

**MINUTES
COMMISSION ON AGING
Bykota Senior Center
Classroom A, 1st Floor
Tuesday, June 21, 2016**

Present: Cyndy Allen, Virginia Billian, Frances Bond, Don Gabriel, Allan Hirsh, Eula Marshall, Mabel Murray, Melody Truffer

Excused: Sheila Roman, Cathy Ward

Absent: Bill Lambert, Roy Moreland, Anne Perry, Marlene Siegel, Sherita Thomas

Staff: Phyllis Myers, Joanne Williams

I. The Meeting Came to Order at 9:10 a.m.

II. Announcements

- Cathy is sick
- Allan is moving just over the Baltimore County line into Baltimore City, this may be his last Commission on Aging meeting; Allan has enjoyed being a Commission member and wished everyone the best; *Allan received permission from his County Councilman to continue to serve on the Commission.*
- Mabel and Virginia volunteered to attend the State Commission on Aging meeting with Cathy in September

III. Introductions

New Commission on Aging Member – Melody Truffer

- The Commission members went around the room and introduced themselves
- Melody gave a little background information about herself:
 - ✓ Lives in the Middle River area
 - ✓ 30+ years in event planning
 - ✓ Worked at La Jolla Country Club in San Diego, Renaissance Hotel and Haussner's at the Inner Harbor and BCDA in the nutrition office
 - ✓ Returned to college after 40 years and received a degree in Aging Studies at Anne Arundel Community College
 - ✓ Sat on the BCASCO Board of Directors as the Treasurer
 - ✓ Internship with Catholic Charities
 - ✓ Certified Activity Director, similar to Recreational Therapist
 - ✓ Appointed by County Councilwoman Cathy Bevins

IV. Approval of the Minutes

- Minutes approved as submitted

V. Old Business

Legislative Committee

- No Update

Villages Committee

- No Update

Senior Solutions Committee

- Conference was sold out; well received by attendees; speakers where good; CEU's were offered

Senior Center Visits

- Cathy and Marlene plan to visit Seven Oaks
- Eula visited Reisterstown last week for the installation of Officers; Reisterstown senior center won the largest group category at the annual BCDA Run/Walk event; at the council meeting, Eula was asked to give the history of the center; she described the meeting as being energetic
- Fran will be giving her talk on grandparenting at the Victory Villa senior center; at the end of each talk, she allows members to express concerns or ask questions regarding their center

VI. Director's Updates

Volunteer Luncheon – successful

BCASCO – Joanne attended their annual luncheon meeting at Martin's West; they are making positive changes within their organization

World Elder Abuse Awareness Day Forum – well attended; unpleasant topic but individuals must get comfortable in reporting elder abuse, "If you see something, say something;" financial exploitation is on the rise among the elderly; bank tellers are being trained to identify and report their suspicions to the proper authorities

Maryland Department of Aging Meeting – MDOA held local meetings to garner input from the public about programs and services; the meeting was held in the evening at Bykota senior center, approximately 30 people attended; Secretary Kramer was very impressed with BCDA in its ability to get things done with

limited resources; she is a big advocate for health and fitness, she believes that if people stay healthy, they are less likely to need Aging services

2017 Initiative – no topic as of now, still getting input from staff; Joanne will be attending the National Area Agency on Aging conference in San Diego; she plans to see what is trending around the country; Mabel suggested revisiting the Diabetes topic and also asked to reconvene the Civility committee to address issues with staff in facilities that house or treat the elderly

VII. Meeting Adjourned at 10:12 a.m.