
410-795-8808!

Copper Ridge...

Exclusively for Those with Memory Impairments



Copper Ridge provides you with a long-term solution by offering both assisted living and skilled nursing care. Our professionally trained caregivers create an individualized program that engages your loved one in fitness programs, music, art, outdoor activities and more.

**Specializing in Medicare Rehab
for those with memory impairments.**



410-795-8808
Integrace.org

M

MEMORY CARE - MENTAL HEALTH SERVICES

MEMORY CARE

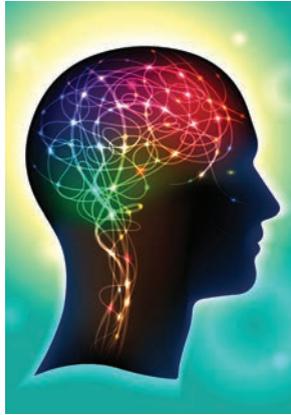
See also Adult Day Services, Case Management, Home Health Services, Home Care (Non-Medical), Housing - Assisted Living and Live-In Caregivers.

▶ CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

▶ MAPLES OF TOWSON, THE

410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
A family owned AL community in the heart of Towson.



▶ SPRINGWELL SENIOR LIVING

410-664-4006
www.springwellseniorliving.com
2211 West Rogers Avenue
Baltimore 21209
Beautifully appointed apartments in a warm, caring community.

MENTAL HEALTH SERVICES

COMMUNITY MENTAL HEALTH CENTERS

Eligibility criteria and service locations can be obtained by contacting MAPS-MD at 1-800-888-1965, or the Department of Health at 410-887-3828. IF YOU HAVE AN IMMEDIATE MENTAL HEALTH EMERGENCY, PLEASE CALL 911 OR IN BALTIMORE COUNTY CONTACT THE 24 HOUR HOTLINE AT 410-931-2214 or 410-433-5175 for Baltimore City.

▶ ALLIANCE, INC., THE Baltimore

410-675-4704
234 South Broadway
Baltimore 21231
Rosedale
410-574-7700
9201 Philadelphia Road
Baltimore 21237

▶ BEHAVIORAL HEALTH SYSTEMS BALTIMORE

410-637-1911
One North Charles Street,
Suite 1300
Baltimore 21201

▶ BUILDING COMMUNITIES TODAY

410-467-6600
2901 Druid Park Drive
Baltimore 21215

Key Point

HEALTH SERVICES

Serving the Greater Baltimore Area for over 30 Years

Services Offered:

Outpatient mental health treatment for children, adolescents, adults, and seniors

Accepting Medicare, Medical Assistance (Medicaid) as authorized by Value Options and Tricare to serve our Military.

- Individual, group & family therapy
- Medication therapy
- Board certified psychiatrists
- Licensed experienced therapists
- Open weekdays & some evenings
- In-home Counseling



For more information call the clinic nearest you

Aberdeen 44 -

Catonsville 41 -

Dundalk 44 -

www.KeyPoint.org

Key Point Health Services, Inc. is a non-profit organization.

► **HARFORD-BELAIR COMMUNITY HEALTH**

410-426-5650
4308 Harford Road
Baltimore 21206

► **KEY POINT HEALTH SERVICES**

Catonsville
410-869-7240
500 North Rolling Road
Catonsville 21228
Dundalk
443-216-4800
1012 North Point Road
Dundalk 21224
Towson
410-337-5523
1001 Cromwell Bridge Road
Baltimore 21286

► **MAIN STREET COMMUNITY MENTAL HEALTH CENTER**

410-526-7882
37 Main Street
Reisterstown 21136

► **MEDSTAR FRANKLIN SQUARE MEDICAL CENTER, OUTPATIENT PSYCHIATRY SERVICES**

443-777-7878
9100 Franklin Square Drive
Rosedale 21237

► **MOSAIC BEHAVIORAL HEALTH CENTER**

410-453-9553, Ext. 1107 (Intake)
Catonsville
22 Bloomsbury Avenue
Catonsville 21228
Northwest
3525 Resource Drive
Randallstown 21133
Timonium
1931 Greenspring Drive
Timonium 21093

► **UNIVERSAL COUNSELING SERVICES, INC.**

410-752-5525
1401 Severn Street,
Suite 201
Baltimore 21230

► **PROLOGUE, INC.**

410-653-6190
3 Milford Mill Road
Pikesville 21208

GERIATRIC SERVICES TEAM

Geriatric outreach program that provides prevention, detection and treatment services to those 60 years of age and older, who are experiencing mental health problems and are not participating in treatment.

COMMUNITY REHABILITATION PROGRAMS

See also Community Mental Health Centers.

► **FOUNDATIONS**

410-789-7772
410-269-3250
www-foundationsgroup.net
1025 West Nursery Road,
Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **BAYLIFE - GERIATRIC SERVICES TEAM MEDSTAR BEHAVIORAL HEALTH SERVICES**

443-777-2200
9100 Franklin Square Drive
Rosedale 21237

ADDITIONAL MENTAL HEALTH/ADDICTION SERVICES

► **KEY POINT HEALTH SERVICES**

Catonsville
410-869-7240
500 North Rolling Road
Catonsville 21228
Dundalk
443-216-4800
1012 North Point Road
Dundalk 21224
Towson
410-337-5523
1001 Cromwell Bridge Road
Baltimore 21286

► **ALLIANCE, INC., THE**

410-282-5900, Ext. 3231
Case management for individuals of all ages with a chronic serious mental illness without private insurance.

► **BAKER STREET STATION**

410-462-2585

► **MOSAIC COMMUNITY SERVICES**

443-612-1497, Ext. 1207 (Intake)
Career Center - North
1965 Greenspring Drive
Timonium 21093
Career Center - West
5 Bloomsbury Avenue
Catonsville 21228
Catonsville
20 Winters Lane
Catonsville 21228
Timonium
1931 Greenspring Drive
Timonium 21093

► **BALTIMORE COUNTY CRISIS RESPONSE SYSTEM**

410-931-2214
Twenty-four hour hotline providing telephone triage and intervention, mobile crisis team, in-home intervention team and linkage to community treatment and support.



Meeting the Mental Health Needs of Older Adults in Our Community

We understand the unique mental health needs of older adults, and offer specialized services in a variety of settings for those patients experiencing depression, anxiety, severe forgetfulness, and other mental health problems.

Consistently ranked one of the nation's top mental health programs by *U.S. News & World Report*, we offer 24 hour/day care through our inpatient units, as well as outpatient appointments through our Memory Clinic.



Sheppard Pratt
HEALTH SYSTEM

Call to speak to someone today.
410.938.3000 • sheppardpratt.org
Baltimore, Maryland



**MARYLAND
FOOD BANK**
UNTIL HUNGER ENDS.



What Kinds of Food Might You Receive?

Foods available through this program are mostly nonperishables and include:

- Canned beans
- Pasta/rice
- Bottled juice
- Cereal
- Dehydrated milk
- Canned tuna
- Canned chicken
- Canned fruits & vegetables

Information Needed for Certification

PROOF OF INCOME

Bring one of the following for each income-earning household member:

- Paycheck
- Tax return
- Letter from employer (if you are paid in cash)
- SSI Award Letter

PROOF OF RESIDENCY & IDENTITY

Bring one of the following for yourself:

- Valid driver's license or state issued ID Card with current address
- Passport
- Current photo identification issued by a government agency

For more information, contact:

The Maryland Food Bank
2200 Halethorpe Farms Road
Baltimore, MD 21227
410.737.8282

My Groceries to Go! – otherwise known as the Commodity Supplemental Food Program – is a federal initiative that provides vital nutrition to low-income older Marylanders. Through partnerships with local nonprofits like the Maryland Food Bank, the program channels boxes of nutritious USDA foods into senior communities.

Who Can Register?

Any Baltimore city resident 60 years and older living on an income level that is at or below 130 percent of the federal poverty income guidelines may register for My Groceries to Go!.

How Does It Work?

My Groceries to Go! partners with senior centers and other community organizations across Baltimore City to target populations of low-income seniors who may be eligible to receive assistance.

In advance of distribution events, MFB employees assist clients in filling out their applications with the necessary documentation before processing the application on the spot.

Once registered, clients receive information on when, where, and how they can pick up their monthly box of food. The boxes are heavy – approximately 40 pounds – and we encourage clients to bring a cart or a helping hand when retrieving their supplemental food assistance.

In order to provide our clients with this vital resource, MFB works in partnership with the Maryland Department of Aging and the Baltimore City Area Agency on Aging, as well as dozens of partners and housing facilities that serve a primarily senior demographic in the city.

www.mdfoodbank.org

► **BEHAVIORAL HEALTH SYSTEMS BALTIMORE**
410-637-1900

► **CHASE BREXTON HEALTH SERVICES**
Mt. Vernon
410-837-2050
Randallstown
410-486-5991

Mental health services, drug and alcohol counseling, HIV and other health services.

► **FIRST STEP: A COMMUNITY COUNSELING & RESOURCE CENTER**
410-526-7100

Substance abuse and mental health counseling.

► FOUNDATIONS

410-789-7772
410-269-3250
wwwFOUNDATIONSgroup.net
1025 West Nursery Road,
Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **HARBEL PREVENTION AND RECOVERY CENTER**
410-444-2100

► **HEALTH CARE ACCESS MARYLAND**
410-649-0529

► **HEALTH CARE FOR THE HOMELESS**
410-837-5533

► **INSPIRIT COUNSELING SERVICES**
410-433-8861
Non-profit agency with 20 locations. Accepts Medicare and insurance plans. Sliding fee.

► **JEWISH COMMUNITY SERVICES**
410-466-9200
Mental health, addiction, hospice and bereavement services.

► **LOYOLA CLINICAL CENTER**
410-617-1200
Mental health counseling/behavioral health services provided by doctoral students. Sliding fee.

► **MED OPTIONS**
410-832-2729
Multi-disciplinary group of mental health specialists.

► **MENTAL HEALTH ASSOCIATION OF MARYLAND, METROPOLITAN BALTIMORE BRANCH**
410-235-1178
Advocates for the rights of persons with mental illnesses; offers public information and education programs.

► **NATIONAL ALLIANCE ON MENTAL ILLNESS (NAMI), METRO BALTIMORE, INC.**
410-435-2600
Sponsors self-help, support, education and advocacy groups for families and individuals coping with mental illness.

► **ON OUR OWN, INC.**
410-282-1701
Consumer-run drop-in centers, peer support groups and other social activities for individuals 18 and older utilizing mental health services. Locations include: Catonsville, Towson, Pikesville and various locations in Baltimore City. Call for details.

► **PEERS: SENIORS IN PARTNERSHIP**
410-235-1178, Ext. 205
Volunteers 52 and older are trained to provide weekly support to adults 60 and older with mental health problems. Meal sharing, leisure activities and telephone contact

► **PENN-NORTH NEIGHBORHOOD CENTER**
410-728-2080



► **PEOPLE ENCOURAGING PEOPLE**
410-366-4299
Rehabilitation and support services for persons with disabilities, including: mental health, vocational and housing assistance.

► **PRO BONO COUNSELING PROJECT**
410-825-1001
Free mental health referral service to those financially eligible.

► **PROLOGUE, INC.**
410-653-6190
Services for homeless persons with mental illness.

PARTIAL HOSPITALIZATION PROGRAMS

Programs which provide intensive clinical mental health treatment on an outpatient basis.

► **BAYVIEW PSYCHIATRIC DAY HOSPITAL PROGRAM**
410-550-0089

► **LEVINDALE DAY PROGRAM – MENTAL HEALTH SERVICES**
410-601-2400

► **SHEPPARD PRATT HEALTH SYSTEMS**
410-938-3800 (Admissions)

► **SHEPPARD PRATT HEALTH SYSTEMS, SULLIVAN DAY HOSPITAL**
410-938-4700

► **UNION MEMORIAL HOSPITAL-COUNSELING CENTER PARTIAL HOSPITALIZATION AND INTENSIVE OUTPATIENT PROGRAMS**
410-554-6444, Press 1

PSYCHIATRIC HOSPITALS

► **SHEPPARD PRATT HOSPITAL**
410-938-3000

► **SHEPPARD PRATT AT ELLICOTT CITY**
443-364-5500

► **SPRING GROVE HOSPITAL**
410-402-6000

PSYCHIATRIC INPATIENT SERVICES IN HOSPITALS

► **BON SECOURS CRISIS CENTER**
410-362-3533

► **JOHNS HOPKINS BAYVIEW MEDICAL CENTER**
410-550-0074 (Inpatient)
410-550-0016 (Outpatient)

► **JOHNS HOPKINS HOSPITAL, MEYER BUILDING**
410-955-5104 (Admissions)

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**
410-601-2228 (Admissions)

► **MEDSTAR FRANKLIN SQUARE HOSPITAL CENTER COUNSELING UNIT**
443-777-7878 (Intake)

► **SINAI HOSPITAL INPATIENT PSYCHIATRIC UNIT**
410-601-5610 (Inpatient)
410-601-5457 (Outpatient)

► **THE UNION MEMORIAL HOSPITAL COUNSELING CENTER**
410-554-6444 (Intake)

► **UNIVERSITY OF MARYLAND MEDICAL CENTER**
410-328-6231 (Admissions)

► **UNIVERSITY OF MARYLAND - MIDTOWN CAMPUS PSYCHIATRIC UNIT**
410-225-8155

► **UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, PSYCHIATRIC UNIT**
410-337-1580



MOBILE PHONES

Offers free phones and minutes to low-income (135% of poverty guidelines) individuals receiving selected government benefits.

► **ASSURANCE WIRELESS**
888-898-4888

► **CINTEX WIRELESS**
877-304-9183

► **LIFELINE**
888-641-8722

► **LINK-UP**
866-454-8387

► **SAFELINK WIRELESS**
800-977-3768

► **TRAC-FONE WIRELESS**
800-977-3768

MOVE COORDINATORS

These companies assist older adults with all aspects of downsizing and moving. Always check professional credentials, insurance, experience and request references. A written contract should be provided which documents all services and fees.

► **CARING TRANSITIONS -BALTIMORE METRO**
410-591-4111
www.caringtransitionsbaltimoremetro.com
Specialize in downsizing/large sales of your marketable items through our online auction. Bonded. Insured.

► **NATIONAL ASSOCIATION OF SENIOR MOVE MANAGERS**
877-606-2766
A non-profit professional association of organizations dedicated to helping older adults and families with the physical and emotional aspects of moving. Also provides businesses which specialize in hoarding services.

NOTARY SERVICES

► **BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION**
410-828-4730
800-234-4730
www.bcefcu.com
23 West Susquehanna Avenue
Towson 21204
Serving Baltimore County Government employees, volunteers and their families.

► **HALETHORPE PHARMACY (A CARE PHARMACY)**
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► **INDEPENDENT DRUG (A CARE PHARMACY)**
410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.



NURSING HOMES

See also Medicaid Home and Community Based Programs.

Nursing homes or long term care facilities provide services for individuals who need nursing care on a regular basis, but do not need to be hospitalized. Facilities are regulated by state and local boards of health. Many nursing care facilities offer respite care, rehabilitation and other services of short duration. Always inquire about payment options.

Selecting a nursing home is an individual and personal decision. Each person's needs, likes, dislikes and personalities are different. These preferences should be taken into consideration when searching for a nursing home. To make a well informed selection, it is recommended that you make visits to determine whether a facility meets the specific needs of you or your loved one. Ask detailed questions and visit several facilities. For information about selecting a nursing home, please visit www.baltimorecountymd.gov/agencies/aging/housing/nursinghomes.html. This list from OHCQ is current as of December 2, 2015.

► **AUTUMN LAKE HEALTHCARE AT ALICE MANOR**
410-889-9700
2095 Rockrose Avenue
Baltimore 21211

► **AUGSBURG LUTHERAN HOME & VILLAGE**
410-486-4573
6811 Campfield Road
Baltimore 21207

► **BLUE POINT NURSING AND REHAB CENTER**
410-367-9100
2525 West Belvedere
Baltimore 21215

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NURSING HOMES

► BRIDGEPARK HEALTH CARE CENTER

410-542-5306
4017 Liberty Heights Avenue
Baltimore 21207

► BRINTON WOODS HEALTH & REHAB CENTER AT ARLINGTON WEST

410-664-9535
3939 Penhurst Avenue
Baltimore 21215

► BRINTON WOODS POST-ACUTE CARE CENTER

410-325-4000
5009 Frankford Avenue
Baltimore 21206

► BROADMEAD

410-527-1900
13801 York Road
Cockeysville 21030

► CHARLESTOWN

410-247-9700
709 Maiden Choice Lane
Catonsville 21228

► CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living,
LTC nursing, rehabilitation and
memory care.

► CRAWFORD RETREAT

410-947-7286
2117 Denison Street
Baltimore 21216

► EDENWALD

410-339-6000
800 Southerly Road
Towson 21286

► ENVOY OF PIKESVILLE

410-486-8771
7 Sudbrook Lane
Pikesville 21208

► FAYETTE HEALTH AND REHAB CENTER

410-727-3947
1217 West Fayette Street
Baltimore 21223

► FOREST HAVEN NURSING HOME

410-747-7425
701 Edmondson Avenue
Catonsville 21228

► FREDERICK VILLA NURSING AND REHAB CENTER

410-788-3300
711 Academy Road
Catonsville 21228

► FUTURECARE HEALTH AND MANAGEMENT CORPORATION

Canton Harbor
410-342-6644
1300 South Ellwood Avenue
Baltimore 21224

Charles Village
2337 North Charles Street
Baltimore 21218

Cherrywood
410-833-3801
12020 Reisterstown Road
Reisterstown 21136

Cold Spring
410-254-3300

4700 Harford Road
Baltimore 21214

Courtland Gardens
410-521-3600
7920 Scotts Level Road
Baltimore 21208

Homewood
410-554-6300
2700 North Charles Street
Baltimore 21218

Irvington
410-947-3052

22 South Athol
Baltimore 21229

Locheam
410-358-3410

4800 Seton Drive
Baltimore 21215

Northpoint
410-282-0100
1046 North Point Road
Baltimore 21224

Old Court
410-922-3200

5412 Old Court Road
Randallstown 21133

Sandtown-Winchester
410-669-2750
1000 North Gilmor Street
Baltimore 21217



► GENESIS HEALTHCARE

Caton Manor
410-525-1544
3330 Wilkens Avenue
Baltimore 21229

Catonsville Commons
410-747-1800
16 Fusting Avenue
Catonsville 21228

Cromwell Center
410-661-5955
8710 Emge Road
Baltimore 21234

Franklin Woods Center
410-391-2600
9200 Franklin Square Drive
Baltimore 21237

Heritage Center
410-282-6310
7232 German Hill Road
Dundalk 21222

Homewood Center
410-323-4223
6000 Bellona Avenue
Baltimore 21212

Loch Raven Center
410-668-1961
8720 Emge Road
Baltimore 21234

Long Green Center
410-435-9073
115 East Melrose Avenue
Baltimore 21212

Multi-Medical Center
410-821-5500
7700 York Road
Towson 21204

Patapsco Valley Center
410-655-7373
9109 Liberty Road
Randallstown 21133

Perring Parkway Center
410-661-5717
1801 Wentworth Road
Baltimore 21234

Powerback Rehabilitation
410-296-1990
515 Brightfield Road
Lutherville 21093

► GOOD SAMARITAN NURSING CENTER

410-532-5600
1601 East Belvedere Avenue
Baltimore 21239

► GREEN HOUSE RESIDENCES AT STADIUM PLACE, THE

410-554-9890
1010 East 33rd Street
Baltimore 21218

► HCR MANOR CARE

Dulaney
410-828-6500
111 West Road
Towson 21204

Roland Park
410-662-8606
4669 Falls Road
Baltimore 21209

Rossville
410-574-4950
6600 Ridge Road
Rosedale 21237

Ruxton
410-821-9600
7001 North Charles Street
Towson 21204

Towson
410-828-9494
509 East Joppa Road
Towson 21286

Woodbridge Valley
410-402-1200
1525 North Rolling Road
Catonsville 21228

► HOLLY HILL NURSING AND REHABILITATION CENTER

410-823-5310
531 Stevenson Lane
Towson 21286

► **KESWICK MULTI-CARE CENTER**
410-235-8860
700 West 40th Street
Baltimore 21211

► **LEVINDALE HEBREW GERIATRIC CENTER AND HOSPITAL**
410-601-2400
www.lifebridgehealth.org/levindale
2434 West Belvedere Avenue
Baltimore 21215
The future of health care is here.

► **LITTLE SISTERS OF THE POOR ST. MARTIN'S**
410-744-9367
601 Maiden Choice Lane
Baltimore 21228

► **LORIE MAYS CHAPEL**
410-252-0880
12230 Roundwood Road
Timonium 21093

► **MARYLAND BAPTIST AGED HOME**
410-945-7650
2801 Rayner Avenue
Baltimore 21216

► **MARYLAND MASONIC HOMES**
410-527-1111
300 International Circle
Cockeysville 21030

► **MID-ATLANTIC OF CHAPEL HILL NURSING CENTER**
410-922-2443
4511 Robosson Road
Randallstown 21133

► **MILFORD MANOR NURSING HOME**
410-486-1500
4204 Old Milford Mill Road
Baltimore 21208

► **NORTHWEST NURSING AND REHABILITATION CENTER**
410-664-5551
4601 Pall Mall Road
Baltimore 21215

► **OAK CREST**
410-882-3295
8832 Walther Boulevard
Parkville 21234

► **OAKWOOD CARE CENTER**
410-687-1383
1300 Windlass Drive
Baltimore 21220

► **OVERLEA HEALTH AND REHABILITATION CENTER**
410-426-1424
6116 Belair Road
Baltimore 21206

► **PICKERSGILL RETIREMENT COMMUNITY**
410-825-7423
615 Chestnut Avenue
Towson 21204

► **PRESBYTERIAN HOME OF MARYLAND**
410-823-4622
400 Georgia Court
Towson 21204

► **RIDGEWAY MANOR NURSING AND REHAB CENTER**
410-747-5250
5743 Edmondson Avenue
Catonsville 21228

► **RIVERVIEW REHABILITATION AND HEALTH CENTER**
410-574-1400
1 Eastern Boulevard
Essex 21221

► **ROLAND PARK PLACE**
410-243-5800
830 West 40th Street
Baltimore 21211

► **ST. ELIZABETH REHABILITATION AND NURSING CENTER**
410-644-7100
3320 Benson Avenue
Baltimore 21227

► **ST. JOSEPH'S NURSING HOME**
410-747-0026
1222 Tugwell Drive
Catonsville 21228

► **STELLA MARIS**
410-252-4500
2300 Dulaney Valley Road
Timonium 21093

► **SUMMITT PARK HEALTH AND REHABILITATION CENTER**
410-747-3287
1502 Frederick Road
Catonsville 21228

► **TRANSITIONAL CARE AT MERCY MEDICAL CENTER**
410-332-9287
301 Saint Paul Place
Baltimore 21202

► **TRANSITIONAL CARE SERVICES AT GOOD SAMARITAN**
443-444-4070
5601 Loch Raven Boulevard
Baltimore 21239

► **WESTGATE HILLS REHAB & HEALTHCARE CENTER**
410-646-2100
10 North Rock Glen Road
Baltimore 21229

NURSING HOMES - RELATED PROGRAMS

► **COMMUNITY FIRST CHOICE**
410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who have Community Medical Assistance and meet Medicaid's institutional level of care to remain in a community setting. Provides supports planning, personal care, nurse monitoring, home delivered meals, assistive devices, environmental assessment and more.

► **HOME AND COMMUNITY BASED OPTIONS WAIVER**
410-887-2594 (County)
410-396-2273 (City)
Enables individuals 18 and older, who are financially eligible and meet Medicaid's long-term care admission criteria to remain in a community setting. Provides supports planning, personal care, medical day care, nurse monitoring, assisted living, home delivered meals, assistive devices, environmental assessment and more. Call for more information. To begin the eligibility determination process, call MD Access Point for the Long Term Services and Supports Screen. *See Financial Eligibility Guidelines listed in publication.

► **KEPRO**
844-455-8708
Determines level of care for nursing home residents upon admission when payment is Medical Assistance.

► **LEGAL AID BUREAU, INC., NURSING HOME PROGRAM**
410-951-7750, Press 8
Free legal assistance for nursing home and assisted living residents who meet financial eligibility. Assists with legal problems related to their care in the facility.

► **LONG TERM CARE MEDICAL ASSISTANCE**
410-455-7517 (County)
855-458-2273 (City)
Medicaid application for nursing home residents.

► **MARYLAND HEALTH CARE COMMISSION, NURSING HOME GUIDE**
410-764-3460
www.mhcc.maryland.gov/consumerinfo/longtermcare
Compares nursing home facilities.

► NURSING HOME COMPARE

www.medicare.gov/nhcompare/home.asp

► OFFICE OF HEALTH CARE QUALITY, NURSING HOMES, LONG TERM CARE UNIT

410-402-8201

Ensures that State licensure and Medicare/Medicaid standards are maintained. Investigates complaints of resident abuse.

► OMBUDSMAN PROGRAM

410-887-4200 (County)
410-396-3144 (City)

Advocates for long term care residents. Provides resolution or referral of complaints concerning nursing homes and assisted living facilities.

NUTRITION SERVICES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273. See also Summary of Services - Eating Together Program.

SENIOR CENTERS

An Eating Together Program lunch is served in each of the 20 Baltimore County Senior Centers (see Senior Centers list) and various locations throughout Baltimore City. There is no charge for the meals; however, a confidential, voluntary donation is requested. Advance reservations are required. Baltimore County Senior Center Councils sponsor meals for special events; contact the senior center for special event information.

ADDITIONAL CONGREGATE MEAL PROGRAMS

The Eating Together Program provides lunch or evening meals at some Community Nutrition Sites or Congregate Housing locations. There is no charge for meals; however, a confidential, voluntary donation is requested. Since these sites are open fewer than five days a week, an office or lobby phone number is provided.

B = Breakfast
E = Evening meals
I = Islamic meals only
K = Kosher meals only
KOR = Korean meals only
L = Lunch meals

BALTIMORE COUNTY

- **ARBUTUS SENIOR CENTER (L)**
410-887-1410
- **ATEAZE SENIOR CENTER (L)**
410-887-7233
- **BYKOTA SENIOR CENTER (L)**
410-887-3094
- **CATONSVILLE SENIOR CENTER (L)**
410-887-0900
- **COCKEYSVILLE SENIOR CENTER (L)**
410-887-7694
- **EDGEMERE SENIOR CENTER (L)**
410-887-7530
- **ESSEX CO-OP APARTMENTS (E)**
410-391-7616
- **ESSEX SENIOR CENTER (L)**
410-887-0267
- **FLEMING SENIOR CENTER (L)**
410-887-7225
- **GOLDEN RING APARTMENTS (E)**
410-682-4657
- **HEREFORD SENIOR CENTER (L)**
410-887-1923

- **ISLAMIC SOCIETY OF BALTIMORE (I) (L) (E)**
410-747-4869
- **JACKSONVILLE SENIOR CENTER (L)**
410-887-8208
- **LANSDOWNE/BALTIMORE HIGHLANDS SENIOR CENTER (L)**
410-887-1443
- **LIBERTY SENIOR CENTER (L)**
410-887-0780
- **OVERLEA-FULLERTON SENIOR CENTER (L)**
410-887-5220
- **PARK VIEW AT CATONSVILLE (E)**
410-719-9464
- **PARK VIEW AT DUNDALK (E)**
410-288-5483
- **PARK VIEW AT TOWSON (E)**
410-828-7185
- **PARKVILLE SENIOR CENTER (L)**
410-887-5338
- **PIKESVILLE SENIOR CENTER (L)**
410-887-1245
- **REISTERSTOWN SENIOR CENTER (L)**
410-887-1143

- **REISTER'S VIEW (E)**
410-517-4994
- **ROSEDALE SENIOR CENTER (L)**
410-887-0233
- **SEVEN OAKS SENIOR CENTER (L)**
410-887-5192
- **ST. LUKE'S PLACE (L)**
410-477-3661
- **TABCO TOWERS (L)**
410-821-9220
- **TRINITY HOUSE (L)**
410-825-5288
- **VICTORY VILLA SENIOR CENTER (L)**
410-887-0235
- **WEINBERG GARDENS (K) (E)**
410-602-8200
- **WEINBERG HOUSE (K) (E)**
410-602-2405
- **WEINBERG VILLAGE I (K) (E)**
410-581-7878
- **WEINBERG VILLAGE III (K) (E)**
410-581-7878
- **WOODLAWN SENIOR CENTER (L)**
410-887-6887



BALTIMORE CITY

- ▶ **ABUNDANT LIFE TOWERS (L)**
410-367-5433
- ▶ **ALLEN SENIOR CENTER (L)**
410-685-6224
- ▶ **APOSTOLIC TOWERS (L)**
410-342-1353
- ▶ **ASHLAND TERRACE (L)**
410-276-6440
- ▶ **AUGSBURG LUTHERAN CHURCH (L)**
410-542-6270
- ▶ **BASILICA PLACE (L)**
410-539-0418
- ▶ **BELVEDERE GREEN (E)**
410-433-7255
- ▶ **BERNARD E. MASON (L) (E)**
410-396-0488
- ▶ **BOLTON NORTH (L)**
410-462-5433
- ▶ **BRISTOL HOUSE (K) (E)**
410-466-1990
- ▶ **CHERRY HILL SENIOR CENTER (L)**
410-396-3838
- ▶ **COLDSTREAM (L)**
410-396-6746
- ▶ **CURTIS BAY REC. CENTER (L)**
410-396-1811
- ▶ **DELTA SIGMA THETA SORORITY (L)**
410-608-3344
- ▶ **DEPAUL HOUSE (L)**
410-644-8484
- ▶ **EDGEWOOD RECREATION CENTER (L)**
443-984-3105
- ▶ **EDWARD A. MYERBERG SENIOR CENTER (K) (L)**
410-358-6856
- ▶ **ELLERSLIE APARTMENTS (L)**
410-396-3005
- ▶ **EPIPHANY HOUSE (L)**
410-323-3040
- ▶ **EVERALL GARDEN APARTMENTS (E)**
410-444-5850
- ▶ **FATIMA HOUSE (E)**
410-631-3555

- ▶ **FORREST PARK SENIOR CENTER (L)**
410-466-2124
- ▶ **FOSTER GRANDPARENTS UNION BAPTIST CHURCH CHILD CARE CENTER (E)**
410-366-6356
- ▶ **GALLAGHER MANSION (L)**
410-435-4416
- ▶ **GREENMOUNT SENIOR CENTER (KOR) (L)**
410-396-3552
- ▶ **HANOVER SQUARE APARTMENTS (L)**
410-962-1043
- ▶ **HARBOR APARTMENT (E)**
410-837-1010
- ▶ **HARFORD SENIOR CENTER (L)**
410-426-4009
- ▶ **HATTON SENIOR CENTER (L)**
410-396-9025
- ▶ **HIGHLANDTOWN PLAZA (E)**
410-674-4460
- ▶ **HOLLINS HOUSE (L)**
443-984-3137
- ▶ **IVY FAMILY SUPPORT CENTER (L)**
410-367-6750
- ▶ **JOHN BOOTH SENIOR CENTER (L)**
410-396-9202
- ▶ **KIRKWOOD HOUSE (L)**
410-464-0106
- ▶ **LAKEWOOD APARTMENTS (L)**
410-522-7444
- ▶ **LINDEN PARK APARTMENTS (E)**
410-728-7806
- ▶ **MANHATTAN PARK APARTMENTS (L)**
410-466-8080
- ▶ **MANORS WEST (K) (L)**
410-396-6228
- ▶ **MCKIM CENTER HOMELESS SHELTER (L)**
410-276-5519
- ▶ **MORAVIA PARK APARTMENTS (L)**
410-325-3890
- ▶ **MOUNT CLARE OVERLOOK (L)**
410-727-4477
- ▶ **N. M. CARROLL MANOR (L)**
410-669-4270
- ▶ **OLIVER SENIOR CENTER (L)**
410-545-6239
- ▶ **OUR LADY OF FATIMA (L)**
410-633-9393
- ▶ **PARKVIEW APARTMENTS (E)**
410-542-4400
- ▶ **PENN NORTH PLAZA (L)**
410-383-8595
- ▶ **RENAISSANCE GARDENS (E)**
410-685-7183
- ▶ **SANDTOWN WINCHESTER SENIOR CENTER (B) (L)**
410-396-7725
- ▶ **SENIOR COMPANION (L)**
410-396-8013
- ▶ **SENIOR NETWORK SENIOR CENTER (L)**
410-323-3576
- ▶ **SMALLWOOD SUMMIT (L)**
410-566-5792
- ▶ **STADIUM PLACE/ EDNOR HOUSE (L)**
410-243-0180
- ▶ **WABASH COOPERATIVE APARTMENTS (L)**
410-342-8003
- ▶ **WALKERS MEWS (E)**
410-323-8507
- ▶ **WATERS TOWERS (L)**
410-342-6240
- ▶ **WAXTER SENIOR CENTER (B) (L)**
410-396-1331
- ▶ **WAYLAND VILLAGE (L)**
410-578-9142
- ▶ **WEINBERG PLACE (KOSHER) (K) (E)**
410-542-4111
- ▶ **WESTMINSTER HOUSE (L)**
410-837-0180
- ▶ **WOODBOURNE WOODS (E)**
410-433-7255

- ▶ **ZETA COMMUNITY CENTER (L)**
410-396-3535

MEAL PREPARATION

See also Home Health Services and Home Care (Non-Medical).

▶ **GRISWOLD HOME CARE**
410-988-5094
800-474-7965
www.griswoldhomecare.com
We're here when you need a helping hand.

▶ **MB HOMECARE**
410-440-9601
410-440-8968
www.mbhomecare.com
Provide compassionate in-home care to seniors and disabled adults.

▶ **SENIORS HELPING SENIORS**
410-989-3775 (County)
410-650-4778 (City)
www.seniorshelpingseniors.com/westbaltimorecounty
Seniors Helping Seniors...a way to give and to receive®.

OTHER NUTRITION SERVICES

▶ **GBMC GECKLE DIABETES & NUTRITION CENTER**
443-849-2036
www.gbmc.org/diabetes
Physicians Pavilion East
6565 North Charles Street,
Suite 507
Baltimore 21204
Education and support groups for those with nutrition-related conditions.

▶ **HALETHORPE PHARMACY (A CARE PHARMACY)**
410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MEALS ON WHEELS OF CENTRAL MARYLAND, INC.

410-558-0827
www.mealsonwheelsmd.org
Prepares and delivers two meals per day, Monday-Friday, to the homebound of any age. Kosher meals available on limited basis.

► MOVEABLE FEAST

410-327-3420
800-556-9417(Toll Free)
Home delivered meals to persons with cancer or HIV/AIDS. Program requires a referral from a physician.

► OUR DAILY BREAD

443-986-9000

OPTICIANS/ OPTICAL SERVICES

See Physicians, Physician Referral Services, Physicians Who Make House Calls and Vision Resources.

PERSONAL NEEDS

See also Medical Equipment and Supplies and Pharmacies Offering Home Delivery.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► MYMAR, LLC

443-743-3647
www.mymar.biz
Affordable medication reminder service; when forgetting is not an option.

PHARMACIES OFFERING HOME DELIVERY

In most cases, these pharmacies deliver free of charge, but deliveries may be limited to prescription items only. Please call for services and delivery requirements.

► FAMILY FIRST PHARMACY

410-363-0500
www.familyfirstpharmacy.com
1 Easter Court, Suite G
Owings Mills 21117
We provide insurance billing, competitive prices and medical/supplies/equipment.

► HALETHORPE PHARMACY (A CARE PHARMACY)

410-247-3344
www.halethorpepharmacy.com
1307 Francis Avenue
Baltimore 21227
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► INDEPENDENT DRUG (A CARE PHARMACY)

410-687-1115
www.independentdrug.com
28 Kingston Road
Middle River 21220
Delivery, assisted living, immunizations, medical equipment/supplies, Medicare-D consultations, hospice.

► PROFESSIONAL PHARMACY (AN EPIC PHARMACY)

410-687-8113
800-595-3196
www.propharmacyrx.net
9106 Philadelphia Road, Suite 100
Baltimore 21237
Bringing pharmacy to life with quick and efficient service.

PHYSICIAN REFERRAL SERVICES

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► BALTIMORE COUNTY MEDICAL ASSOCIATION/ MEDCHI

410-296-1232
A referral service for physicians in Baltimore County.

► MARYLAND MEDICAL ASSISTANCE BENEFICIARY SERVICES AND PHARMACY ACCESS HOTLINE

800-492-5231
Names of doctors who accept Medical Assistance.

► MARYLAND STATE MEDICAL SOCIETY (MEDCHI)

410-539-0872
A referral service for physicians in Maryland.

► MEDICARE

800-633-4227
www.medicare.gov (Click Resource Locator, Then Click Physician Compare). To identify physicians who accept Medicare reimbursement.

PHYSICIANS WHO MAKE HOUSE CALLS

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

PHYSICIANS

See also Community Mental Health, Health Clinics, Hospital Subspecialties Physicians Who Make House Calls and Vision Resources.

PODIATRISTS

For referral services, please review the Physicians Who Make House Calls category or contact Maryland Access Point of Baltimore County at 410-887-2594, 844-627-5465 (Toll Free) or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.



P - R

PUBLICATIONS OF INTEREST - RECREATION AND LEISURE ACTIVITIES

PUBLICATIONS OF INTEREST

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **BALTIMORE CITY HEALTH DEPARTMENT**
410-396-4398

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES MARYLAND ACCESS POINT, GOLD CARD, CARE BROCHURES**
410-396-2273

► **BALTIMORE COUNTY DEPARTMENT OF AGING PUBLICATIONS**
410-887-2594

(Maryland Access Point of Baltimore County)
Produces publications and other informational media that are primarily available at no cost. Contact Maryland Access Point of Baltimore County for information.

- **Brain Matters** - available in May 2016

- **Community Resources**
- **Senior Digest***

(subscription fee applies)

- **The Power of Age Expo Program Guide** - available in October.

Publications are also available at 20 Baltimore County senior centers, Baltimore County public libraries and through Project DOCS, a partnership with local hospitals. To view senior center newsletters online visit: <http://www.baltimorecountymd.gov/agencies/aging/centers/newsletters.html>.



► **BALTIMORE COUNTY SENIOR DIGEST***
410-887-3050

www.baltimorecountymd.gov/Agencies/aging/publications/seniordigest.html

A newspaper filled with information and interests pertaining to older adults, baby boomers, caregivers, families, persons with disabilities and professionals. Published eight times annually by the Baltimore County Department of Aging. Cost is \$5 per year for subscribers 60 and older who live in Baltimore County; \$7 per year for all other subscribers. Advertising opportunities available. Please phone for pricing.

► **CAREGIVER CONNECTION**
410-887-2594

A free newsletter for caregivers by mail or e-mail. To subscribe, visit www.baltimorecountymd.gov/subscribe/caregiver.

► **COUNTY CONNECTION**

An e-newsletter from the County Executive's office. To subscribe, visit www.baltimorecountymd.gov/subscribe/index.html.

► **EMERGENCY CARD Orange Card** -

410-887-2594 (County)

Gold Card -

410-396-2273 (City)

This card could save your life. This card lists all of your medications and other medical information. Emergency medical personnel look for this card on refrigerators in an emergency.

REALTORS, REAL ESTATE AGENTS

► **TOM ROACH PAT SKARUPA RE/MAX AMERICAN DREAM**

410-515-0900

410-515-8881

www.tomroach.realtor

Bel Air Office
620 South Main Street
Bel Air 21014

Perry Hall Office
9414 Belair Road
Baltimore 21236

For personal, roll up your sleeves, no excuses classic service.

RECREATION AND LEISURE ACTIVITIES

► **BALTIMORE CITY RECREATION AND PARKS**
410-396-7900

410-396-7515 (Therapeutic)
Persons with disabilities call therapeutic number.

► **BALTIMORE CITY RECREATION AND PARKS, SENIOR CITIZENS DIVISION GOLDEN AGE CLUBS**
410-396-2920

► **BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS**
410-887-3871
Recreation and leisure opportunities in County.

The Silver Group

A unique division dedicated to providing specialty services to address the challenges associated with a Senior Move.

When you or the people you love are ready to move, you need more than just an agent.
You need a Team you can trust.

For more information, contact Bob Lucido at 410-979-6024 or Bob@BobLucidoTeam.com

THE #1 KELLER WILLIAMS TEAM IN THE WORLD

THE BOB LUCIDO TEAM
of Keller Williams Integrity

INTEGRITY. KNOWLEDGE. RESULTS.

410-465-6900

R

RECREATION AND LEISURE ACTIVITIES - RESPITE CARE SERVICES

► BALTIMORE COUNTY DEPARTMENT OF RECREATION AND PARKS, THERAPEUTIC SERVICES

410-887-5370

Recreational programs and services for persons with disabilities.

► BALTIMORE COUNTY OFFICE OF TOURISM

410-887-2849

► BALTIMORE COUNTY SENIOR CENTERS

(See "Senior Centers")

► MARYLAND SENIOR OLYMPICS

410-396-2920

Competitions for people age 50 and over in archery, bowling, cycling, golf, horseshoes, track and field and more.

► SENIOR BOX OFFICE

410-887-5399

www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for events. Travel opportunities also available without membership.

► TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING WELLNESS CENTER

410-704-4555

Offering a focus on medical fitness and exercise for seniors.

GOLF COURSES, BALTIMORE CITY

Carroll Park
410-685-8344

Clifton Park
410-243-3500

Forest Park
410-448-4653

Mount Pleasant
410-254-5100

Pine Ridge
410-252-1408

GOLF COURSES, BALTIMORE COUNTY

410-887-GOLF (4653)
www.baltimoregolfing.com

Diamond Ridge
410-887-1349

Greystone
410-887-1945

Fox Hollow
410-887-7735

Rocky Point
410-887-0215

The Woodlands
410-887-1349

AQUATIC PROGRAMS FOR OLDER ADULTS AND PERSONS WITH PHYSICAL DISABILITIES

Recreational water programs led by trained instructors. Ability to swim not required. Fees vary.

► ARTHRITIS FOUNDATION, MARYLAND CHAPTER

800-365-3811

Maintains current listing of swimming programs for arthritic individuals and persons with disabilities.

► KERNAN HOSPITAL AQUATIC EXERCISE PROGRAM

410-448-6706

► LEAGUE FOR PEOPLE WITH DISABILITIES, WELLNESS PROGRAM

410-323-0500, Ext. 314

► MULTIPLE SCLEROSIS SOCIETY OF MARYLAND

800-344-4867, Press 1

Maintains current listing of swimming programs for persons with disabilities.



► Y OF CENTRAL MARYLAND

Baltimore City

410-889-9622

Catonsville

410-747-9622

Dundalk

410-285-7616

Parkville

410-663-1300

Randallstown

410-496-4272

Towson

410-823-8870

RESPITE CARE SERVICES

See also Assisted Living Programs, Home Health Services, Home Care (Non-Medical), Memory Care and Nursing Homes.

► BRIGHTSTAR HEALTHCARE OF BALTIMORE CITY/COUNTY

443-275-2796 (24-Hour Service)

www.brightstarcare.com/

baltimore-citycounty/

1615 York Road, Suite 205

Lutherville-Timonium 21093

Private duty homecare: nursing assistants, RN's, LPN's, Joint

Commission Accreditation.

► COMFORCARE HOME CARE SERVICES

410-922-6262

www.comforcare.com/

baltimore-carroll

9952 Liberty Road

Randallstown 21133

ComForcare provides care to help persons thrive in their home.

► ELIZABETH COONEY CARE NETWORK

410-323-1700 (24-Hour Service)

888-353-1700

www.care-network.com

1107 Kenilworth Drive,

Suite 200

Towson 21204

Celebrating 59 years - caring professional PT's, RN's, LPN's, CNA's, companions.

► GRISWOLD HOME CARE

410-988-5094

800-474-7965

www.griswoldhomecare.com

We're here when you need a helping hand.

► HOUSEN HEALTH SERVICES

855-800-4682

301-933-8188

<http://houseshc.com>

601 Seventh Street, Suite 203

Laurel 20707

Serving veterans for 20+ years, now opening to the community.

R

RESPIRE CARE SERVICES - REVERSE MORTGAGES

► **MAPLES OF TOWSON, THE**
 410-296-8900
www.themaples-towson.com
 7925 York Road
 Towson 21204
 A family owned AL community in the heart of Towson.

► **MB HOMECARE**
 410-440-9601
 410-440-8968
www.mbhomecare.com
 Provide compassionate in-home care to seniors and disabled adults.

► **SENIORS HELPING SENIORS**
 410-989-3775 (County)
 410-650-4778 (City)
www.seniorshelpingseniors.com/westbaltimorecounty
 Seniors Helping Seniors...a way to give and to receive®.

► **STELLA MARIS**
 410-252-4500
www.stellamaris.org
 2300 Dulaney Valley Road
 Timonium 21093
 Long-term, hospice, home care, housing, respite, rehab services available.

REVERSE MORTGAGES

For additional services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

Reverse mortgage counseling is a mandatory part of the application process.



► **BALTIMORE COUNTY EMPLOYEES FEDERAL CREDIT UNION**
 410-828-4730
 800-234-4730
www.bcefcu.com
 23 West Susquehanna Avenue
 Towson 21204
 Serving Baltimore County Government employees, volunteers and their families.

► **HOWARD COUNTY OFFICE ON AGING**
 800-506-5806, Press 1
 HUD certified reverse mortgage housing counselors.

► **NET EQUITY FINANCIAL, INC.**
 Bill Peterson
 NMLS# 104372
 443-725-3543
www.netequitymtg.com
 4940 Campbell Boulevard, Suite 210
 Nottingham 21236
 A family-oriented, trustworthy, SeniorChecked® financial organization here for you.

► **ST. AMBROSE HOUSING AID CENTER**
 410-366-8550
 HUD certified reverse mortgage housing counselors.

► **U.S. HOUSING AND URBAN DEVELOPMENT, HOME EQUITY CONVERSION MORTGAGE PROGRAM**
 800-569-4287
 Lists housing counseling agencies.



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Cherishing every moment, we care for your loved ones through comprehensive, compassionate and dignified care.

Skilled Home Care • In-Patient and Home Hospice • Long Term Care • Transitional Care
 Private Companion Services • Senior Living • Short Term Respite • Senior Day Center



stellamaris.org • (410) 252-4500 •
 An affiliate of Mercy Health Services

2015 Top Rated Nursing Homes by U.S. News & World Report and medicare.gov

SENIOR CENTERS

See also Fitness Centers.

BALTIMORE COUNTY

410-887-2040

www.baltimorecountymd.gov/seniorcenters

Energize Your Life! at a Baltimore County Senior Center. Baltimore County Department of Aging sponsors 20 senior centers, most of which have been twice nationally accredited by the National Institute of Senior Centers. Located throughout the county, these centers provide opportunities for persons 60 years of age and older to get energized by participating in events, classes, services and other activities that reflect their experience and skills, respond to their diverse needs and interests, support their independence and encourage involvement in and with the center and the community.

Senior centers offer opportunities for leadership and volunteerism, lifelong learning, participation in trips, sports, exercise, art, dance, drama, music, theater, and advocacy. Thirteen senior centers offer access to fitness equipment for an additional fee. An "Eating Together" program is available at all senior centers (see Nutrition Services). Health and nutrition education and screening services are available along with a myriad of creative outlets designed to promote health and well-being. Referrals are made for additional services as necessary.

The centers provide a welcoming environment for fun, socialization and resources related to healthy aging. They also offer information and support for caregivers.

CENTER CONNECTION

A senior center service that supports and links individuals to senior center programs. Available at eight senior centers marked by asterisk*.

▶ ARBUTUS SENIOR CENTER

410-887-1410
www.baltimorecountymd.gov/arbutus
855A Sulphur Spring Road
Baltimore 21227

▶ ATEAZE SENIOR CENTER*

410-887-7233
410-284-3273 (Council)
410-285-0481 (Travel Desk)
www.baltimorecountymd.gov/ateaze
7401 Holabird Avenue
Dundalk 21222

▶ BYKOTA SENIOR CENTER*

410-887-3094
410-887-1691 (Travel Desk)
www.baltimorecountymd.gov/bykota
611 Central Avenue
Towson 21204

▶ CATONSVILLE SENIOR CENTER*

410-887-0900
410-744-0170 (Travel Desk)
www.baltimorecountymd.gov/catonsville
501 North Rolling Road
Catonville 21228

▶ COCKEYSVILLE SENIOR CENTER*

(at Warren Place Apts.)
410-887-7694
www.baltimorecountymd.gov/cockeyville
10535 York Road
Cockeysville 21030

▶ EDGEMERE SENIOR CENTER

410-887-7530
410-477-2141 (Travel Desk)
www.baltimorecountymd.gov/edgemere
6600 North Point Road
Edgemere 21219

▶ ESSEX SENIOR CENTER*

410-887-0267
410-687-5113 (Travel Desk)
www.baltimorecountymd.gov/essex
600 Dorsey Avenue
Essex 21221

▶ FLEMING SENIOR CENTER

410-887-7225
www.baltimorecountymd.gov/fleming
641 Main Street
Dundalk 21222

▶ HEREFORD SENIOR CENTER

410-887-1923
www.baltimorecountymd.gov/herford
510 Monkton Road
Hereford 21111

▶ JACKSONVILLE SENIOR CENTER

410-887-8208
www.baltimorecountymd.gov/jacksonville
3605A Sweet Air Road
Phoenix 21131

▶ LANSDOWNE/BALTIMORE HIGHLANDS SENIOR CENTER

410-887-1443
www.baltimorecountymd.gov/lansdowne
424 Third Avenue
Lansdowne 21227

▶ LIBERTY SENIOR CENTER*

410-887-0780
410-922-6200 (Council)
www.baltimorecountymd.gov/liberty
3525 Resource Drive
Randallstown 21133

▶ OVERLEA-FULLERTON SENIOR CENTER

410-887-5220
www.baltimorecountymd.gov/overleafullerton
4314 Fullerton Avenue
Overlea 21236

▶ PARKVILLE SENIOR CENTER*

410-887-5338
410-882-6087 (Travel Desk)
www.baltimorecountymd.gov/parkville
8601 Harford Road
Parkville 21234

▶ PIKESVILLE SENIOR CENTER*

410-887-1245
410-484-5285 (Council/Travel Desk)
www.baltimorecountymd.gov/pikesville
1301 Reisterstown Road
Pikesville 21208

▶ REISTERSTOWN SENIOR CENTER

410-887-1143
www.baltimorecountymd.gov/reisterstown
12035 Reisterstown Road
Reisterstown 21136

▶ ROSEDALE SENIOR CENTER

410-887-0233
410-574-4125 (Travel Desk)
www.baltimorecountymd.gov/rosedale
1208 Neighbors Avenue
Rosedale 21237

▶ SEVEN OAKS SENIOR CENTER

410-887-5192
www.baltimorecountymd.gov/sevenoaks
9210 Seven Courts Drive
Baltimore 21236

▶ VICTORY VILLA SENIOR CENTER

410-887-0235
410-686-1352 (Council)
www.baltimorecountymd.gov/victoryvilla
403 Compass Road
Middle River 21220

▶ WOODLAWN SENIOR CENTER

410-887-6887
www.baltimorecountymd.gov/woodlawn
2120 Gwynn Oak Avenue
Woodlawn 21207

S

SENIOR CENTERS - SUPPORT GROUPS

BALTIMORE CITY

Healthy and Active Aging is the theme of Baltimore City's fourteen (14) senior centers. Six (6) of the fourteen are operated by CARE Services. Centers are strategically located throughout the city offering a range of services, programs and activities that help meet the social, physical and intellectual needs of older adults.

Each center provides opportunities for adults, age 55 and older to engage in activities that are stimulating, enhancing and culturally diverse. Participants can choose from an array of choices and options that foster skill development, lifelong learning, art creativity, and cultural exchange. In addition, centers provide nutritional health, education, screening and a safe, embracing environment for socialization within the community, and also opportunities for volunteerism.

Baltimore City welcomes you to connect with any one of the fourteen (14) centers and find what interests you to maintain a healthy and active aging lifestyle.

► ACTION IN MATURITY

410-889-7915
700 West 40th Street
Baltimore 21211

► ALLEN SENIOR CENTER

410-685-6224
1404 South Charles Street
Baltimore 21230

► CHERRY HILL SENIOR CENTER

410-396-2920
3301 Waterview Avenue
Baltimore 21230

► EDWARD A. MYERBERG SENIOR CENTER

410-358-6856
3101 Fallstaff Road
Baltimore 21209

► FOREST PARK SENIOR CENTER

410-466-2124
4801 Liberty Heights Avenue
Baltimore 21207

► GREENMOUNT SENIOR CENTER

410-396-3552
425 East Federal Street
Baltimore 21202

► HARFORD SENIOR CENTER

410-426-4009
4920 Harford Road
Baltimore 21214

► HATTON SENIOR CENTER

410-396-9025
2825 Fait Avenue
Baltimore 21224

► JOHN BOOTH/HOOPER SENIOR CENTER

410-396-9202
2601-A East Baltimore Street
Baltimore 21224

► OLIVER SENIOR CENTER

410-396-3861
1700 North Gay Street
Baltimore 21213

► SANDTOWN WINCHESTER SENIOR CENTER

410-396-7724
1601 Baker Street
Baltimore 21217

► SENIOR NETWORK OF NORTH BALTIMORE

410-323-7131
5828 York Road
Baltimore 21212

► WAXTER CENTER FOR SENIOR CITIZENS

410-396-1324
1000 Cathedral Street
Baltimore 21201

► ZETA CENTER FOR HEALTHY AND ACTIVE AGING

410-396-3535
4501 Reisterstown Road
Baltimore 21215



SUPPORT GROUPS

ALCOHOLISM

► AL-ANON FAMILY GROUP
410-832-7094

► ALCOHOLICS ANONYMOUS
410-663-1922

ALZHEIMER'S DISEASE

► ALZHEIMER'S ASSOCIATION
410-561-9099
www.alz.org/maryland
Provides support groups for various stages of Alzheimer's Disease. Maintains listing of other support groups.

AMPUTEE SUPPORT

► GOOD SAMARITAN HOSPITAL
443-444-4100

► UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE
410-448-6706

ARTHRITIS

► ARTHRITIS FOUNDATION
800-365-3811

ASTHMA

► AMERICAN LUNG ASSOCIATION
800-586-4872

► ASTHMA AND ALLERGY FOUNDATION
410-484-2054

BEREAVEMENT/ GRIEF

► BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH
410-668-1762
Adults, not limited to cancer.

► BEREAVED PARENTS USA
410-321-7053
Bereaved parents/
grandparents.

► COMMUNITY HOSPICE OF MARYLAND
866-234-7742

► COUNSELING CENTER AT STELLA MARIS
410-252-4500, Ext. 7291
Individual counseling and support groups.

► FAMILIES OF HOMICIDE AND DRUNK-DRIVING VICTIMS
410-887-6650

S

SUPPORT GROUPS

▶ GILCHRIST HOSPICE CARE

443-849-8251
General adult support groups.

▶ HEARTLAND HOSPICE

410-719-8670

▶ HOPEWELL CANCER SUPPORT

410-832-2719
For adults/children.

▶ MEDSTAR FRANKLIN SQUARE MEDICAL CENTER

443-777-7657
Widow/widowers.

▶ PROFESSIONAL HEALTHCARE HOSPICE

410-735-5569
Bereavement support for adults.

CANCER

▶ AMERICAN CANCER SOCIETY

410-931-6850

▶ BALTIMORE CANCER SUPPORT GROUP AT ST. PETER'S LUTHERAN CHURCH

410-668-1762
Patients, caregivers and bereavement.

▶ CANCER INFORMATION SERVICE

800-4-CANCER

▶ GBMC ONCOLOGY SUPPORT PROGRAMS

443-849-2961

▶ HOPEWELL CANCER SUPPORT

410-832-2719

▶ SAINT AGNES HOSPITAL'S CANCER INSTITUTE

410-368-2970

▶ UNION MEMORIAL HOSPITAL

ARM-IN-ARM BREAST CANCER SUPPORT GROUP

410-554-6590

▶ UNIVERSITY OF MARYLAND - ST. JOSEPH CANCER INSTITUTE SUPPORT SERVICES

410-427-2011

CAREGIVERS

See also Caregivers / Grandparent support.

▶ BALTIMORE CITY HEALTH DEPARTMENT OFFICE OF AGING FAMILY CAREGIVERS SUPPORT PROGRAM

410-396-4932

▶ UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, CAREGIVERS SUPPORT GROUP

410-448-6311

▶ UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER, CAREGIVERS SUPPORT GROUP

410-337-1109

DIABETES

▶ AMERICAN DIABETES ASSOCIATION

410-265-0075

▶ UNIVERSITY OF MARYLAND - ST. JOSEPH MEDICAL CENTER

410-337-1382

DIVORCE

▶ CHANGING FOCUS

410-721-0992

EATING DISORDERS

▶ OVEREATERS ANONYMOUS

443-475-0443

EPILEPSY

▶ ABILITIES NETWORK INC./EPILEPSY

FOUNDATION OF THE CHESAPEAKE REGION
410-828-7700, Ext. 1259

LOW VISION

▶ BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600

MENTAL HEALTH

▶ ISSUES IN AGING/ LIVING - GERIATRIC SERVICES GROUP

Ateaze Senior Center
410-887-7233
Catonsville Senior Center
410-887-0900
Essex Senior Center
410-887-0267
Liberty Senior Center
410-887-0780
Pikesville Senior Center
410-887-1245

▶ NAMI - METRO BALTIMORE

410-435-2600

MESOTHELIOMA

▶ MESOTHELIOMA CENTER

800-615-2270

MULTIPLE SCLEROSIS

▶ NATIONAL MULTIPLE SCLEROSIS SOCIETY

Maryland Chapter
443-641-1200

PARKINSON'S DISEASE

▶ JOHNS HOPKINS PARKINSON'S DISEASE AND MOVEMENT DISORDER CENTER

410-955-8795

▶ PROGRESSIVE SUPRANUCLEAR PALSY, SOCIETY FOR

800-457-4777

▶ UNIVERSITY OF MARYLAND PARKINSON'S DISEASE AND MOVEMENT DISORDERS CENTER

410-328-7809

SPINAL CORD INJURY

▶ UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, SPINAL CORD INJURY SUPPORT GROUP FOR SURVIVORS/FAMILIES

410-448-6307

STROKE/BRAIN INJURY

▶ GOOD SAMARITAN HOSPITAL, STROKE CLUB

443-444-5500

▶ RETURN PROGRAM AT SINAI HOSPITAL

410-601-6080
Any type of brain injury.

▶ TOWSON UNIVERSITY, INSTITUTE FOR WELL-BEING STROKE SURVIVOR GROUP

410-704-3095
Monthly group meetings for survivors and family members.

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SUPPORT GROUPS - THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE, BRAIN INJURY SUPPORT GROUP FOR SURVIVORS/ FAMILIES**
410-448-6303

► **UNIVERSITY OF MARYLAND REHABILITATION & ORTHOPAEDIC INSTITUTE STROKE SUPPORT GROUP FOR SURVIVORS AND FAMILY**
410-448-6320

SUICIDE, FAMILIES OF VICTIMS OF SUICIDE

► **SEASONS SUICIDE BEREAVEMENT, INC.**
410-683-0159

TAX INFORMATION AND ASSISTANCE

For additional services/ information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

► **BALTIMORE COUNTY OFFICE OF BUDGET AND FINANCE, TAXPAYERS SERVICES**
410-887-2403
Information and assistance concerning property tax bills.

► **BALTIMORE CASH CAMPAIGN**
410-234-8008
Free tax preparation and other helpful financial services.

► **EARNED INCOME TAX CREDIT**
800-492-0618 (211 Helpline)
Tax credit for certain low to moderate wage earners.

► **FEDERAL TAX ASSISTANCE**
800-829-1040 (General Assistance)
800-829-3676 (Forms Distribution)

► **MARYLAND PROPERTY TAX CREDIT**
410-767-4433, Press 1
Maryland Property tax credit based on a person's gross income. Those age 70 and older may file for the past three years.

► **MARYLAND RENTER'S TAX CREDIT**
410-767-4433, Press 2
Maryland tax credit for renters when rent exceeds a fixed percentage of their gross income.

► **MARYLAND STATE TAX ASSISTANCE**
410-260-7951 (Forms)
410-260-7980 (General Assistance)

► **STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY**
410-512-4981

► **TAX COUNSELING FOR OLDER ADULTS**
410-887-2594 (County)
410-396-2273 (City)
Partnership of AARP and IRS. Free tax assistance to older adults at local senior centers during tax season.

► **TAXPAYER ADVOCATE SERVICE**
443-853-6000
An IRS office which offers free assistance to help resolve tax problems.

► **TAXPAYER ASSISTANCE OFFICE**
410-260-7980
Comptroller of Maryland answers Maryland tax questions.

THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH

► **CHARLOTTE HALL VETERANS HOME**
301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► **FOUNDATIONS OFFICE**
410-789-7772
410-269-3250
www.foundationsgroup.net
1025 West Nursery Road, Suite 112
Linthicum 21090
Medical day care/psychiatric rehabilitation services for over ten years.

► **MAPLES OF TOWSON, THE**
410-296-8900
www.themaples-towson.com
7925 York Road
Towson 21204
A family owned AL community in the heart of Towson.

Sub-Acute Care / Short Term Rehab

MARYLAND MASONIC HOMES IS NOW THE NEW CHOICE IN SHORT-TERM / SUB-ACUTE CARE! While transitioning from a hospital stay, our team of professionals will work with each patient to restore health, achieve maximum independence, and ultimately, return home.

In addition to providing Medicare Part A covered services, unparalleled care and exceptional rehabilitative services, Maryland Masonic Homes offers the following amenities to make your stay more comfortable:

- BEAUTIFULLY APPOINTED PRIVATE AND SEMI-PRIVATE ROOMS
- DIRECT TV SERVICE
- WI-FI ACCESSIBILITY
- TELEPHONE SERVICE
- DELICIOUS/NUTRITIOUS MEALS
- ROOM SERVICE
- SOCIAL ACTIVITIES



If you or a loved one are eligible to utilize your Medicare Part A benefits and have a three (3) day qualifying hospital stay, call 410-527-1111, ext. 3268



Come home to Maryland Masonic Homes!

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THERAPY: OCCUPATIONAL, PHYSICAL AND SPEECH - TRANSPORTATION SERVICES

► **STELLA MARIS**
410-252-4500
www.stellamaris.org
2300 Dulaney Valley Road
Timonium 21093
Long-term, hospice, home care, housing, respite, rehab services available.

TRANSPORTATION SERVICES

PUBLIC AND NON-PROFIT

► **ACTION IN MATURITY**
410-889-7915
www.actioninmaturity.org
Door-to-door shuttle and personal transportation for older adults and people with disabilities living in Baltimore City. Fares vary: \$2.00 round trip for grocery shuttles, personal transportation rates according to destination. Fares are waived for hardship.

► **BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES TAXI - CARD PROGRAM**
410-664-1123
www.caretaxicard.com

► **CHAI'S NORTHWEST SENIOR SHUTTLE**
410-889-1148
Free shuttle services for residents of Weinberg Senior Living and members of Northwest Neighbors Connecting. Operated by Action in Maturity.

► **COUNTYRIDE**
410-887-2080
www.baltimorecountymd.gov
Provides transportation to adults age 60 and over, persons with disabilities from age 18 - 59 and rural residents of Baltimore County. Fee of \$3.00 each way/ \$2.50 when discounted tickets are purchased in advance from CountyRide's Office or your local senior center. See Baltimore County's Summary of Services for additional information.

► **HEALTH DEPARTMENT, MEDICAL ASSISTANCE TRANSPORTATION**
410-887-2828 (County)
410-396-6422 (City)
Transportation for Medical Assistance recipients to and from their place of medical care.

► **MARYLAND MOTOR VEHICLE ADMINISTRATION**
Automated Information 410-768-7000
Customer Service 800-950-1682
Handicapped License Plates/ Mirror Tags 410-787-2958
Handicapped Signs For Residential Parking Permit 410-768-7646
410-887-3554

► **MARYLAND TRANSIT ADMINISTRATION INFORMATION CENTER (MTA)**
410-539-5000
410-539-3497 (TDD)
For buses, the Metro and Light Rail (all buses have wheelchair lifts).

► **MTA CALL-A-RIDE**
410-664-2030
www.mtacallaride.org

► **MTA MOBILITY/ PARATRANSIT SERVICE**
410-764-8181
Curb-to-curb service, 24 hours a day inside the Baltimore Beltway. Also serves within ¾ of a mile along fixed MTA routes outside the Baltimore Beltway. Client must be disabled and complete certification eligibility. Exact change required. Cost-\$1.90 each way. "Taxi Access" program available for individuals registered with MTA Mobility.

► **MTA REDUCED FARES FOR SENIORS AND PERSONS WITH DISABILITIES**
410-767-4833
410-333-2051 (TTY)
6 St. Paul Street
Baltimore 21202
People 65 and older (with a state issued ID), and those with disabilities (with application and a state issued ID) may ride for \$.70 per ride, \$2 or two tokens for a daily pass, or \$20 for a monthly pass on the bus, light rail/Metro, and one-half the regular fare on MARC trains.

PRIVATE WHEELCHAIR ACCESSIBLE

Ambulance, van and school bus companies that provide wheelchair accessible vehicles for a fee. For additional referrals/services/information call Maryland Access Point of Baltimore County at 410-887-2594 or the Baltimore City Health Department, Division of Aging and CARE Services at Maryland Access Point at 410-396-2273.

NON WHEELCHAIR ACCESSIBLE

► **JIMMY'S CAB**
410-296-7200
Visa, Mastercard, American Express, MTA Call-A-Ride, 24/7, folding wheelchairs.

TRANSPORTATION/ HOME CARE SERVICES

See also Home Health Services and Home Care (Non-Medical). Please check with agency to learn their requirements for this service.

► **COMFORCARE HOME CARE SERVICES**
410-922-6262
www.comforcare.com/baltimore-carroll
ComForcare provides care to help persons thrive in their home.

► **GRISWOLD HOME CARE**
410-988-5094
800-474-7965
www.griswoldhomecare.com
We're here when you need a helping hand.





► HOUSEN HEALTH SERVICES

855-800-4682
301-933-8188
<http://housenhc.com>
Serving veterans for 20+ years, now opening to the community.

► MB HOMECARE

410-440-9601
410-440-8968
www.mbhomecare.com
Provide compassionate in-home care to seniors and disabled adults.

► SENIORS HELPING SENIORS

410-989-3775 (County)
410-650-4778 (City)
www.seniorshelpingseniors.com/westbaltimorecounty
Seniors Helping Seniors...a way to give and to receive@.

TRAVEL

► BALTIMORE COUNTY SENIOR CENTER TRAVEL

See "Senior Centers, Baltimore County" for contact information.

► NATIONAL PASSPORT INFORMATION

877-487-2778
www.travel.state.gov/passport
Print online application to submit at post office for a US passport.

► SENIOR BOX OFFICE

410-887-5399
www.seniorboxoffice.org
Volunteer program that distributes discounted tickets to members for cultural/other events. Diverse travel opportunities available without membership.

GOLDEN AGE AND SENIOR PASSES

► FEDERAL RECREATION SENIOR PASS

410-962-4290
Lifetime permit to Federal parks, monuments and recreation areas for permanent U.S. residents age 62 and older. Cost \$10.00. Must apply in person. Closest location: Ft. McHenry.

► STATE GOLDEN AGE PASS

410-260-8186
www.dnr.maryland.gov
Free day use entry to all Maryland State Parks; half price camping Sun.-Thurs.; age 62 and older.

VETERAN RESOURCES

► AID AND ATTENDANCE PROGRAM

800-827-1000
Benefit for veterans and their spouses who need the assistance of another person to perform personal care. Financial and medical eligibility criteria apply.

► BALTIMORE VA MEDICAL CENTER

410-605-7000
877-222-8387 (Eligibility/Enrollment)
Acute medical/surgical care facility offering inpatient, outpatient, primary care services and rehabilitation.

► BALTIMORE VA REHAB AND EXTENDED CARE CENTER

410-605-7000, Press 5
Rehab and post acute care for veterans.

► CHARLOTTE HALL VETERANS HOME

301-884-8171
www.charhall.org
29449 Charlotte Hall Road
Charlotte Hall 20622
Income based assisted living, LTC nursing, rehabilitation and memory care.

► FORT HOWARD VA OUTPATIENT CLINIC

410-477-1800
Outpatient care for veterans.

► HOMEFRONT: OUR TURN TO SERVE

www.bcpl.info/community/veterans-services
Website for veterans maintained by Baltimore County Public Library.

► LOCH RAVEN VA OUTPATIENT CLINIC

410-605-7651
Outpatient care for veterans.

► MARYLAND DEPARTMENT OF VETERANS AFFAIRS

800-446-4926, Ext. 6450
www.mdva.state.md.us
Assists Maryland veterans and families to obtain benefits including Maryland Veterans Cemetery Program.

► PERRY POINT VA MEDICAL CENTER

410-642-2411
Services for Maryland veterans includes mental health, inpatient medical, long term care, rehabilitation, geriatric evaluation/management, respite, chronic ventilator and hospice care.

► TRICARE FOR LIFE

877-874-2273
Health insurance for active duty military, families and retirees.

► U. S. DEPT. OF VETERANS AFFAIRS TELEPHONE ASSISTANCE

410-230-4500 (Baltimore Region)
800-827-1000 (National Helpline)
Benefits for eligible veterans and their families.

► VA MARYLAND HEALTH CARE SYSTEM, ELIGIBILITY & ENROLLMENT CENTER

800-463-6295, Ext. 7324
To receive VA health care, veterans must first be enrolled with the VA health care system.

VISION RESOURCES

See also Assistive Technology, Disabilities Assistance, Physicians and Physicians Who Make House Calls.

► BLIND INDUSTRIES AND SERVICES OF MARYLAND

410-737-2600
Vocational training, information and referral. Sells low-vision aids and appliances at cost.

► FOUNDATION FIGHTING BLINDNESS, INC., THE

410-423-0600
800-683-5555
Funds research and provides information.





VISION RESOURCES - VOLUNTEER OPPORTUNITIES

► GBMC OPHTHALMOLOGY CLINIC

443-849-2106
www.gbmc.org/ophthalmology
Physicians Pavilion West
6569 North Charles Street,
Suite 505
Baltimore 21204
Services ranging from eye exams, diagnostic procedures and surgical procedures.

► HEALTH CARE FOR THE HOMELESS

410-837-5533
Healthcare for the homeless/
Maryland Society for Sight offers free vision care and eyeglasses to the uninsured homeless.

► IMAGE CENTER

410-982-6311
Rehabilitation and training for persons who are blind or visually impaired.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE

410-955-3429
Offers free diabetic retinopathy screening for persons who are taking diabetic medication, and are uninsured or underinsured.

► JOHNS HOPKINS HOSPITAL, WILMER EYE INSTITUTE, LIONS LOW VISION CENTER

410-955-0580
Rehabilitation and training for individuals with low vision.

► MARYLAND SOCIETY FOR SIGHT

410-243-2020
Information and referral regarding eye health and safety; visual acuity and glaucoma screenings.

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

410-230-2424
Free library services for individuals with visual or physical disabilities.

► METROPOLITAN WASHINGTON EAR

301-681-6636
A free multi-media audio information service for the blind, visually-impaired and physically disabled community.

► NATIONAL FEDERATION OF THE BLIND

410-659-9314
Information regarding services and aids available to the blind and visually impaired.

► NEW EYES FOR THE NEEDY

973-376-4903
Income eligible persons may obtain new prescription eyeglasses from local vendors with vouchers.

► NEWSLINE FOR THE BLIND

410-659-9314, Press 3
A free audio newspaper service for the blind and visually impaired.

► OFFICE FOR BLINDNESS AND VISION SERVICES, DIVISION OF REHABILITATION SERVICES

410-554-9277
Persons who are blind or visually impaired may be eligible for case management and teaching services.

► RADIO READING NETWORK OF MARYLAND, INC.

410-779-4969
A radio broadcast of the daily news from newspapers for the visually impaired. Special radio receiver required.

► STATE PROPERTY TAX DEDUCTION FOR LEGALLY BLIND IN BALTIMORE COUNTY

410-512-4981

► VISION USA

800-766-4466
Provides free eye exams and free or reduced cost eye glasses to income eligible persons.

VITAL RECORDS

► DIVISION OF VITAL RECORDS

410-764-3038
Certified copies of birth, death and marriage certificates.

► NATIONAL PASSPORT INFORMATION CENTER

877-487-2778
www.travel.state.gov/passport
Online application to present at post office for a US passport.

► REGISTER OF WILLS

410-887-6680 (County)
410-752-5131 (City)
Probate and filing of wills for safekeeping.

VOLUNTEER OPPORTUNITIES

Without volunteers, many of the programs and services listed in this directory would not exist. Your skills and expertise are diverse and so are your volunteer choices. Now is your chance to learn new skills, meet new people and share your knowledge with others.

► AARP CREATE THE GOOD

888-OUR-AARP
888-687-2277
www.createthegood.org
Create the Good is about helping others whether you have five minutes or five hours.

► AARP MARYLAND STATE OFFICE VOLUNTEERS

410-895-7614
www.aarp.org
Make a difference in the state of Maryland through a variety of volunteer opportunities.

► BALTIMORE CITY HEALTH DEPARTMENT, DIVISION OF AGING AND CARE SERVICES, MARYLAND ACCESS POINT
410-396-4932
410-396-2273

► BALTIMORE COUNTY HOME TEAM

410-887-4141
The Home Team is a community based volunteer program serving homebound Baltimore County residents 60 years of age or older who lack social supports and are at risk of social isolation. Eligible clients are matched with a volunteer who provides friendly in-home and telephone visits.

► BALTIMORE COUNTY DEPARTMENT OF AGING, LONG-TERM CARE OMBUDSMAN PROGRAM

410-887-4200
Ombudsman volunteers visit nursing homes and assisted living facilities to advocate for the needs of residents and to promote their rights and quality of life.

► PAREXEL CLINICAL RESEARCH

877-617-8839
www.parexel.com/baltimore
Harbor Hospital
3001 South Hanover Street
Baltimore 21225
Clinical trials for healthy seniors - Alzheimer's, multiple sclerosis, hypertension, asthma and diabetes.

► RETIRED AND SENIOR VOLUNTEER PROGRAM (RSVP)

410-887-3101 (County)
410-361-9400 (City)
RSVP invites individuals 55 and older to answer volunteer needs in their community. Skills and talents gained by individuals over a lifetime of experience are put to good use in nonprofit organizations, government agencies, schools and communities. There is a wide range of volunteer opportunities available.

HOTLINES AND WEBSITES

ADVOCACY GROUPS AND ORGANIZATIONS

- ▶ **AARP**
866-542-8163
www.aarp.org
- ▶ **AMERICAN SOCIETY ON AGING**
800-537-9728
www.asaging.org
- ▶ **ANNENBERG PUBLIC POLICY CENTER**
215-898-9400
www.factcheck.org
- ▶ **BALTIMORE COUNTY ASSOCIATION OF SENIOR CITIZENS ORGANIZATIONS (BCASCO)**
410-521-5726
www.bcasc.org
- ▶ **BALTIMORE COUNTY COMMISSION ON DISABILITIES**
410-887-3580
www.baltimorecountymd.gov/agencies/neighborhoodimprovement/disabilities
- ▶ **BALTIMORE COUNTY RESTORING ELDER SAFETY TODAY (BC REST)**
www.bcpl.info/stopelderabuse
- ▶ **CENTER FOR MEDICARE ADVOCACY, INC.**
860-456-7790
202-293-5760
www.medicareadvocacy.org
- ▶ **LEADERSHIP COUNCIL OF AGING ORGANIZATIONS**
www.lcao.org
- ▶ **MARYLAND DEPARTMENT OF DISABILITIES**
410-767-3660
800-637-4113 (TTY/Voice)
www.mdod.maryland.gov

- ▶ **MEDICARE INTERACTIVE**
www.medicareinteractive.org
- ▶ **MEDICARE RIGHTS CENTER**
800-333-4114
www.medicarerights.org
- ▶ **NATIONAL ASSOCIATION OF AREA AGENCIES ON AGING**
202-872-0888
www.n4a.org
- ▶ **NATIONAL ASSOCIATION OF INSURANCE COMMISSIONERS (NAIC)**
202-471-3990
www.naic.org
- ▶ **NATIONAL COMMITTEE TO PRESERVE SOCIAL SECURITY AND MEDICARE**
800-998-0180
www.ncpssm.org
- ▶ **OLDER WOMEN'S LEAGUE (OWL)**
202-450-8986
www.owl-national.org
- ▶ **SENIOR SERVICE AMERICA**
301-578-8900
www.seniorserviceamerica.org
- ▶ **SNAPFORSENIORS™**
800-332-6347
www.benefitscheckup.org/getsnap/
- ▶ **SPRY FOUNDATION (SETTING PRIORITIES FOR RETIREMENT YEARS)**
www.spry.org
- ▶ **UNITED SENIORS OF MARYLAND**
www.unitedseniors.net
- ▶ **VETERANS SERVICES HOMEFRONT: OUR TURN TO SERVE**
www.bcpl.info/community/veterans-services

CAREGIVING

- ▶ **AGING WITH DIGNITY/ FIVE WISHES (Advance Planning Documents)**
888-594-7437
www.agingwithdignity.org/five-wishes.php
- ▶ **AMERICAN ACADEMY OF HOME CARE MEDICINE**
847-375-4719
www.aahcm.org
- ▶ **BENEFITSCHECK UP**
www.benefitscheckup.org
- ▶ **CAREGIVER ACTION NETWORK**
202-454-3970
www.caregiveraction.org
- ▶ **CARING CONNECTIONS**
800-658-8898
www.caringinfo.org
- ▶ **ELDERCARE LOCATOR**
800-677-1116
www.eldercare.gov
- ▶ **FAMILY CAREGIVER ALLIANCE (FCA)**
800-445-8106
www.caregiver.org
- ▶ **MARYLAND GUIDE TO ASSISTED LIVING FACILITIES AND NURSING HOMES**
877-245-1762
<http://mhcc.maryland.gov/consumerinfo/longtermcare/assistedliving.aspx>
- ▶ **MARYLAND TECHNOLOGY ASSISTANCE PROGRAM, EQUIPMENT LINK**
800-832-4827
www.equipmentlink.org
- ▶ **NATIONAL ALLIANCE FOR CAREGIVING**
www.caregiving.org
- ▶ **NATIONAL CAREGIVING FOUNDATION**
800-930-1357
www.caregivingfoundation.org
- ▶ **NATIONAL RESPITE NETWORK AND RESOURCE CENTER**
703-256-2084
www.archrespite.org
- ▶ **NEW YORK TIMES CAREGIVING/HEALTH ARTICLES**
<http://newoldage.blogs.nytimes.com>
- ▶ **NURSING HOME COMPARE**
www.medicare.gov/nursinghomecompare
- ▶ **STRENGTH FOR CARING**
www.strengthforcaring.com
- ▶ **TODAY'S CAREGIVER MAGAZINE**
800-829-2734
www.caregiver.com
- ▶ **WELL SPOUSE ASSOCIATION**
800-838-0879
www.wellspouse.org

CONSUMER INFORMATION AND RESOURCES

- ▶ **CONSUMER FINANCIAL PROTECTION BUREAU**
855-411-2372
www.consumerfinance.gov/complaint
- ▶ **FEDERAL TRADE COMMISSION BUREAU OF CONSUMER PROTECTION**
877-382-4357
www.ftc.gov
- ▶ **FINANCIAL FRAUD ENFORCEMENT TASK FORCE**
www.stopfraud.gov

HOTLINES AND WEBSITES

► **IDENTITY THEFT HELPLINE (FTC)**
877-438-4338
www.ftc.gov/idtheft

► **MARYLAND PEOPLE'S LAW LIBRARY**
www.peoples-law.org

► **MARYLAND DEPARTMENT OF HUMAN RESOURCES, MYDHR**
800-332-6347
<https://mydhrbenefits.dhr.state.md.us>

► **MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED**
800-964-9209
www.lbph.lib.md.us

► **NATIONAL MENTAL HEALTH CONSUMERS' SELF-HELP CLEARINGHOUSE**
800-553-4539
www.mhselfhelp.org

FEDERAL, STATE AND LOCAL GOVERNMENT AGENCIES

► **BALTIMORE CITY AGENCIES**
www.baltimorecity.gov

► **BALTIMORE COUNTY AGENCIES**
www.baltimorecountymd.gov

► **BALTIMORE COUNTY DEPARTMENT OF AGING**
410-887-2594
www.baltimorecountymd.gov/agencies/aging

► **CENTERS FOR MEDICARE AND MEDICAID SERVICES**
800-633-4227
www.cms.gov

► **COMAR (CODE OF MARYLAND REGULATIONS ONLINE)**
800-633-9657
www.dsd.state.md.us

► **DEPARTMENT OF LABOR'S EMPLOYEE BENEFITS SECURITY ADMINISTRATION (EBSA)**
866-487-2365
www.dol.gov/ebsa

► **DISABILITY.GOV**
www.disability.gov

► **EMPLOYEE BENEFIT RESEARCH INSTITUTE**
202-659-0670
www.ebri.org

► **FEDERAL BUREAU OF INVESTIGATION (FBI)**
410-265-8080

► **MARYLAND DEPARTMENT OF AGING**
410-767-1100
www.aging.maryland.gov

► **MARYLAND DEPARTMENT OF DISABILITIES**
410-767-3660
800-637-4113 (Voice/TTY)
www.mdod.maryland.gov

► **MARYLAND DEPARTMENT OF HEALTH AND MENTAL HYGIENE (DHMH)**
877-463-3464
www.dhmh.maryland.gov

► **MARYLAND DEPARTMENT OF HUMAN RESOURCES (DHR)**
800-332-6347
www.dhr.state.md.us

► **MARYLAND DEVELOPMENTAL DISABILITIES COUNCIL**
800-305-6441
www.md-council.org

► **MARYLAND HEALTH INSURANCE MARKETPLACE**
855-642-8572
855-642-8573 (TTY)
www.marylandhealthconnection.gov

► **MARYLAND INFECTIOUS DISEASE AND ENVIRONMENTAL HEALTH ADMINISTRATION**
877-463-3464
<http://ideha.dhmh.maryland.gov>

► **MARYLAND OFFICE OF THE ATTORNEY GENERAL**
888-743-0023
410-576-6372 (TTD)
www.oag.state.md.us

► **MEDICARE HELPLINE/ MY MEDICARE**
800-633-4227
www.medicare.gov
www.mymedicare.gov

► **OFFICE OF HEALTH CARE QUALITY (DHMH)**
877-463-3464
<http://dhmh.maryland.gov/ohcq>

► **OFFICE OF THE SECRETARY OF THE STATE**
(410) 974-5534 or 1-800-825-4510

► **SECURITIES AND EXCHANGE COMMISSION (SEC)**
202-942-8088
800-SEC-0330

► **SOCIAL SECURITY ADMINISTRATION/ ONLINE**
800-772-1213
800-325-0778 (TTY)
www.ssa.gov

► **U. S. DEPARTMENT OF VETERANS AFFAIRS**
800-827-1000
www.va.gov

► **U.S. HEALTH INSURANCE MARKETPLACE**
www.healthcare.gov

► **U.S. HOUSE OF REPRESENTATIVES**
202-224-3121
202-225-1904 (TTY)
www.house.gov

► **U.S. COMMITTEE FOR REFUGEES & IMMIGRANTS**
703-310-1130
www.refugees.org

► **U.S. SENATE**
202-224-3121
www.senate.gov

► **WHITE HOUSE, THE**
202-456-1414(Switchboard)
202-456-1111(Comments)
202-456-6213 (TTY/TDD)
www.whitehouse.gov

NATIONAL HEALTH RELATED ORGANIZATIONS

► **AL-ANON FAMILY GROUPS**
757-563-1600
www.al-anon.alateen.org

► **ALZHEIMER'S ASSOCIATION**
800-272-3900
www.alz.org

► **ALZHEIMER'S DISEASE EDUCATION AND REFERRAL CENTER**
800-438-4380
www.nia.nih.gov/alzheimers

► **AMERICAN ASSOCIATION OF KIDNEY PATIENTS**
800-749-2257
www.aakp.org

► **AMERICAN CANCER SOCIETY**
800-227-2345
www.cancer.org

HOTLINES AND WEBSITES

▶ **AMERICAN COUNCIL OF THE BLIND**
800-424-8666
www.acb.org

▶ **AMERICAN DIABETES ASSOCIATION**
800-342-2383
www.diabetes.org

▶ **AMERICAN DIETETIC ASSOCIATION**
800-877-0877
www.eatright.org

▶ **AMERICAN HEART ASSOCIATION**
800-242-8721
www.heart.org

▶ **AMERICAN INSTITUTE FOR CANCER RESEARCH**
800-843-8114
www.aicr.org

▶ **AMERICAN KIDNEY FUND**
866-300-2900
www.kidneyfund.org

▶ **AMERICAN LIVER FOUNDATION**
800-465-4837
www.liverfoundation.org

▶ **AMERICAN LUNG ASSOCIATION**
800-586-4872
www.lungusa.org
www.lung.org

▶ **AMERICAN PARKINSON'S DISEASE ASSOCIATION, INC.**
800-223-2732
www.apdaparkinson.org

▶ **AMERICAN UROLOGICAL ASSOCIATION FOUNDATION**
800-828-7866
www.urologyhealth.org

▶ **AMYOTROPHIC LATERAL SCLEROSIS ASSOCIATION**
800-782-4747
www.alsa.org

▶ **ARTHRITIS FOUNDATION**
800-283-7800
www.arthritis.org

▶ **BRAIN INJURY ASSOCIATION OF AMERICA**
800-444-6443
www.biausa.org

▶ **CENTERS FOR DISEASE CONTROL AND PREVENTION**
800-232-4636
www.cdc.gov

▶ **CROHN'S AND COLITIS FOUNDATION OF AMERICA**
800-932-2423
www.ccfa.org

▶ **DEPRESSION AND BIPOLAR SUPPORT ALLIANCE**
800-826-3632
www.dbsalliance.org

▶ **EASTER SEALS DISABILITY SERVICES**
800-221-6827
www.easterseals.com

▶ **EPILEPSY FOUNDATION**
800-332-1000
www.epilepsy.com

▶ **FOOD AND NUTRITION INFORMATION CENTER**
301-504-5414
www.fnic.nal.usda.gov

▶ **GENETIC ALLIANCE**
202-966-5557
www.geneticalliance.org

▶ **HOSPICE AND PALLIATIVE CARE NETWORK OF MARYLAND**
410-891-5741
www.hnmd.org

▶ **HUNTINGTON'S DISEASE SOCIETY OF AMERICA**
800-345-4372
www.hdsa.org

▶ **LEUKEMIA AND LYMPHOMA SOCIETY**
800-955-4572
www.lls.org

▶ **LIGHTHOUSE GUILD INTERNATIONAL**
800-829-0500
www.lighthouse.org

▶ **LIVING BANK, THE**
800-528-2971
www.livingbank.org

▶ **LUPUS FOUNDATION OF AMERICA, INC.**
800-558-0121
www.lupus.org

▶ **MARYLAND STATE MEDICAL SOCIETY (MEDCHI)**
800-492-1056
www.medchi.org

▶ **MEDLINE PLUS**
www.medlineplus.gov

▶ **MENTAL HEALTH AMERICA**
800-969-6642
www.nmha.org

▶ **MESOLINK.ORG**
800-354-8495
www.mesolink.org

▶ **MUSCULAR DYSTROPHY ASSOCIATION**
800-572-1717
www.mda.org

▶ **NATIONAL ALLIANCE ON MENTAL ILLNESS**
800-950-6264
www.nami.org

▶ **NATIONAL ASSOCIATION FOR CONTINENCE**
800-252-3337
www.nafc.org

▶ **NATIONAL BREAST CANCER FOUNDATION, INC.**
800-221-2141
www.nationalbreastcancer.org

▶ **NATIONAL CANCER INSTITUTE**
800-422-6237
www.cancer.gov

▶ **NATIONAL FEDERATION OF THE BLIND**
410-659-9314
www.nfb.org

▶ **NATIONAL HEALTH INFORMATION CENTER**
www.health.gov/nhic

▶ **NATIONAL HOSPICE AND PALLIATIVE CARE ORGANIZATION**
800-658-8898
www.nhpco.org

▶ **NATIONAL INSTITUTE ON AGING**
800-222-2225
www.nia.nih.gov

▶ **NATIONAL INSTITUTE ON DEAFNESS AND OTHER COMMUNICATION DISORDERS**
800-241-1044
www.nidcd.nih.gov

▶ **NATIONAL INSTITUTES OF HEALTH**
301-496-4000
www.nih.gov

▶ **NATIONAL INSTITUTE OF MENTAL HEALTH**
866-615-6464
www.nimh.nih.gov

▶ **NATIONAL INSTITUTE OF NEUROLOGICAL DISORDERS AND STROKE**
800-352-9424
www.ninds.nih.gov

▶ **NATIONAL KIDNEY FOUNDATION**
800-622-9010
www.kidney.org

▶ **NATIONAL MULTIPLE SCLEROSIS SOCIETY**
800-344-4867
www.nationalmssociety.org

HOTLINES AND WEBSITES

Baltimore County and Baltimore City's Retired Senior and Volunteer Program (RSVP) is seeking individuals ages 55 and over to serve and impact challenging issues in our community.

Repair Houses and Enhance Accessibility

Directly Impact the Environment

Help the Hungry

Impact the Youth

Increase Community Awareness about Alzheimer's disease

Assist Seniors to Live Independently

Visit Nursing Home and Assisted Living Residents

Prepare a Variety of Crafted Items



Baltimore County: 410-887-3101
volunteers@baltimorecountymd.gov
Baltimore City: 410-361-9400
health.baltimorecity.gov/rsvp.html

Make A Difference By Supporting The Seniors In Need Fund!

The Seniors in Need Fund provides Baltimore County seniors with one-time emergency assistance for electric turn-offs, medications and more. You can help support the program by making a donation in honor of a loved one, relative, friend or colleague.

Donations may be made in any amount. Contributions over \$25 will be acknowledged in the Power of Age Expo program guide. All donors will receive a letter along with the individual and family being honored. Contributions are tax deductible.

Please make your check payable to the Baltimore County Department of Aging. Payment should be mailed to:

Baltimore County Department of Aging
 ATTN: Seniors In Need Fund
 611 Central Avenue, Room 304, Towson, MD 21204

To learn more about the Seniors In Need Fund, please call **410-887-2002**.

▶ **NATIONAL PSORIASIS FOUNDATION**
 800-723-9166
www.psoriasis.org

▶ **NATIONAL REHABILITATION INFORMATION CENTER**
 800-346-2742
www.naric.com

▶ **NATIONAL STROKE ASSOCIATION**
 800-787-6537
www.stroke.org

▶ **OPTIMIZING HEALTH AND WELL-BEING**
www.myoptumhealth.com

▶ **PARKINSON'S DISEASE FOUNDATION**
 800-457-6676
www.pdf.org

▶ **PREVENT BLINDNESS AMERICA**
 800-331-2020
www.preventblindness.org

▶ **SICKLE CELL DISEASE ASSOCIATION OF AMERICA, INC.**
 800-421-8453
www.sicklecelldisease.org

▶ **SIMON FOUNDATION FOR CONTINENCE**
 800-237-4666
www.simonfoundation.org

▶ **SUBSTANCE ABUSE & MENTAL HEALTH SERVICES ADMINISTRATION**
 800-662-4357
www.samhsa.gov

▶ **U. S. DEPT. OF HEALTH AND HUMAN SERVICES (FLU INFORMATION)**
 877-696-6775
www.flu.gov

▶ **UNITED CEREBRAL PALSY**
 800-872-5827
www.ucp.org

PHYSICIANS AND PRESCRIPTIONS

▶ **AMERICAN ACADEMY OF HOME CARE MEDICINE**
 847-375-4719
www.aahcm.org

▶ **AMERICAN SOCIETY OF CONSULTANT PHARMACISTS**
 800-355-2727
www.ascp.com

▶ **CLINICAL TRIALS.GOV**
www.clinicaltrials.gov

▶ **GOOD DAYS**
 877-968-7233
www.gooddaysfromcdf.org

▶ **HEALTHWELL FOUNDATION**
 800-675-8416
www.healthwellfoundation.org

▶ **MARYLAND RX CARD**
www.marylandrxcard.com

▶ **NEEDYMEDS**
www.needymeds.org

▶ **PARTNERSHIP FOR PRESCRIPTION ASSISTANCE**
 888-477-2669
www.pparx.org

▶ **RATEMDS.COM**
www.ratemds.com

▶ **RXLIST - THE INTERNET DRUG INDEX**
www.rxlist.com

▶ **VITALS**
www.vitals.com/doctor/checkup

▶ **WEBMD, BETTER INFORMATION, BETTER HEALTH**
www.webmd.com

HOTLINES AND WEBSITES

PROFESSIONAL WEBSITES

► ADMINISTRATION ON AGING

202-619-0724
www.aoa.gov

► AGING STATS

www.agingstats.gov

► AMERICAN GERIATRICS SOCIETY

212-308-1414
www.americangeriatrics.org

► CENTER FOR RETIREMENT RESEARCH AT BOSTON COLLEGE

617-552-1762
<http://crr.bc.edu>

► GERONTOLOGICAL SOCIETY OF AMERICA, THE

202-842-1275
www.geron.org

► LONG-TERM CARE FACTS

www.ltcfocus.org

► MARYLAND ASSOCIATION OF SENIOR CENTERS (MASC)

www.marylandseniorcenters.com

► MARYLAND STATE LIBRARY FOR THE BLIND AND PHYSICALLY HANDICAPPED

800-964-9209
www.lbph.lib.md.us

► MERCK, BE WELL

800-444-2080
www.merck.com

► METLIFE MATURE MARKET INSTITUTE

www.metlife.com/mmi

► NATIONAL COUNCIL ON AGING (NATIONAL INSTITUTE OF SENIOR CENTERS - NISC)

202-479-1200
www.ncoa.org

► NATIONAL LONG TERM CARE OMBUDSMAN RESOURCE CENTER

202-332-2275
ltcombudsman.org

► TOWSON UNIVERSITY - GERONTOLOGY PROGRAM

410-704-4049
www.towson.edu/healthscience/gerontology

► WOMEN'S INSTITUTE FOR A SECURE RETIREMENT

202-393-5452
www.wiserwomen.org

TECHNOLOGY

► ALZHEIMER'S ASSOCIATION COMFORT ZONE

877-259-4850
www.alz.org/comfortzone



Waxter Wisdom 2016



12 AFRICAN AMERICAN MEN who Changed OUR world

Join us as Baltimore City portrays 12 dynamic men who have influenced and shaped the world as we know it today. Free workshops will take place each month at 10:00 a.m.

PROJECT TAKING CARE OF MOM AND DAD

CAREGIVER ASSISTANCE INFORMATION WILL BE AVAILABLE AT ALL SESSIONS.

Martin Luther King **January 13**
Cab Calloway **February 10**
Jackie Robinson **March 9**
Langston Hughes- **April 13**
Thurgood Marshall- **May 11**
Michael Jackson **June 8**

Sponsored by



Flip Wilson **July 13**
Eubie Blake **August 10**
Fredrick Douglass **September 14**
Redd Foxx **October 12**
James Brown **November 9**
Nat King Cole **December 14**



Stephanie Rawlings Blake, Mayor

Lunch will be included following presentation.
Seniors 60+ must pre register for lunch.
All others \$5.00 contribution per meal.
Please call (410) 396-1324 to register



Dr. Leana S. Wen, Health Commissioner

WAXTER CENTER FOR SENIOR CITIZENS

1000 Cathedral Street Baltimore, Maryland 21201

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINE
SNAP (formerly Food Stamp Program)	Income Assets	<i>See Additional Guidelines</i>	<i>See Additional Guidelines</i>	The Food Supplement Program's gross income limit is 130% of FPL. However, there are several exceptions to this income limit. State residents are encouraged to apply for the program if they need help with buying food. The income limit is waived for certain groups and there is also a waiver that allows the State to set the limit at 200% of FPL for needy families.
QMB (Changes in March)	Income Assets	\$1,001 \$8,780	\$1,348 \$13,930	Pays Medicare Part A&B premiums, co-payments and deductibles. Asset amounts include \$1,500 burial allowance for a single person, \$3,000 burial allowance for a couple. Eligibility figures include \$20 disregard.
SLMB (Changes in March)	Income Assets	I. \$1,002-1,201 II. \$1,202 – 1,345 \$8,780	I. \$1,349-1,618 II. \$1,619-1,813 \$13,930	Similar to QMB but pays only Part B premium. Available to all qualified persons in Group I. First-come/first-served basis to persons in Group II. See asset note for QMB above.
MEAP (Maryland Energy Assistance Program) (Changes July 1)	Income Assets	\$1,716 No asset test	\$2,323/month No asset test	Provides eligible low-income Marylanders assistance with home heating bills.
EUSP (Electric Universal Service Program) (Changes July 1)	Income Assets	\$1,716 No asset test	\$2,323 /month No asset test	Provides eligible low-income Marylanders assistance with electric bills. Only one application is required for both MEAP and EUSP.

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

BENEFIT		ONE PERSON	TWO PEOPLE	ADDITIONAL GUIDELINES
MEDICAL ASSISTANCE FOR THOSE AGE 65 AND YOUNGER ON MEDICARE.	Income	\$350	\$392	Requires documentation of disability; individuals can "spend down" to this income level to be eligible. Excludable assets include house, car and burial plan.
	Assets	\$2,500	\$3,000	
		Up to \$16,243	Up to \$21,984	
MEDICAL ASSISTANCE FOR THOSE UNDER AGE 65, NOT ON MEDICARE.				To qualify for Maryland Health Connection, you must be under age 65, be a U.S. citizen or a qualified alien for 5 or more years and a resident of the state of Maryland.
REDUCED PREMIUMS		\$16,243 to 47,080	\$21,984 to 63,720	
SSI (SUPPLEMENTAL SECURITY)	Income	\$733	\$1,100	M.A. eligibility automatic.
	Assets	\$2,000	\$3,000	
MEDICAID HOME AND COMMUNITY BASED SERVICES PROGRAMS (FORMERLY MEDICAID WAIVER)	Income	\$2,219	N/A	Assists with payment of services in the home or in assisted living; must be age 50+, assessed at a nursing home level of care, and meet MA institutional eligibility rules. Income eligibility figure includes \$20 disregard.
	Assets	\$2,000		
SENIOR COMMUNITY SERVICE EMPLOYMENT PROGRAMS (SCSEP)	Income	\$1,226	\$1,659	Employment training program for low income, age 55+.
	Assets	No Test	No Test	
SENIOR CARE PROGRAM	Income	\$2,739	\$3,581	Case-managed, in-home services for age 65+. Must be at risk of admission to NH.
	Assets	\$11,000	\$14,000	
ACCESSIBLE HOMES FOR SENIORS	Income	\$3,836	\$4,384	A loan program with zero percent interest deferred for 30 years to finance accessibility improvements such as ramps, grab bars, widening of doors, etc. Age 55+.
	Assets	No Asset Test	No asset test	
SENIORS IN NEED (Senior Expo Fund)	Income	\$1,471	\$1,991	One-time-only and emergency assistance.
	Assets	\$7,000	\$10,000	
SENIOR ASSISTED LIVING GROUP HOME SUBSIDY	Income	\$2,739	\$3,581	Provides financial assistance for a limited number of eligible Assisted Living Group Home residents age 62+. Will pay \$650 toward cost of facility.
	Assets	\$11,000	\$14,000	
CONGREGATE HOUSING SERVICES PROGRAM	Income	\$2,739	\$3,581	Financial assistance for support services in selected senior housing sites; age 62+.
	Assets	\$27,375	\$35,587	

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)	Income	\$2,943	\$3,983	Pays up to \$40 toward the monthly premium for Medicare Prescription or Medicare Advantage plans. SPDAP provides a 95% subsidy to members' total drug costs while in the donut hole. Not all plans are participating in the donut hole subsidy.
	Assets	No asset test	No asset test	
MEDICARE PART D – EXTRA HELP (LOW INCOME SUBSIDY – LIS) (Partial and Full LIS) (Changes in March)	Income	\$1,471/mo.	\$1,991/mo	Benefits help with premiums, deductibles, and co-pays. **House and car not counted as assets/resources.
	Assets	\$13,640**	\$27,250**	
	-----	-----	-----	
	-----	-----	-----	
	Income	\$1,324/mo	\$1,792/mo	
VETERANS AID AND ATTENDANCE BENEFIT	Income	\$21,446/yr \$1,788/mo.	\$25,448/yr \$2,120/mo.	Payments for personal care assistance/ assisted living for Veterans who are homebound. Vet must have 90+ days active duty, 1 day during time of war and must already be receiving a VA pension.
	Assets	\$80,000	\$80,000	
AID and ATTENDANCE for Surviving Spouse	Income	\$13,794/yr \$1,149/mo.		
	Assets	\$80,000		
EMPLOYED INDIVIDUALS WITH DISABILITIES PROGRAM (EID)	Income	Countable income up to \$2,917.50	Countable income up to \$3,932.50	Health insurance for qualified employed persons age 18-64. May be on private health insurance or Medicare. Participant pays up to \$55 monthly premium.
	Assets	Under \$10,000	Under \$10,000	
WEATHERIZATION ASSISTANCE PROGRAM	Income	\$2,520/mo.	\$3,296	Installation of energy-conserving materials: insulation, furnace cleaning, hot water system improvement, etc.
	Assets	No asset test	No asset test	

ADULT DAY CARE Medical Assistance Reimbursement - \$74.50

ADULT DAY CARE Medical Assistance Reimbursement - \$74.50

Verified December 2015

Verified

2016 FEDERAL POVERTY LEVEL (FPL) GUIDELINES: *

125%	1 Person:	\$1,226/ month	(\$14,713/yr.)
	2 People:	\$1,659/month	(\$19,913/yr.)
	3 People:	\$2,093/month	(\$25,113/yr.)
	4 people:	\$2,959/month	(\$35,513/yr.)
150%	1 Person:	\$1,471/ month	(\$17,655/yr.)
	2 People:	\$1,991/month	(\$23,875/yr.)
	3 People:	\$2,511/month	(\$30,135/yr.)
	4 people:	\$3,031/month	(\$36,375/yr.)

*The monthly figures for Poverty Level may be rounded off, based on 100% of each figure.

FINANCIAL ELIGIBILITY GUIDELINES

The income figures in the chart below are monthly calculations.

* (Apply \$20/month income disregard): \$20 may be subtracted from the individual's or couple's gross income; if the \$20 subtraction reduces the income to the amount listed on the chart, the individual or couple probably qualifies for the benefit.

SPOUSAL IMPOVERISHMENT STANDARDS:

	Resources
Maximum Spousal Share	\$119,220
Minimum Spousal Share	\$ 23,844
	Income
Basic Maintenance and Shelter Allowance	\$1,991.25
Excess Shelter Standard	\$597.38
Maximum Maintenance & Shelter Allowance (Sum of Basic Maintenance & Shelter Allowance and Excess Shelter Allowance)	\$2,980.50
Utility Standards:	
Heat Included In rent (Food Stamps limited utility allowance)	\$ 250
Heat paid separately from housing	\$ 414

All non-exempt assets (savings and checking accounts, stocks, bonds, etc.) owned by either spouse, jointly or separately, are pooled as of date nursing home spouse enters the nursing home. Effective 1/1/09, the community spouse may keep \$23,844 or ½ the assets, whichever is greater but not more than \$119,220. The couple's remaining assets are used to pay for nursing home care or other expenses, until the nursing home spouse's assets reach the Medicaid eligibility level of \$2,500. The community spouse's income will be evaluated to determine how much, if any, of the nursing home spouse's monthly income can be allowed for the community spouse's monthly maintenance allowance.

Medicare 2016

Medicare Part A

Monthly Premium: * If worked 40 or more quarters, generally no Part A premium

* If worked less quarters, there is a premium
\$411/month 0 - 29 quarters
\$226/month 30 - 39 quarters

Hospital Deductible: \$1,288 per benefit period (Medicare pays for 60 days)

Coinsurance: \$322 per day co-payment (days 61 -90)

Coinsurance: \$644 per day (days 91 -150)

Skilled Nursing Facility Coinsurance (after hospital stay of at least 3 days): \$0 for days 1 - 20 per benefit period
\$161 per day for days 21 - 100 (per benefit period)
(no custodial or intermediate N.H. care is provided)

Medicare Part B

Monthly Premium: * 104.90 If income under \$85,000 for individual and \$170,000 for a couple.

*** For all others, see chart below.****

Deductible: You pay \$166 per year.

Co-Payment: You pay 20 percent co-payment for approved charges.

MEDICARE PART D -PRESCRIPTION DRUG PROGRAM

Deductible up to \$360 in 2016

Medicare Part B Premiums**

Beneficiaries who file an individual tax return with income:	Beneficiaries who file a joint tax return with income	Monthly Part B Premium	Monthly Part D Adjustment
\$85,000 or below	\$170,000 or below	\$121.80	
\$85,001 to \$107,000	\$170,001 to \$214,000	\$170.50	\$12.70
\$107,001 to \$160,000	\$214,001 to \$320,000	\$243.60	\$32.80
\$160,001 to \$214,000	\$320,001 to \$428,000	\$316.70	\$52.80
Above \$214,000	Above \$428,000	\$389.80	\$72.90

Call Maryland Access Point at 410-887-2594 in Baltimore County or Maryland Access Point in Baltimore City at 410-396-2273 for additional information or to be screened for financial benefits.



SAVE ON MEDICARE PRESCRIPTION DRUG PLAN COSTS 2016
MARYLAND SENIOR PRESCRIPTION DRUG ASSISTANCE PROGRAM (SPDAP)

(P)

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$35,010 (Single) \$47,190 (Couple)	Not counted	Up to \$40 toward the monthly premium AND in some plans beneficiary pays only 5% in the donut hole	APPLY through Maryland Senior Prescription Drug Assistance Program (SPDAP) 1-800-551-5995 www.marylandspdap.com

SOCIAL SECURITY ADMINISTRATION EXTRA HELP / LOW INCOME SUBSIDY 2015

GROSS INCOME	ASSETS	ASSISTANCE	WHAT YOU NEED TO DO
Under \$17,745 (Single) \$23,832 (Couple)	Under \$13,440(Single) \$26,860 (Couple)	❖ Sliding scale assistance on the monthly premium. ❖ Deductible \$74.00 ❖ Drug co-payments: 15% or less (Partial Extra Help)	❖ APPLY through Social Security 1- 800-772-1213 or www.ssa.gov ❖ ALSO APPLY FOR MDSPDAP ❖ May also be eligible for SLMB. For an application call Baltimore County SHIP or the Department of Social Services.
Under \$15,995 (Single) \$21,476 (Couple)	Under \$8,660 (Single) \$13,750 (Couple)	❖ No Monthly Premium ❖ No Deductible ❖ \$2.95 generic drug \$7.40 brand name drug (Full Extra Help)	❖ APPLY through Social Security 1-800-772-1213 or www.ssa.gov ❖ May also be eligible for QMB or SLMB. For an application call the Baltimore County SHIP or the Department of Social Services.
Full Medical Assistance Eligible (red and white card)	Full Medical Assistance Eligible	❖ No Premium ❖ No Deductible ❖ \$1.20 generic \$3.60 name brand (Full Extra Help)	❖ Automatically enrolled in Extra Help. Do Not apply through Social Security. ❖ Medicare premiums, deductibles, and co-pays will be paid through the Department of Social Services.

Types of income not counted: The first \$65 of monthly wages, one-half of your monthly wages after the \$65 is deducted.

Couple: defined as married and living together. Assets: house and car are not counted.

***2016 Regional Premium Benchmark: \$30.61** (For plans below the benchmark, there is no premium.) Revised 12/11/15

SAVE ON PART A, PART B PREMIUMS, DEDUCTIBLES, AND CO-PAYMENTS
DEPARTMENT OF SOCIAL SERVICES (MEDICARE SAVINGS PROGRAMS)

QMB Qualified Medicare Beneficiary Program (QMB)

*Pays for Medicare Part A and Part B Monthly Premiums, Deductibles and Co-payments

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$11,916 / \$993 (Single) \$15,972 / \$1,331 (Couple)	\$8,660 (Single) \$13,750 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

SLMB, Specified Low-Income Medicare Beneficiary Benefit,

* pays for ONLY the monthly Medicare Part B Premium (\$104.90).

ANNUAL /MONTHLY GROSS INCOME	RESOURCES / ASSETS	WHAT YOU NEED TO DO
\$15,995/ \$1,333 (Single) \$21,480/ \$1,790 (Couple)	\$8,660 (Single) \$13,750 (Couple)	Call SHIP (410-887-2059) or visit the Department of Social Services for an application.

NOTE: Once the application has been processed, the Department of Social Services sends a letter to tell client if he/she is eligible. If eligible, a **gray and white card** will be received.

Revised December 2015



**OVERVIEW OF
BALTIMORE COUNTY
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES**

PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
SELP SETTLEMENT EXPENSE LOAN PROGRAM	Loan of up to \$10,000 for closing costs. Deferred repayment until transfer of property, refinance or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 46,100 2 \$ 52,650 3 \$ 59,250 4 \$ 65,800 5 \$ 71,100 6 \$ 76,350 7 \$ 81,600 8 \$ 86,900	Entire Baltimore County	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES, before signing a contract
MALP MORTGAGE ASSISTANCE LOAN PROGRAM	Loan of up to \$25,000 for closing costs. Deferred repayment until transfer of property, refinance or non-occupancy by borrower. Loan is forgiven if owner occupies property as principal residence for 15 years.	80% of Baltimore Area Median, by family size 1 \$ 48,000 2 \$ 55,000 3 \$ 61,750 4 \$ 68,500	Baltimore County Conservation Areas: Turner's Station, Dundalk, Middlesex, Hawthorne, Victory Villa, Carrollwood Manor, Rosedale, Halethorpe, Arbutus, Edmonson Heights, Randallstown, Reisterstown, Pikesville, Owings Mills, Overlea, Fullerton, Woodlawn, Gwynn Oak, Windsdor Mills, Westover Hills, Holland Hills, Elmwood, Parkville, Loch Raven/Hillendale, Glendale	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES, before signing a contract.



**OVERVIEW OF
BALTIMORE COUNTY
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES**

PROGRAM	TYPE OF ASSISTANCE	HOUSEHOLD INCOME LIMITS or other specific RESTRICTIONS	ELIGIBLE AREAS Check maps that accompany each program	APPLY THROUGH	FIRST TIME BUYER	Workshop & Counseling REQUIRED
HOME OWNERSHIP FOR PEOPLE WITH DISABILITIES	See website for details www.dhcd.state.md.us		State of Maryland	Baltimore County Housing Counseling Affiliates: Harbel Housing Partnership 410-444-9152 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	YES	YES, before
MD MORTGAGE PROGRAM (MMP) CDA 1st MORTGAGE	See website for details www.mmprogram.com		Entire County	Participating CDA Lenders	YES	YES
MARYLAND HOUSING REHABILITATION PROGRAM (MHRP)	Loan for up to 95% of property value for repairs to 1 - 4 unit dwellings 0% - 7% interest	By family size 1 \$ 48,000 2 \$ 55,000 3 \$ 61,750 4 \$ 68,500	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A



**OVERVIEW OF
BALTIMORE COUNTY
HOME OWNERSHIP and HOME IMPROVEMENT INITIATIVES**

SINGLE FAMILY REHAB PROGRAM	Loan for up to \$25,000 in repairs to owner occupied property. 0% - 4.5% interest	80% of Baltimore Area Median, by family size 1 \$ 46,100 2 \$ 52,650 3 \$ 59,250 4 \$ 65,800 5 \$ 71,100 6 \$ 76,350 7 \$ 81,600 8 \$ 86,900	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
EMERGENCY REPAIR GRANT	Grant for repair of imminently hazardous conditions in single family home. Maximum \$7,500	80% of Baltimore Area Median, by family size (see above)	Entire County	Housing Opportunities Program 410-887-3124	N/A	N/A
FORECLOSURE PREVENTION	Assistance exploring loan workout solutions	N/A	Entire County	Eastside Community Development 410-284-9861 Diversified Housing Development 410-496-1214 Neighborhood Housing Services 410-327-1200 Southeast CDC 410-342-3234	N/A	N/A

Official PROGRAM GUIDELINES & PROCEDURES govern program requirements and eligibility.

Program descriptions above are summarized. Income limits are subject to change.

For Information Packet: Highlights Sheet, Workshop Schedule and further information call:

410-887-3124

Baltimore County – Department of Planning/Housing Opportunities Program

rev. 12/15

Debt Consolidation

Money Management

Legal Services

Housing

Budgeting

Credit Counseling

Employment & Training

ARE YOU FINANCIALLY STRESSED?



PERHAPS AN ECONOMIC CHECKUP CAN HELP!

For Baltimore City residents, aged 60+, Economic Checkup is a **FREE** screening tool to help determine financial and economic resources available to you.

LEARN MORE, EARN MORE

Baltimore City Health Department
Community Services



3



Mark your calendar today!

Wednesday, October 26

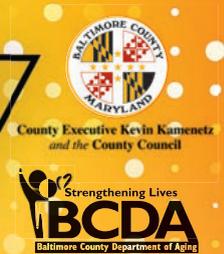
9 a.m. to 6 p.m.

Thursday, October 27

9 a.m. to 4 p.m.

Timonium Fairgrounds

Admission: \$2 or
two non-perishable food items



POWER OF AGE EXPO

(formerly Baby Boomer/Senior Expo)

- Resources • Continuous Entertainment
- County Services • Job Fair • Art Contest
- Fitness Demos • Health Screenings
- Silent Auction • Feature Areas
- Flu Shot Clinic

ATTENDEES

Find a multitude of resources to enhance your life regardless of whether you are 50 or 95. Exhibitors offer information and services on housing, community services, leisure activities, travel, housing, clubs, medicare equipment and services, support care, technology and more

For more information, visit
www.seniorexpoonline.com
Or call 410-887-2002.

EXHIBITORS

Reserve your booth number today to get prime placement at Expo – the largest show of its kind in the region. Your business can't afford not to be a part of the event. Booths starting at \$800 for two days.
Email seniorexpo@baltimorecountymd.gov for more information.

SPONSORS

Looking to highlight your business to the largest portion of the population with disposable income to spend? We have many sponsor packages to offer you the edge over your competition to showcase your products and services. Packages can be customized to optimize your needs.
Email sponsorbcda@baltimorecountymd.gov for the details on sponsoring a BCDA event in 2016.

SUMMARY OF SERVICES

Baltimore County Department Of Aging (BCDA)

Web Site Address:
www.baltimorecountymd.gov/agencies/aging
E-mail Address: aginginfo@baltimorecountymd.gov

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

Baltimore City Health Department, Division of Aging and CARE Services

Web Site Address: health.baltimorecity.gov
Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to
Maryland Access Point of Baltimore City
410-396-2273

People who are deaf, hard of hearing or have a speech disability use Relay or 711.

Caregivers Program

410-887-4724 (County), 410-396-1337 (City)

The Caregivers Program serves family members caring for older adults over age 60, and senior grandparents caring for grandchildren. The program offers education and outreach, individual consultations, an annual conference, a quarterly newsletter and limited stipends for respite care. These programs are designed to assist family caregivers in providing good care to older relatives while also taking care of themselves.

Eating Together Program

410-887-3052 (County), 410-664-0700 (City)

The Eating Together program provides a nutritious meal and companionship in almost 40 County sites in senior centers, community buildings and senior residences and over 50 City sites in senior centers, senior residences and community venues. The menus, planned as the main meal of the day, are made up of a variety of foods to provide at least one-third of the recommended daily nutritional needs. Meals are prepared and delivered by commercial caterers. Kosher meals are offered at several sites. No salt is added to the food and detailed nutrition information is available to assist those on special diets. A registered dietitian regularly offers free nutrition education. Residents aged 60 and over and their spouses of any age are eligible to participate in this program and are asked to make a voluntary, anonymous donation. Younger persons may also participate, but are required to pay the full cost of the meal. All contributions are used to enable the program to serve as many meals as possible. Eating Together is available through the Older Americans Act and serves approximately 100 million meals to older adults each year across the nation. Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Elder Abuse Prevention Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman program provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults. BC-REST Coalition- Baltimore County Restoring Elder Safety Today is a coalition of Baltimore County agencies and local programs also working together for elder abuse prevention and education. To join the coalition or for more details on the coalition events, please call 410-887-4200.

Emergency Card

410-887-2594 (County-Orange Card), 410-396-2273 (City-Gold Card)

This Card Could Save Your Life! The emergency and medical history information on the card can alert emergency personnel to critical information in medical emergency situations.

Employment

410-887-4006 (County), 410-396-2773 (City)

SCSEP is a federally funded Senior Community Service Employment Program that provides individuals 55 years and older with government or non-profit employment and training opportunities. Senior participants earn federal minimum wage rates and must meet income eligibility guidelines.

Guardianship

410-887-2594 (County), 410-545-7702 (City)

In instances where no family is available or appropriate to take responsibility for the care of an incompetent elderly person, the Director of the Department of Aging in the County and the Director of the Division of Aging and CARE Services in the City may be appointed by the Court, as the legal guardian of person for the individual. Responsibilities include coordinating housing, health care and all essential non-financial personal welfare needs.

Health Promotion And Education

410-887-2040 (County), 410-396-4932 (City)

Health promotion and disease prevention programs are made available to persons age 60 and over. Health promotion focuses on chronic conditions such as diabetes, high blood pressure, arthritis and more. Physical and mental health risk assessments, counseling and referral, physical fitness activities and wellness are key components.

Home-Delivered Meals

410-887-2594 (County), 410-396-4932 (City)

Program provides two home-delivered meals daily, up to five days a week. The cost of home-delivered meals may also be subsidized based on financial eligibility. Call the numbers above for availability and criteria. Meals are currently provided by Meals on Wheels of Central Maryland.

SUMMARY OF SERVICES

Housing

410-887-4632 (County), 410-396-4932 (City)

The "Housing Program" is responsible for the Senior Assisted Living Group Home Subsidy Program administration and monitoring. Income guidelines and residency are required for program services. Licensed assisted living facilities are inspected or "surveyed" on a regular basis by the Maryland Department of Health and Mental Hygiene (410-402-8217) to ensure that they are in compliance with state-local regulations. The region of interest's MAP office maintains a current list of senior apartments, assisted living facilities and retirement communities.

For the City, this office provides housing interventions for evictions as well as locating alternative housing solutions, providing assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Language Interpreting Services

410-887-2594 (County), 410-396-2273 (City)

Each region utilizes a language interpreting service for older adults/ persons with disabilities and individuals with no or limited English proficiency. Telephone language interpreter service is available for callers in up to 140 different languages.

Legal Services for Senior Citizens Program

410-951-7750 (County), 410-396-1322 (City)

The Maryland Legal Aid Bureau supports the Senior Legal Helpline and the Baltimore City Hotline which provides free legal assistance, consultation and/or representation to older adults age 60 and older regarding health care issues, income maintenance, nutrition, housing and utilities, protective services and unemployment benefits. Referrals to other legal resources can be made for issues not listed above.

Maryland Access Point (MAP)

410-887-2594 (County), 410-396-2273 (City)

The Maryland Access Point telephone number is the only phone number that is needed in either region to access information regarding services and benefits available to older adults, persons with disabilities, caregivers and professionals. Staff are Certified Information and Referral Specialists (CIRS). They provide a comprehensive screening, give information and guidance, make referrals and link the caller to appropriate resources. In-person consultations are also available. A computerized database is used to maintain a comprehensive listing of information and resources. Telephone language interpreter service is available for callers in up to 140 different languages.

Medicaid Home and Community Based Services Programs

410-887-2594 (County), 410-396-4932 (City)

The Medicaid Home and Community Based Services Programs provides Medicaid recipients, who are nursing home eligible or at risk of nursing home placement, an opportunity to receive needed services in their home. Some individuals may qualify for assistance in an assisted living facility. There is currently an extensive waiting list for services covered under many of these programs. Call MAP for screening.

Ombudsman Program

410-887-4200 (County), 410-396-3144 (City)

The Ombudsman Program is an advocacy program that works to protect the rights and improve the quality of life of residents living in long term care facilities. Ombudsman staff visit and attempt to resolve complaints or concerns made by or on behalf of residents. Ombudsmen also provide educational services to both residents and long term care staff on a wide range of aging topics involving quality of life and care in nursing homes and assisted living facilities. In addition, volunteers visit nursing homes and assisted living facilities to do advocacy visits, problem solving as well as provide educational learning opportunities. For Baltimore County residents, learn more about this program by e-mailing: ombudsman@baltimorecountymd.gov.

Retired Senior Volunteer Program - An Invitation to Volunteer

410-887-3101 (County), 410-361-9400 (City)

The Retired Senior Volunteer Program (RSVP) encourages individuals ages 55 and older to volunteer and make a difference within their communities by putting their skills and talents to work. Through their service at one or more of many non-profits, faith-based organizations, and government agencies which partner with RSVP in the region, volunteers are able to make an impact on a variety of community needs while being supported by RSVP with training, benefits and volunteer support during their entire time of service. Please call today to learn how you can use your skills and talents to make an impact on your local community!

Senior Centers

410-887-2040 (County), 410-396-4932 (City)

Twenty (20) senior centers in the County and fourteen (14) senior centers throughout Baltimore City offer opportunities for individuals aged 60 and older to engage in volunteerism, enhance skill development and lifelong learning, eat a healthy meal, and participate in sports and exercise, music and the arts, drama and dance. Nutrition education, health screenings and information and referral services are provided, along with a large dose of fun! In the County, exercise in fitness centers at 13 sites for a nominal fee. Center membership is free, although a donation toward center enhancements is requested, and some classes have fees. The opportunities you've waited a lifetime to take advantage of are right here at BCDA and Baltimore City.



SUMMARY OF SERVICES

State Health Insurance Assistance Program (SHIP)

410 887 2059 (County), 410-396-2273 (City)

Volunteers provide free, unbiased, confidential health insurance counseling for the Medicare eligible and their caregivers. Helps consumers understand Medicare eligibility, benefits and resolves problems. Provides Medicare education to individuals or groups regarding: Part A-Hospitalization, Part B-Medical, Part C-Health Plans, Part D-Prescription Drugs, Medicare supplements, Appeals, and Fraud and Abuse. Provides eligibility assessment for financial programs to assist with the costs of Medicare through the Medicare Savings Programs administered by the Department of Social Services: Qualified Medicare Beneficiaries (QMB) or Specified Low Income Medicare Beneficiaries (SLMB). Also, provides eligibility assessment for Part D Prescription Plan financial assistance through the following: Maryland Senior Prescription Drug Assistance Program (SPDAP) and the Social Security Administration's Extra Help. Provides computer research for selecting and enrolling in Part D drug plans. Assists with the Annual Open Enrollment from October 15 – December 7 for Medicare Prescription Drug Plans and Medicare Health Plans (Advantage Plans) for the following year. These services are generally provided by telephone. Language accommodations are available.

Senior Medicare Patrol (SMP)

410 887 2059 (County), 410-396-2273 (City)

SMP volunteers conduct free presentations for Medicare beneficiaries, their families and caregivers to prevent, detect and report possible Medicare fraud or abuse. SMP addresses how to prevent medical identity theft by protecting one's Medicare card, as well as what to do when potential fraud or abuse by health care providers is suspected. Staff will evaluate complaints and will refer when appropriate to the proper authorities. SMP also discusses how to protect against telemarketing scams, mail fraud schemes and illegal or deceptive marketing of Medicare Advantage and/or Medicare Prescription Drug Plans.

Tax Assistance for Older Adults

410 887 2594 (County), 410-396-2273 (City)

Trained AARP Tax Aide volunteers provide free tax preparation assistance to older adults and low income individuals at the majority of senior centers and other off-site locations throughout the region. Tax assistance is available from February through April 15 annually. Trained volunteers complete basic federal and state personal income tax forms and homeowners' and renters' tax credit applications. Tax Aide volunteers also understand the provisions of the tax code that pertain to older adults and can respond to tax-related questions. Appointments are required and each taxpayer must provide all records required to prepare the returns.



Baltimore County Department Of Aging (BCDA) SUMMARY OF SERVICES

Any questions can be directed to
Maryland Access Point of Baltimore County
410-887-2594

People who are deaf, hard of hearing or have a speech disability use
Relay or 711.

Web Site Address: www.baltimorecountymd.gov/agencies/aging
E-mail Address: aginginfo@baltimorecountymd.gov

Advocacy Conference - 410-887-2012

Date: November 17, 2016

The annual Advocacy Conference is presented by the Baltimore County Consortium for Professional Education in the Field of Aging. This conference is for professionals as well as concerned citizens. The goal of the conference is to provide education on issues, trends and initiatives affecting older adults and persons with disabilities. CEU credits are provided. Please call for further information.

Annual BCDA Run/Walk - 410-887-2040

Date: September 18, 2016

The tenth annual Get Ready! Get Set! Get Fit! 5K Run/Walk-1M Fun Walk promotes the importance of being physically fit at any age and raises funds to help support fitness centers and exercise programs in BCDA Senior Centers. This intergenerational event attracts participants of all ages and is perfect for serious runners as well as those out for a relaxing stroll. To register, visit www.getreadygetset-getfit5k.com.

Center Connection Program - 410-887-2970

Center Connection, your "link to senior center independence," is a service operating in eight Baltimore County senior centers for residents age 60 and over who need assistance and support connecting to the activities and services provided by the senior center. Each potential participant must be independent in mobility and personal care needs. Once registered, the individual works with the center connection specialist to develop an activity schedule, taking into account each older adult's interests, abilities and needs. The center connection specialist helps the individual maximize their senior center experience by encouraging participation in classes, connecting them with other center members, registering for classes and participating in the Eating Together lunch program, while providing information and referrals to community resources as needed.

Community Outreach Program - 410-887-2594

This program connects Baltimore County residents age 60 and over to community resources. Outreach workers evaluate seniors' needs, assist with applying for benefits and services, and connect seniors to resources to help them remain independent in their homes and communities. Assistance is offered on both a short-term and long-term basis.

SUMMARY OF SERVICES

CountyRide - 410-887-2080/FAX 410-887-8281

CountyRide is Baltimore County's para-transit service designed to serve county residents 60 years of age and over, persons with disabilities from age 18 - 59 and those living in the rural area of the county of any age. CountyRide does not provide transportation to nursing home residents or to daycare facilities. CountyRide is a demand response transportation service for medical and non-medical appointments, shopping shuttles and senior centers. Hours of telephone access to the office are 8:00 a.m. - 4:00 p.m., Monday - Friday. Interactive voice and web response system is available 24/7.

Flu Inoculation Program - 410-887-2594

Flu and pneumonia inoculations are available at The Power of Age (formerly called Senior Expo/Baby Boomer Expo) and at 20 Baltimore County senior centers. To find a location near you, visit www.baltimorecountymd.gov/agencies/aging/healtheducation. Please check with your health insurance provider for information about coverage.

Home Team Program - 410-887-4141

The Home Team is a community-based volunteer program in Baltimore County that provides friendly visits to Baltimore County seniors, age 60 years and older who are homebound, live alone, and are at a greater risk of living in isolation. Volunteer "friendly visitors" help seniors maintain a connection to other people and the community, foster new relationships and interests, improve emotional well-being, reduce feelings of loneliness, maintain a higher quality of life, and remain independent in their homes longer. To volunteer or receive friendly visits, please call 410-887-4141 or email hometeam@baltimorecountymd.gov.

Loan Closet - 410-887-2594

This program lends equipment such as walkers, bath chairs, tub transfer benches and wheelchairs to Baltimore County residents age 60 and older. There is no fee although a refundable deposit may be required for some items. Donation of equipment in good condition is accepted on a limited basis. Please call to reserve or donate equipment. Limited hours.

Nutrition Education - 410-887-3052

Nutrition education is offered regularly at sites where "Eating Together" meals are served. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Publications - 410-887-2594

The Baltimore County Department of Aging publishes various booklets, directories and pamphlets for older adults, baby boomers, caregivers, persons with disabilities and professionals. Topics include: scams and frauds, nutrition, active aging, caregiving, grief/loss, health, housing, nursing homes, legal issues, financial topics, funeral planning, wellness and more. Call for more information.

Senior Digest - 410-887-3050

Senior Digest is the Baltimore County Department of Aging's newspaper filled with useful information and entertaining articles on topics affecting older adults, baby boomers, caregivers, persons with disabilities and professionals in Baltimore County. The *Digest* is mailed to subscribers eight times a year for as little as \$5. The newspaper, which has a readership of 25,000, is also a powerful way to advertise to a targeted market throughout the County. Call for details about display advertisements, classified rates and subscription information.

Senior Solutions Conference - 410-887-2012

Date: May 5, 2016

This conference is sponsored by the Baltimore County Department of Aging and the Commission on Aging for professionals in the field of aging. The focus of the conference corresponds with BCDA's annual initiative. CEU credits are provided. Please call for further information.

Speakers Bureau - 410-887-2594

Speakers are available to discuss services and programs of the Department of Aging as well as issues that affect the older adult/disabilities population. The Department of Aging also participates in community events and health fairs.

The Power of Age Expo (formerly called Baby Boomer/Senior Expo) - 410-887-2012

Date: October 26-27, 2016

The Power of Age (formerly called Senior Expo/Baby Boomer Expo) is an exciting information and resource exposition hosted annually by the Baltimore County Department of Aging. Through Expo, older adults, baby boomers, families, caregivers, persons with disabilities and professionals can learn about a wide variety of products and services which can enhance their lives. More than 295 exhibits feature the latest information on health care, finances, government services, leisure time activities, retirement housing and products to support living life to the fullest. Expo offers free health screenings, continuous entertainment, a silent auction, special feature areas, free gifts, prizes and more. Please call for more information, or visit the Expo website at www.seniorexpoonline.com.

The Time Of Your Life Television Show - 410-887-2012

The Time of Your Life is the title of the BCDA's television program on Baltimore County Comcast Cable Channel 25. The show offers the latest information about services and programs available to Baltimore County older adults, baby boomers, their families, caregivers, persons with disabilities and professionals. It also provides information about contemporary topics as well as fun opportunities for entertainment, fitness, travel and recreation. Call Maryland Access Point of Baltimore County at 410-887-2594 to learn about the topics featured on the current show or view the show at www.baltimorecountymd.gov/videos; click on *The Time of Your Life*. The show is available on the Internet with open captioning. View the show on: Monday at 9:00 a.m., 2:30 p.m.; Tuesday at 2:30 p.m., 7:00 p.m.; Wednesday at 12:00 p.m., 6:00 p.m.; Thursday at 11:00 a.m., 9:00 p.m.; Friday at 12:00 p.m., 8:00 p.m.; Saturday at 1:00 p.m., 5:00 p.m., 9:00 p.m.; Sunday at 1:00 p.m., 5:00 p.m., 9:00 p.m.



SUMMARY OF SERVICES

Programs exclusive to the
**Baltimore City Health Department, Division of Aging and
CARE Services**

SUMMARY OF SERVICES

Web Site Address:

health.baltimorecity.gov

Email Address: MAP.BCHD@baltimorecity.gov

Any questions may be directed to

**Maryland Access Point of Baltimore City
410-396-2273**

Adults Evaluation and Review Services - 410-396-6006

Adult Evaluation and Review Services will provide comprehensive evaluations to identify the needs of the medically, mentally, and functionally disabled adults who face the risk of premature and inappropriate institutionalization. The AERS team consists of a nurse, social worker, consulting psychiatrist and psychologist. The teams provide the individual with a face to face comprehensive evaluation, including medical/nursing, environmental and psychosocial assessment. The evaluation is conducted in the home setting or the individual's current location. Education regarding community resources and services are provided to individuals, families and care providers. Upon completion of the evaluation, the multidisciplinary team develops a plan of care, which recommends services needed to help the individual remain at home, or in the least restricted environment. Every effort is made to obtain appropriate services to address the needs of each individual evaluated. There is no charge for evaluations.

Baltimore City Health Department - 410-396-4398

The Baltimore City Health Department offers and oversees services for: sexually transmitted infections, HIV/AIDS, family planning, maternal and infant health, immunizations, asthma, senior care, cancer screening, and lead poisoning prevention services, among others. Offers a variety of health programs and health services from maternal and children to young adults and seniors. Health care includes but not limited to prenatal care, dental, breast exams, flu shots, health screenings, etc.

Caregivers Program - 410-396-1337

The Family Caregiver Program provides non-emergency and non-expedited financial assistance to caregivers to pay for respite or supplemental services. This assistance is meant to enhance existing support services and should be considered as assistance with the care of your loved one. Monies may be paid directly to you the caregiver, the care recipient, or vendors. The funds can be used to hire providers for respite services or to reimburse you for out-of-pocket expenses related to your role as a caregiver. Currently assistance is limited to \$300 per person annually (from date of processing). This assistance is subjected to the availability of funds. You or the person you are caring for must be a Baltimore City resident caring for disabled and older adults age 60 and over, as well as grandparents age 55 and older raising grandchildren age 18 and under.

Community Personal Assistance Care - 410-396-4494

Helps Medical Assistance eligible persons who are chronically ill or disabled and at risk of being institutionalized remain in their home. Registered nurse/case manager monitors and assesses the applicant and develops a plan of care to meet the client's needs. The case monitor coordinates with the recipient a Personal Care Provider who assists the recipient with activities of daily living such as transferring, bathing, dressing, feeding and toileting; must have a doctor's authorization to qualify for services.

Division of Aging and CARE Services – 410-396-2273 Special Events 2016

For special programs and educational workshops, please call Baltimore City MAP.

Elder Abuse Prevention Program - 410-396-3144

Provides information and education on the signs and symptoms of elder abuse and promotes strategies for the prevention of abuse, neglect and exploitation of vulnerable adults.

Emergency Preparedness - 410-396-6188

The Baltimore City Mayor's Office of Emergency Management (MOEM) will maintain the highest level of preparedness to protect Baltimore's citizens, workers, visitors, and environment from the impact of natural and man-made disasters. MOEM will prepare the City for emergencies, prepare the public for emergencies, and coordinate interagency response and recovery. To achieve this mission, MOEM will implement a comprehensive program of disaster mitigation, preparedness, response, and recovery. Educates citizens on being proactive in the event of a natural or man-made emergency and recruits volunteers to be trained to help their neighbors in an emergency.

Golden Age Clubs - 410-396-2920

The Senior Citizens Division of the Baltimore City Department of Recreation and Parks provides comprehensive, life-enriching recreational activities for senior citizens residing in Baltimore City. In addition to providing support and assistance to 94 golden age clubs serving over 4,000 members, this Division sponsors a wide variety of city-wide programs and special events to Baltimore's older adults. Golden Age Clubs are conveniently located in all areas of the City, meeting in recreation centers, senior apartment buildings, schools and churches. Club membership is open to anyone 50 years of age and older and there is no charge to become a member.

Housing and Homeless Services - 410-396-4932

Provides housing interventions for evictions as well locating alternative housing solutions. Provides assistance with utilities, taxes, and landlord issues. Homeless intervention includes assessments, placements, referrals, and resource linkage for benefits and entitlements to homeless older adults.

Baltimore City Health Department

Division of Aging & CARE Services

TAXICARD® PROGRAM



What is the TaxiCard Program?

TaxiCard is a transportation program that provides a monthly subsidy to eligible **Baltimore City residents age 60 and older and individuals with disability** under the age of 60 with a completed medical form.

What is the Cost?

Participant cost is based upon income. Low (L) income under \$900.00 per month or Moderate (M) income over \$900.00 per month.

Payment Code "L"			Payment Code "M"		
Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard	Your Monthly Payment	+ CARE TaxiCard Subsidy	= Total Money added to your CARE TaxiCard
\$6.00	\$19.00	\$25.00	\$12.00	\$13.00	\$25.00
\$12.00	\$38.00	\$50.00	\$24.00	\$26.00	\$50.00

How Do I Register?

Call TaxiCard Customer Service Monday-Friday from 8am to 5pm at [410-664-1123](tel:410-664-1123) or visit our website www.caretaxicard.com

Participating Cab Companies:

- | | | | |
|----------------------------|--------------------------|-------------|--------------------|
| A.A. County Cab Connection | Checker Cab of AA County | Diamond Cab | Valley Cab |
| Arrow Cab | County Cab | Jimmy's Cab | Yellow-Checker Cab |

TaxiCard can be used with participating taxicab companies for fare payment 24 hours per day, 7 days per week.



TAXICARD PROGRAM, 1501 Sulgrave Avenue, Suite 200 • Baltimore, MD 21209

SUMMARY OF SERVICES

Language Interpreting Services, the Division of Aging and CARE Services - 410-396-2273

Services utilize a language interpretation service to assure access to services for persons who are limited-English speaking.

Maryland Access Point - 410-396-2273

To access information regarding services and benefits available to older adults, persons with disabilities, and caregivers, you may call the number listed above. A computerized database is used in order to provide a comprehensive listing of information. In-person consultations are also available. Persons are also provided with counseling to assist with long term care supports decision making.

Nutritional Education - 410-396-1337

Nutrition education is offered at Eating Together sites and other community venues. Nutrition education provides a basis for making informed choices and setting realistic nutritional goals.

Screening Services - 410-396-2273

Benefits check-up offers a screening tool to determine eligibility for local, state and national programs. Economic check-up offers a screening tool to determine financial stability and economic security.

Senior Assisted Living Subsidy Program - 410-396-4932

Provide community-based housing subsidy for medically and financially eligible persons age 62 and older. Contract agreements are developed with assisted living managers to provide 24 hour care and supervision for the current subsidy payment of \$650.00 per month.

Senior Care Program - 410-396-1605

Provide case management and support services to help older adults remain in their homes and in the community for as long as possible. Case management arranges, coordinates, and monitors service delivery. Support services are paid for by the program through contract providers; in-home care, adult day care, medical supplies, medications, and emergency response system.

Senior Companion Program - 410-361-9405

The Senior Companion Program provides companionship to home-bound seniors with physical and mental health impairments. Senior Companions are volunteers age 60 years of age and older. They receive training to enhance their service and a small stipend. Senior Companions volunteer at volunteer stations twenty to twenty-five hours weekly.

Taxi-Card Program/Taxi Access - 410-664-1123

Offers reduced cost taxi service for older adults and persons with disabilities. Participant pays a one-time registration fee of \$5.00. For applicants over the age of 60 years old, a physician's statement is not required. The MTA Taxi Access II Service is available to MTA-certified Mobility customers who meet the eligibility requirements. Taxi Access II Service is not part of MTA Mobility Service, but rather a separate and distinct MTA service provided under contract by participating area taxicab and sedan companies. MTA Mobility does not guarantee the availability of a particular type of vehicle or pickup time. Customers deal directly with the taxi and sedan companies.

TIPS ON GUARDIANSHIP PREVENTION

In order to avoid the difficult and costly guardianship process, here are some steps to consider, while the individual is *still able to understand and execute a legal document*:

- Ask the individual to talk with loved ones about the care that he or she would like to receive in the event of serious illness.
- Arrange for the individual to execute a Financial Power of Attorney document, which gives permission for an agent (a trusted family member, friend or advisor) to make financial decisions for the individual. If this document is a "springing" Power of Attorney, which goes into effect only when the individual is declared disabled, the document should clearly state how the determination of disability will be made.
- Advise the person to make a medical Advance Directive. This document may specify the type of care the person wants, and/or it may name another individual to give informed consent for medical treatment.
- Learn about Surrogate Decision Making in Maryland, which authorizes a proxy to act on behalf of the person in need of medical care and decision-making, if he or she has not appointed a health care agent in an Advance Directive.
- If the individual's capacity to understand and execute a legal document is questionable, then have their regular doctor document capacity prior to the document's execution.
- *Mediation* is an available alternative to work out any family discord about care arrangements that may be affective. Mediation can be used with adults who are competent to make decisions or in cases where family decision-making needs to be done on behalf of an incapacitated elder; if successful, it can avoid the need for a guardian altogether.

If the individual is *no longer able to understand and execute a legal document*, consider having a trusted relative or friend apply to serve as the representative payee to manage the Social Security check and pay bills.

Baltimore County Department of Aging Targets Your Market

www.baltimorecountymd.gov

Need more visibility for your business or non-profit? Try investing in the Baltimore County Department of Aging's (BCDA) vendor and sponsorship opportunities. Enjoy the benefits of targeting your business services and/or products to the largest growing demographic in our country. BCDA's five main affordable opportunities have an established reputation in attracting visibility and impact whether your market targets older adults, baby boomers, caregivers, families, persons with disabilities or professionals. Catch the attention of over 165,000 older adults residing in Baltimore County and other areas as well as the professionals who serve them.



Senior Solutions Conference (May 5, 2016) - a professional conference targeting 225 professionals.



Volunteer Recognition Event (May 19, 2016)/Community Resources 2017 - a dual opportunity which provides marketing presence at the event and listing(s) in BCDA's well-respected annual publication.



Advocacy Conference (November 17, 2016) - a professional conference targeting 225 professionals.



The Power of Age (formerly called Baby Boomer/Senior Expo) (October 26-27, 2016) - celebrating 29 years of providing 11,000 attendees with latest information and resources for living life along with powerful networking opportunities for professionals and business owners.



Get Ready! Get Set! Get Fit! - 5K RUN/1 M WALK (September 18, 2016) - Exposure to over 1,200 intergenerational registrants supporting senior fitness centers and programs.

Our Specialty Is Customized Sponsorships To Meet Your Business Goals And Budget.

For more information and pricing, e-mail sponsorbcda@baltimorecountymd.gov or call 410-887-2012.



Sponsoring the Baltimore County Department of Aging....

Let Me Count The Ways

Senior Center Sponsorships

Grandparent/Grandchild Summer Camps - \$500 - \$5000

Senior Center Computer Labs - \$1,000 per computer

Senior Center Enhancements - \$500 - \$250,000

Improvements may be internal or external.

Senior Center Fitness Centers - \$5,000 - \$40,000

Recognition signage available.

Senior Center Fitness Centers Memberships - \$100 and up
A scholarship program for those unable to afford memberships.

Senior Center Programming - Special Events

Opportunities customized, please call 410-887-3655.

Senior Center Leadership Conference - \$250 - \$4,000

Miscellaneous Sponsorships

Flu Shot Clinics at multiple locations - call for details.

Loan Closet - \$100 and up

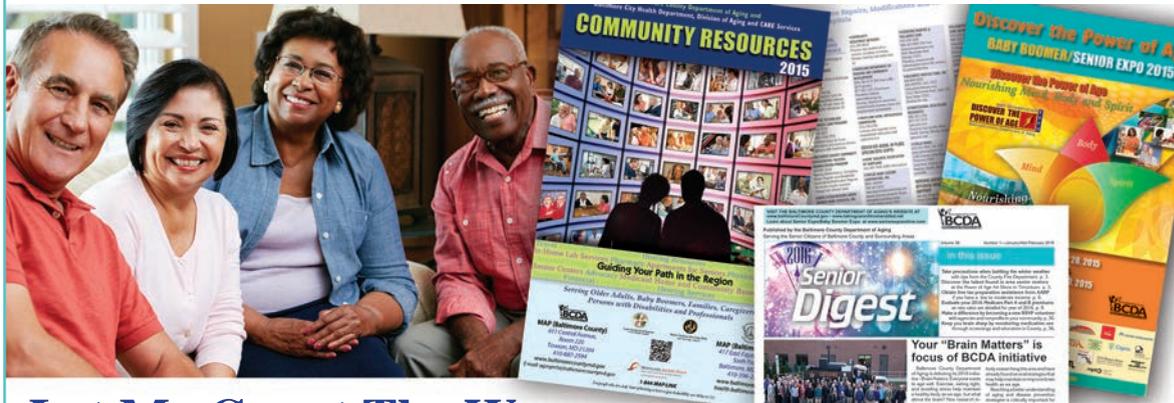
*Department of Aging Training And Speakers
 Customized per request.*

Additional Sponsorship/Partnership Opportunities

Baltimore County Department of Aging develops various programs and activities throughout the year. If you would like to learn more about specific partnership/sponsorship opportunities or to customize a package specifically for your needs, please call **410-887-2012**. Make a difference by advertising with a mission with the Baltimore County Department of Aging.



Sponsoring the Baltimore County Department of Aging....



Let Me Count The Ways

Product Sponsorships

Orange Refrigerator Cards - \$10,000 - \$25,000

Shelf Stable Meals - \$33,000

“The F.I.L.E. - Sponsorship information is available upon request. This is a printed document to assist in organizing important information. Copyright of the product is available for \$250. The copyright purchases the printing right for 10,000 copies; printing cost is excluded from the copyright fee.

Publication Advertising/Sponsorships

The Power of Age Expo (Baby Boomer/Senior Expo) Program Guide - \$415 - \$1,495
Printed annually in October. Distribution 15,000.

Caregiver Connection Newsletter - \$1,500

Exclusive advertising in three issues annually;
prints four issues annually. Distribution 5,000 plus.

Community Resources 2017 - \$725 - \$2,560

Annual publication with a distribution of 75,000 copies.
Ads range in size from a quarter to full page.

Consumer Reference Guides On A Variety of Topics - \$5,000 - \$30,000

Annual publication to educate and empower citizens.

Senior Center Newsletters – Approximately \$20,000

Twenty monthly newsletters; 15,000 copies monthly.

Senior Digest - \$1,500 - \$12,000

Eight issues annually; readership 25,000.
Advertisements start at \$50 per issue.



At the **CCBC
Senior
Institute:**

- Nourish your mind
- Build new connections
- Keep yourself moving
- Feed your spirit
- Enrich your life
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- See what you can be

For information on classes, visit www.ccbcmd.edu/ceed/senior or call **443.840.4700**.



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Catholic Charities is built on a history of respect for the strengths, choices and dignity of each and every individual.

We offer exceptional, affordable apartment communities and specialized care settings that include adult day services, assisted living and rehabilitation and skilled nursing care.



CATHOLIC CHARITIES SENIOR SERVICES

Answers for the Aging **410-646-0100**

Telephone-based information and referral counseling service for older adults and their caregivers.

Catholic Charities Senior Communities **443-798-3423**

24 supportive apartment communities throughout the Baltimore area that are home to more than 1,800 older adults.

St. Ann Adult Day Services **410-646-0320**

Provides seniors with activities, socialization and medical supervision so that your loved one can continue to live at home.

Caritas House Assisted Living **410-646-6570**

Provides care and assistance to seniors 62 and older who require help in performing daily activities and can no longer live independently.

The Neighborhoods at St. Elizabeth Rehabilitation and Nursing Center **410-646-6597**

Offering a comprehensive array of individualized rehabilitation and nursing services, including short-term rehabilitation, skilled nursing care and memory care.

The Green House Residences at Stadium Place **410-554-9890**

A skilled nursing facility that offers a home-like environment for physical rehabilitation, skilled nursing and long-term care in Baltimore.

cc-md.org/seniors



Inspired by the Gospel mandates to love, serve and teach, Catholic Charities provides care and services to improve the lives of Marylanders in need.